

PROFESSIONAL DEVELOPMENT WORKSHOP



IIBA
INTERNATIONAL INSTITUTE FOR
BIOENERGETIC ANALYSIS

IIBA - INTERNATIONAL INSTITUTE FOR BIOENERGETIC ANALYSIS
WWW.BIOENERGETIC-THERAPY.COM

GENERAL INFORMATION



The IIBA Professional Development Workshop (PDW) rotates continents in the same manner as the IIBA

International Conference. The PDW is held on the years opposite to the IIBA International Conference.

There are 3 tracks accommodating all participants from Advanced Trainees to experienced Bioenergetic Therapists and Trainers:

Track 1

for newly graduated CBTs and Advanced Trainees (4 plus years of training).

Track 2

for advanced Certified Bioenergetic Therapists.

Track 3

for Supervisors, Local Trainers and IIBA Faculty Applicants.

Group themes include advanced considerations about

- transference and countertransference
- supervision of participants and other case material
- teaching theory and practice

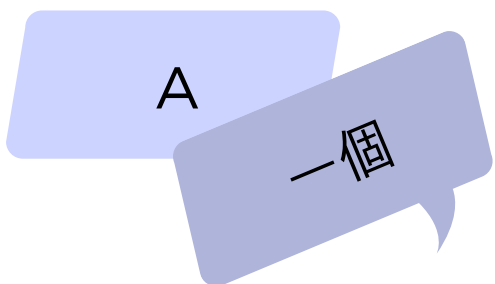
The work is of an intensive experiential and supervisory nature.

There are opportunities for those interested in application as IIBA Faculty to develop their skill as Teachers and to be seen and evaluated by Members of the Selection Committee.

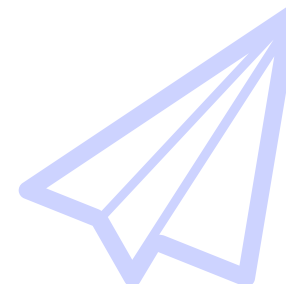
The program includes large group sessions presented by the staff of the workshop or from Faculty Applicant Participants. In the small groups, topics will be processed through personal experience and exercises.

The PDW

is a great occasion for all participants to practice and to learn more as they are supervised in their clinical work, to share with colleagues from many different places, to attend theoretical presentations (or present if required), and to be supported and helped in their professional development in a safe, secure and empathetic atmosphere.



The language is English although the IIBA Faculty Members may speak French, Spanish, Italian or Portuguese as well.



When making travel plans please take into account that the workshop begins at 1 pm on the first day, and end on the fourth day around 1 pm.

We encourage participants from all countries and we know from past experience that participants can help each other with translation.

Depending on the number of participants, simultaneous translation is provided (to be confirmed by the Organization).

A Bioenergetic Approach to Shame


 October 19 - 23, 2018

 Latin America
 Bahia, BRAZIL
 Salvador

IIBA International Faculty



Diana Guest



Rebeca Lea Berger



Alex Munroe

Theme

The hidden face of shame: A 4-month-old baby is trying to learn to crawl. She is on her belly on a floor mat. About a foot away from her, her soother is on the floor. She reaches, wiggles, struggles, but can't get there. After several intense efforts, she sobs, and hangs her head, defeated.

The baby wouldn't be able to label what she felt as shame, but this is an example of how wired in the shame response is. The baby's mother moves the soother closer to the baby, who reaches, grabs it, puts it in her mouth, the crying stops, life is OK again. An appearance of sadness lingers then fades.

Later (in roughly 2 weeks), the baby is moving around like a worm, often showing delight in the new "thing" she has gotten to by waving it, banging it and showing it.

This wired-in response that is shame, can become triggered when we feel defeat, when our sense of agency is shaken, or when our judgement is suddenly questioned.

Seeing activated shame and helping the client regain a balance of efficacy and vulnerability, is part of the therapy journey.

The shame response is also triggered in the therapist. A mis-step, a rejected intervention can tap into residual carried shame. As the therapist becomes more adept at recognizing their activated shame and is able to respond in an appropriate rather than defensive manner, the therapist's capacity to be present and available to the client is strengthened.

That PDW explored the many faces of shame to help us see and work with shame in the client, in our supervisee and, most importantly, in self.

A Bioenergetic Approach to Shame

Photos



The Body of the Therapist - Protection, Shame, Somatic Countertransference

October



North America
Ontario, CANADA
Wyebridge

IIBA International Faculty



Helen Resneck-Sannes



Jörg Clauer



Vincentia Schroeter

Theme

As a therapist we are focused on the sensations, energy, emotions and beliefs of our clients but rarely do we exam closely the commitment of and internal impact on the therapist. These observations and questions are even more crucial as the demands of our clients change, echoing the changes in our society. New pathologies, mostly narcissistic and trauma related, force a more interactive intervention by the clinician. The client's "self" demands the commitment and engagement of the clinician's "self" as a partner of an intersubjective relationship.

How does one combine proximity / intimacy between the body of the therapist and the body of the client?

According to which principles? Following which rules? For what outcome?

How does the body and soul of the therapist suffer these emotional and body mobilizations aroused by multiple patients?

What enables the therapist to digest it and stay vital?

Certainly, the somatic resonance experienced by the clinician with the physical state of his/her client is already part of the specific therapeutic factors explored by Bioenergetic Therapists.

However, what other signals are detected by an arousal or titillation in the body of the therapist?

We explored the limits of the commitment of the therapist "body-self" within that context.

The Body of the Therapist - Protection, Shame, Somatic Countertransference

Photos



Archaic Issues - Energetic and Relational Aspects



October, 14 - 19, 2014



Europe
Gipuzkoa, SPAIN
Fuenterrabia

IIBA International Faculty



Rebeca Lea Berger



Scott Baum



Susan Kanor



Vita Heinrich-Clauer

Theme

Psychotherapeutic work with people who have suffered chronic relational trauma early in life requires an understanding of the effects of that early experience in all aspects of life.

That PDW concentrated on the understanding of the somatopsychic structures that develop under these conditions as well as on the particular demands on the Bioenergetic therapist working with people in states of fragmentation, primitive defences, disturbed attachment and relationship dynamics that result from this early experience.

People whose character structure developed in great distress, before language carries meaning, can benefit greatly from a Bioenergetic approach that permits the therapist to work directly and systematically with sensation, movement and expression.

At the same time, the therapeutic relationship brings significant challenges to the therapist as chaotic, indifferentiated feeling states and emotional constellations are brought into the therapy, related to the client structure and dynamics.


The PDW was focused on the principles, techniques and quality of contact that offers the optimum therapeutic experience for the client with early developmental trauma.

Archaic Issues - Energetic and Relational Aspects

Photos



Attachment and sexuality - New bonding patterns and sexual behaviours



September, 26 - 30, 2012



Latin America
Recife, BRAZIL
Itamaraca Island

IIBA International Faculty



Diana Guest



Maryse Doess



Violaine de Clerck

Theme

Sexuality and attachment are two basic determinants of psychobiological development, emotional experiences, and relational capacity.

Attachment theory describes precisely how the primary bondings are built up, and these discoveries bring an important change in the "sexual focused analysis" from Freud to Lowen.

In addition, the contemporary world is rapidly changing. We face in our offices and in our trainings a new reality, new tendencies in sexual behaviours, and a broadening in family formations.

That workshop gave the opportunity to share, explore, and gain a deeper understanding of how primary attachment patterns determine sexual development and behaviours and vice versa.

We examined the dynamic relationship of sexuality and organismic self-regulation. Self-regulation with regards to sexual energy is a crucial aspect in a world that leads to acting out sexually; where sexuality is used as a way to enhance one's self-image and sense of potency rather than a response to a basic libidinal need.

We explored sexual identity and oedipal resolution in the context of a culture that diminishes generational boundaries and where parents are stimulated to behave incestuously.

Attachment and sexuality - New bonding patterns and sexual behaviours

Photos



Somatic Transference: Relational-Family-Power Dynamics



October 15-20, 2010



North America
California, USA
Watsonville

IIBA International Faculty



Diana Guest



Elaine Tuccillo († 2012)



Maryse Doess

Theme

The struggle for authenticity, intimacy and healthy open communication in relationships toward the goal of making a safe emotional space is met with obstacles.

Working with individuals in psychotherapy, the Bioenergetic therapist must be attuned specifically to relational problems and patterns that are determined by transference and family power dynamics.

These unconscious relational and early attachment dynamics work to structure the somatopsychic character patterns of the individual and the family through such psychic forces as identification, introjection, projection, idealization, scapegoating, polarization and competition, empathy, love and hate.

The interplay of these unconscious dynamics is revealed in body language, emotional expression and behavioral interactions that are complexly intertwined with verbal communication.

In that workshop we investigated the somatic underbelly and somatic impact of these various relational vectors to see how they are embedded in unconscious communications between parent and child, couples, peers, siblings, in friendships and work relationships.

The general goal was to appreciate the somatopsychological impact (both constructive and destructive) of these dynamics on patterns of individual and family development, and their legacy of repetition.

Somatic Transference: Relational-Family-Power Dynamics

Photos



GENERAL CONDITIONS

- 1 - The Workshops are held by Trainers from the IIBA International Faculty.

- 2 - The IIBA is entitled to cancel the event for good cause (e.g. insufficient participants to cover costs, last-minute unavailability of a Trainer or any substitute). The Participant will be informed immediately and the registration fee returned; any other claims against the IIBA are excluded.

- 3 - In the event of any unexpected incidents, the Participant has to bear any additional costs.

- 4 - The Trainers are entitled to exclude a Participant wholly or partly from the PDW if the participant disturbs the event and refuses to cease the disturbance even when threatened with exclusion.

- 5 - All Participants must be current with dues payment.

- 6 - If injury or loss occurred, the Participant has to deal with it.

- 7 - Filling in and submitting of the registration form does not guarantee the acceptance of the registration! The registration becomes accepted when full payment of the registration fee, room & board is confirmed by the Back-Office to the Participant.

- 8 - By filling in and submitting the registration form the participant assumes the reality that all travelling means to accept a certain risk of injuries or losses.

- 9 - Should one or more of these provisions be or become invalid, this shall not affect the validity of the remaining terms.

Do you have any question, ideas or feedback?
Please get in touch with us via iiba.spain@bioenergeticanalysis.com

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