



EDITO

Dear Friends and Colleagues:

Our newly constituted Executive Committee of the Board of Trustees met this past June, at my home in Montauk. This community is on the far Eastern tip of Long Island, right out in the middle of the Atlantic Ocean. Although we worked long and hard, we did have a few minutes to go down to the beach, and to watch the sunset. We represented all the regions that comprise the IIBA, Mae Nascimento from South America, Barbara Davis from Nanziba, Francisco Esteban from Europe, and me representing the IIBA Faculty. And we were ably assisted by our administrative director Barbara Bendel.

Since this was our first meeting, and all of us except Mae are new to the EC, we needed first of all to have the chance to work together and establish a rapport. I must say, we all ended the meeting feeling that we worked well together, that we share a respect for each other, and a commitment to the advancement of Bioenergetics that transcends the differences of opinion or outlook among us. I hope this bodes well for the work our organization must undertake now.

I came away from the meeting feeling even more strongly that our next step as an organization is to complete the restructuring of the governance system and then to prepare and vote on a strategic plan. The work of so many has gone into the design and refinement of the governance system. It is being brought to its conclusion by the restructuring and Bylaws committee, co-chaired by Alex Munroe and Marcia Barreto.

The new governance system will create a skeleton for our organization, without which there can be no body. Growing this skeleton has been made more difficult by the existence of a previous structure which first had to be evaluated and then revised and even dismantled to allow for this new growth to take place. I feel this part of the process is largely complete, don't you? Whatever final form the representative governance structure takes, all members will be assured that their voice will be heard through their representatives to various governing bodies. However, in my view, this does not mean that we stop assuring that we are open to hearing members' voices in whatever forum or venue they are raised.

A strategic plan will enable us to combine mission, goals, and governance structure in a plan of what we actually want the IIBA to do, and how it will do it. These are not small matters. Whenever people's resources—material, in the form of money, or in the form of time, energy, and emotional commitment—are solicited and used, the organization is obliged to assure that they are used well, and responsibly. Used also in keeping with the consensus in the group about their use. The EC will undertake to draft a strategic plan that takes account of all the data already available on the interests, needs, and vision of our members related to the IIBA. This draft will be discussed by the Board, and then with all the members in whatever meetings take place. I encourage you to discuss the issues the plan addresses—what will the IIBA do and how—now, with colleagues and friends, and then the plan when it is circulated. In the end the Board will produce a plan on which we can vote.

In some ways the hardest part of this process is well known to most of us both professionally and personally. Therapists know about the hostile dependency that develops often within dyads and groups where there is the perception of differences in authority and power. To some extent this is inevitable and we all fall into a negative pattern of feeling it is 'us against them', 'them' being the holders and misusers of the power. I hope we can all resist the impulse to allow this pattern to dominate our transactions with each other as we transit through this process of establishing a durable democratic mature form of self-governance. It is in all of our interest to model, for ourselves and the world, how a group can resolve differences and focus on commonly held values, and find ways to solve problems arising from the differences in a way that supports the common good. I welcome the opportunity and the challenge to participate in this process myself, and to join with you all in doing so.

With best wishes,

*Scott Baum*, your president

NEWSLETTER



## Announcing the Reader : A content of quality

by Vita Heinrich-Clauer



Vita Heinrich-Clauer



"The articles demonstrate the broad spectrum of the prevailing concepts and profound therapeutic modalities of Bioenergetic Analysis. Case studies illustrate the concepts and provide practical relevance."

The Reader is a selection of articles from Bioenergetic Analysis that range from classical studies written in the Eighties (following Lowen) up to current theoretical contributions. The more recent articles connect the concepts of relational psychoanalysis with the findings from emotion and infant research, attachment theory as well as neurobiology. The integration of implicit knowing and the importance for including the body in the therapy process is evident in these articles.

Central themes of the book are: the Self in relation with others, sexuality and love, trauma, psychosomatics as well as the conceptual discussion of the therapeutic process. Studies on effectiveness of Bioenergetic Analysis and body psychotherapy in general complete the spectrum.

This book is addressed to colleagues from body psychotherapy, depth psychology and those with an analytical orientation, and is intended to satisfy the growing interest in an integration of the body into psychotherapy. It clarifies such concepts as catharsis, transference, counter transference, energy, emotional and somatic resonance, as they occur in a relational somatic psychotherapy. The presentation of these abstract concepts is theoretically complex, and the discussion is imbedded in vivid descriptions of case studies of effective therapies.

The Reader differs from Alexander Lowen's books in that there are 25 different authors involved and the selection encompasses a wider range of topics both conceptually and in regard to therapeutic practice. The book is special compared with others in that Bioenergetic Analysis is one of the oldest and most respected methods of analytic body psychotherapy. While it has been known for its long tradition and wealth of experiential knowledge, the training in Bioenergetic Analysis has included innovations, and still contains the most valid statements on the significance of the body in psychotherapy.

In the psychotherapy of persons suffering from developmental trauma and personality disorders concepts and methods are required, which include the primal affects (anger, hate, fear, longing and love) and the intensity of the expression of these affects. This becomes clear in the unique collection of articles. The combination of biographic-analytical and vitalizing interventions enhancing the expression in the context of a long-term therapeutical work as well as the focus on the embodied relation of therapist and client characterizes this approach of body psychotherapy.

### The particularity of its edition

Things are proceeding slower than we all could imagine the moment we started the project. And I am sorry for that. The tricky things are hidden in the details. So many thanks to Barbara Bendel who is supporting the process with a lot of her knowledge about layout, proofreading and administrative and organisational matters. Thank You Barbara!

The translation of the Reader in so many languages is its highly different particularity. We have to be thankful to all colleagues who gave their translation skills and their Bioenergetic wisdom to handle the different papers in two languages without being paid proportionately. And it is not only translating - the individual writing style of a person has to be transmitted in its spirit. There are multi-worded European languages and less worded ones. For instance, some articles sound very good in the mother tongue but not in another language.

The cover of the Reader and its layout will not be the same depending on the countries and the publisher-houses.

**Germany** - We have finished the proof-readings for the German Reader: "Handbuch Bioenergetische Analyse" which has 590 pages. The German Reader, soon published in October 2008, will be the first one. Here are the reasons for that:

Several German translators have "donated" their time for little or nothing - and have worked fast; myself having devoted about 4-5 holiday times on the project (and a lot of my daily free time or nights); the good contacts with the publisher-house Psychosozial-Verlag which is the same as for the "Bioenergetic Analysis Journal".

**USA** - Helen Resneck-Sannes has worked as a reader consultant and has explored possibilities for finding a publisher-house in California. She re-edited some papers that had not originally been written in English. Helen contacted John Conger who wrote a recommendation for the reader. Since Helen retired from that job we urgently need a person who would care for the English edition in the USA.

**Italy** - Mariarosaria Filoni (Rome) together with Nicoletta Cinotti, has been working on the translations into Italian. Editor of the Italian Bioenergetic Journal, Mariarosaria has established the contact to a publisher-house in Italy. Hopefully, the translations will become ready at the end of this year and the Reader will be published in the beginning of 2009.

**Belgium/France** - Claude Maskens, a professional translator, is organizing a group of about 15 translators from Belgium and France. They hope to finish translations and editing at the beginning of next year and want to get the Reader published in Belgium in fall 2009.



Barbara Bendel



Helen Resneck-Sannes



Mariarosaria Filoni



Nicoletta Cinotti



Claude Maskens



Jaime Perèz

Recommendation by  
John Conger,



Jacqueline Carleton,

is a licensed psychoanalyst and has practiced and taught body psychotherapy for more than 30 years in the US, Europe, Latin America, and most recently the Middle East. She is the founding editor of the US Association for Body Psychotherapy Journal. She lectures and gives workshops to both body psychotherapy and psychoanalytic professionals. She can be reached at [jacarletonphd@gmail.com](mailto:jacarletonphd@gmail.com).

**Spain** – Jaime Perèz is organizing the translation in Spain. Edith Liberman has contacted a Spanish publisher house and is presently busy with translating the project description from English into Spanish to convince the publisher house of our project. They will also need time until next year.

All these processes would not have been possible without a good network and so many persons basically dedicated to Bioenergetic Analysis. Since we all are human it was inevitable to have feelings of hurt and misunderstandings. I feel sorry for me sometimes being impatient and hurting - and vice versa having experienced some hurts. My idea was to actually write something funny about the daily hassles of an editor. But next time!

Sincerely, Vita

*Close to one hundred years have passed since Wilhelm Reich traced the biological pathways for emotional illness. In the 21st century new technology has awakened analysts to the biology that supports human behavior. This extraordinary book opens to us the ongoing conversation of leading thinkers who have always included "the body in the room". I strongly recommend the Reader to all analysts and students concerned with the biological and symbolic presence of the client.*

Author of Jung and Reich: the Body as Shadow and The Body in Recovery: Somatic Psychology and the Self

### **The USABP Journal issue on Alexander Lowen** by Jim Elniski and Jacqueline Carleton

In spring 2007, the USABP Journal called for papers for an upcoming issue honoring the work of Alexander Lowen. We asked for pieces by experienced Bioenergetic therapists and trainers who have taken Lowen's work as theorist, teacher, and therapist and used it in their own creative way. We were also interested in accounts describing the impact of Lowen himself and of Bioenergetic Analysis on personal and professional development.

All of the contributors in this issue share with Lowen his appreciation and respect for the mystery of life's movement. They write of the range of therapeutic and training possibilities resulting from his articulation of the energetic basis of personality and the ways life strives for connectedness. One measure of Lowen's influence is the breadth of application that Bioenergetic theory, teaching and therapy have generated. Many of the papers in this issue represent the distinctive theoretical Bioenergetic perspectives that have emerged.

Co-editor of this issue, Jim Elniski, leads off with a brief article on the concept of pulsation, applying it to clinical work with a client and to a community project in his complementary roles as practicing artist and educator.

Bob Hilton traces 40 years of experience in Bioenergetics as client, therapist, and trainer. He interweaves his personal and professional development with emerging changes, practices, and theoretical orientations in the world of Bioenergetics. He points out the gradual evolution of the addition of a relational orientation, at first implicitly but now explicitly forming a part of his model of therapeutic action. He ultimately proposes that the energetic work happens within a relational environment of holding, grounding, transference and countertransference. Each point is cogently illustrated with personal and/or case material.

In a courageously self-disclosing and challenging article, Bob Lewis grapples with the "complex tapestry" of Alexander Lowen which Bob himself and indeed all of us create at the interfaces of our personal wounds, those of our mentors, therapists and patients, and the theories and techniques we embrace. Citing his almost 50 years of acquaintance with Lowen in various roles, he presents multiple aspects of the man, the therapist and the theoretician. He also revisits his earlier conceptualization of "cephalic shock".

Phil Helfaer's deeply reflective essay muses on a lifetime of growth and emergence as an embodied being. Tracing his development from boyhood to what Stanley Keleman, in last year's issue, refers to as "late adult", he offers profound observations of himself, Bioenergetics, and the several worlds he has explored.

In excerpts from her master's thesis, Odila Weigang traces the genesis of the conceptualization and clinical applications of grounding. After surveying the evolution of related concepts similar to "grounding," she explores how particularly in Brazilian Bioenergetics, it has evolved in a widely applicable form. In doing so, she both deepens and updates our ability to think about and apply clinically this important concept.

Peter Fernald describes in detail and critically evaluates teaching Bioenergetics in a counseling course to college seniors. As body psychotherapy is being increasingly taught in undergraduate and graduate programs, this article models concerns and strategies that come with conceptual and experiential instruction. Examples of his adroit handling of the (sometimes anxiety-producing) material in 20-plus years of presenting it to undergraduates illustrate many of the ethical and pedagogical dilemmas involved as well as the often enormous benefits to students who participate.

Alice Kahn Ladas, Research Chair of the USABP provides us with the original Bioenergetic brochure, reproduced with her memoir of AI Lowen and the beginnings of Bioenergetic Analysis.

A brief memoir and tribute by Laurie Ure focuses on the last few years and some of Lowen's last sessions and workshops. She touchingly relates how in her penultimate session, although he asked her several times what her name was, his intuitive sense of and passion to work with the body were undiminished.



## HOMAGE TO ALEXANDER LOWEN

(continued)



Jim Elniski,  
guest editor

And, finally, we have excerpts from a 1998 interview of Alexander Lowen by Frank Hladky, a longtime associate of Alexander Lowen, sent to us from Robert Glazer of the Bioenergetic Press along with photos of Dr. Lowen.

The challenge of living and growing with the legacy of Al Lowen's work reflects his greatness as the founder of an important cornerstone of somatic psychotherapy. The Bioenergetic community is a living organism; its movement is temporal and subject to change over time in response to different social and cultural contexts; it does not have a fixed core, but rather a moving center; and, like pulsation itself, its growing edge is a work-in-process.

Ordering Information: Subscriptions to USABPJ available. Individual copies may be ordered from [www.usabp.org](http://www.usabp.org).

*Jim Elniski is currently the local trainer of the Chicago Society for Bioenergetic Analysis and former Director. Jim was the IIBA CBT Board of Trustees Representative for North America/New Zealand, 2005-07. Jim is also a practicing artist and Associate Professor, Department of Art Education at the School of the Art Institute of Chicago.*

## PAST EVENTS

### 20th anniversary in Atlantic Canada Bioenergetic Training Society



Bethany Doyle

The annual summer 7-day Bioenergetic Gatherings led by Bethany Doyle and Rosalind McVicar, Local Trainers, has just celebrated its 20<sup>th</sup> anniversary. Set on the beautiful north shore of Prince Edward Island, the gatherings have drawn CBT's, trainees, and clients from across Canada, USA and as far away as Ireland and Africa. The gatherings offer a unique blend of intensive Bioenergetic work combined with massage, Tai Chi, dance, journaling, meditation, and ritual. Our work is inspired by the words of Alexander Lowen: "Through the body sensations that arise from full and deep breathing, we become conscious of the pulsating aliveness of our bodies, and sense that we are one with all pulsating creatures in a pulsating universe."

Rosalind and Bethany are grateful to the IIBA and to local societies across North America for their help in advertising these annual events. For photos and further info, please check: <http://www.isn.net/bioenergetics/summer.htm>.

Dates for next year's 2 gatherings are: June 26 to July 3 and July 5 to 12. The 16 spaces for each week fill quickly. Early registration is recommended.



Rosalind McVicar

Paula Foley and Leslie Ann Costello, 5th year trainees, have shared with us the proceedings of their conference held during the summer 2008 and entitled **Running Head: embodied spirituality in therapy**.

**Résumé:** "Western religious traditions have emphasized the separation of body and soul or spirit. This workshop offered a theoretical and practical resistance to this separation of the self... We sought to help therapists to find the place of deep feeling within themselves so that they can assist clients in reaching that space ..."

From Lowen's quotes: "faith is a quality of being: of being in touch with oneself, with life, and with the universe (...) it is a feeling of being grounded in one's body, in one's humanity, and in one's animal nature... it is a manifestation of life, an expression of the living force that unites all beings."

From Conger's quotes: "The body-psyche-spirit 'ménage-à-trois' is more complex and mysterious because the body soars, the body educates, the body guides, the body structures the reality that spirit enters... just bringing our energy down into our feet and legs in a grounding exercise won't do. We contain polarities which must not be disowned. We reach for the sky, extending up and out, as well as root in the earth..."

Paula and Leslie structured the workshop experience to meet four objectives through personal experience.

For their interesting references and more information, please contact the authors: Paula Foley, [paulafm@nb.sympatico.ca](mailto:paulafm@nb.sympatico.ca) and Leslie Ann Costello, [leslie.costello@maine.edu](mailto:leslie.costello@maine.edu)

## PAST EVENTS

### S.I.A.B. Thirty years

Sorrento, Naples (Italy) - 24<sup>th</sup> to the 26<sup>th</sup> of October 2008 - Affiliated with FIAP, Italian and European Federation of Psychotherapy.

The Conference was characterized by a theoretical and experiential setting connected to the spirit of the meetings in the 80s at Whistler and Sorrento, where the Bioenergetic community met and updated with scientific debates in psychotherapy. The lately evolution of BA makes it possible to go deeper in the debate among ourselves and with other psychotherapeutic approaches.

The conference was dedicated to the memory of Gabriella Buti Zaccagnini, IIBA international trainer, founder member of S.I.A.B. of which she was president, and passionate protagonist of Bioenergetic analysis.

With Claudio Arnetoli, Scott Baum, Massimo Biondi, Assunta Cioffi, Patrizia Moselli, Piero Petrini, Giuseppe Ruggiero, Renata Tambelli, Bill White, Alberto Zucconi, and other important exponents of Italian psychotherapy.

S.I.A.B. - [mail@siab-online.it](mailto:mail@siab-online.it)/[www.siab-online.it](http://www.siab-online.it)



From Patrizia Moselli  
Società Italiana  
di Analisi Bioenergetica



## PAST EVENTS

## A wonderful congress in Recife, Brazil

by Jayme Panerai

More than 300 people attended the II Latin American Congress in Bioenergetic Analysis, coordinated by Grace Wanderley de Barros Correia, held in May in Recife, Brazil. Participants from Portugal, Spain, France, Belgium, United States, Argentina and 17 Brazilian states were on hand to the event which was marked by absolute harmony and cooperation.

Major workshop speakers were Guy Tonela, Ana Lucia Francisco and Silvio Meira. All the workshops went surprisingly smoothly because participants were able to sign up for them beforehand via internet.

Enthusiasm was seen everywhere due to the quality of the themes, of the professionals and of the learning. Joy could be seen in all environments mixed with the deep thoughts that accompany such events.

Bioenergetic Analysis reigned supreme throughout the congress. There was also music and dancing after lunch. At the closing event, a band played music from the 1960s and everyone danced happily and bioenergetically until almost dawn.

Oswaldo Guimarães, president of the Latin American federation, was happy and, along with other directors, announced that next year conference in Rio de Janeiro will be coordinated in Brazil by Miriam Matau.

On picture below:

Liane Zink  
Guy Tonella  
Jayme Panerai  
Romero Magalhães



## INVITATIONS

### International conference of Bioenergetic analysis.

Scientific Committee  
Members:

Eulina Carvalho Ribeiro  
Maê Nascimento  
Odila Weigand  
Sonia Calli  
Malu Millerman  
Cláudia Ucros

Chair: Liane Zink  
[lianezink@bioenergetica.com.br](mailto:lianezink@bioenergetica.com.br)

Dear colleagues, Bioenergetic therapists, trainees, friends,

We from the **Latin American Federation of Bioenergetic Analysis** are very enthusiastic about the forthcoming **IIBA Conference** which will take place **from October 21 to 25, 2009**, in Rio de Janeiro, Brazil. The hotel has already been chosen, on the beautiful beach "Armação de Buzios" with a great view of the sea. Hotel Atlantico Buzios is a comfortable resort with adequate accommodations for conventions, besides the pleasures offered by the town of Buzios, a lovely very stylish coastal town about 2 hours ride from Rio de Janeiro International Airport (Galeão). The highway to Buzios is currently in very good condition and passes through beautiful landscapes of the, so called, Lake Region of Rio de Janeiro. Visit the following websites for more details of the city and hotel: [www.atlanticobuzios.com.br](http://www.atlanticobuzios.com.br) , <http://www.buzioschannel.com.br> (click on the top right side for English language)

You are invited to come and participate with us, as well as motivate your friends to attend this event, on the inspiring theme :

**"Body in Poetry. Unveiling the Grace of Self"**

### Norddeutsches Institut für Bioenergetische Analyse e. V.

**Training as a Bioenergetic Analyst:** The training begins annually in February or March. Application procedures should be completed in fall/winter of the preceding year. More information on our homepage [www.niba.-ev.de](http://www.niba.-ev.de) or phone 04404-953 586.

**Study day March 6/7 2009:** This annual study day is open for everybody. It offers a good opportunity to become acquainted with the NIBA and for keeping up with old contacts and making new ones.

**Preworkshop: Bioenergetic Analysis and Community Therapy:** In search of a new paradigm – by Mariano Pedroza Brasilia:  
**Additional Speakers:** Dr. Konrad Oelmann, Königswinter, Dr. Heike Buhl, Berlin, Monika Koch & Klaus Lennarz, Köln

**Advanced training workshops 2009**

**17-19 April: Josette van Luytelaar:** "Unfreezing and Flow"; Working with the body in shock, anxiety and panic.

**25-27 September: David Berceli:** "The body – our greatest ally in trauma healing".

**28-29 September: David Berceli:** "Advanced education workshop on trauma healing" for trained Bioenergetic therapists and Bioenergetic trainees from the 3rd year.

### Dallas Society for Bioenergetic Analysis

By Charles Lustfield

Just a note to let you know we will be running our training program in Dallas this 2008-2009 year, albeit with a very small number of trainees. So, if any of you whose training programs are not active know of persons interested in training, we would appreciate your referrals to our program. Details regarding our program can be found on our web site <http://www.bioenergetics-dallas.com>



2009 Southern California Bioenergetic Conference

# TRUSTING THE WISDOM OF THE BODY

## ACCEPT OUR INVITATION TO EXPERIENCE

*Inspiring Presentations*  
*Theme-Related Workshops*  
*Mind, Body and Relational Integration*  
*Skilled Bioenergetic Group Leaders*  
*22 CEU Credits*  
*Process Groups*  
*Beautiful Mountain Setting*  
*Great Accommodations and Food*  
*Singing and Dancing*

March 13-16, 2009  
 Early Registration  
 by November 1, 2008

*Celebrating Our 10th Year in  
 Lake Arrowhead!*

SCBC  
 13243 Lamplite Lane  
 Lakeside, CA 92040  
[www.sdiba.org](http://www.sdiba.org)

### Summer workshops 2009



Robert Lewis

These small work/playshops (for four to six people) take place at a magnificent seaside setting on the Peconic Bay, Long Island, 45 minutes from the world famous Hampton Ocean beaches, - 1/2 hours from the two New York airports and 2 hours from Manhattan. Comfortable accommodations, double occupancy, superb home-cooked cuisine with emphasis on fresh seafood and farm vegetables. Sailing, kayaking, swimming and clamming are at your feet. In this safe and supportive environment people have found a healing place for their trauma. The workshops have been an intense, rich experience, not only for the participants, but also for my wife (hostess/chef), and me. I give each participant an individual session every day - in the group setting. Bearing witness to and sharing each other's struggle, adds a potent dimension to our work. This year we are announcing three 5-day workshops, but this is potentially flexible. Typically, we work from 9:30 am till 1:30 pm, then we lunch, rest and play till 5:30; work resumes for another 2 hours, and finally we feast under a starry sky and let the evening envelop us. In addition to the option of scheduling other (5-day) workshop dates, we can also, on request, offer smaller/more intensive seminars for 3 people maximum, Friday-Sunday. The current schedule for 2009 is as follows (dates are subject to change):

**July 16-20, 2009 - August 6-10, 2009 - August 20-24, 2009.**

For more information, email to [workshops@bodymindcentral.com](mailto:workshops@bodymindcentral.com) . A German language workshop will be held next summer.

## NEWS ...

### Editor Wanted



Scott Baum

Hello all,

I am sorry to inform you that Michèle Dupuy-Godin, who has so ably edited the Newsletter for us, has informed me that she will resign her position after this next edition due to other commitments she must undertake. This means we must find a replacement for the editor position, and if possible an associate editor. Michèle has graciously offered to assist the incoming editor, and the graphic artist she uses has offered to continue working with the IIBA. I am asking you all to consider whether you, or someone you can recommend, can fill this critical position for the IIBA. I'm sure I don't have to tell you how important this line of communication is to our work together. If you are interested, or wish to suggest someone for the Board to consider, please let me, or your representative to the Board of Trustees, or Barbara Bendel, know as soon as possible.

Thank you



Vincenia Schroeter

### IIBA Journal 2009

The IIBA Journal is seeking submissions for the 2009 edition. If you have a paper to submit, please find the instructions on the IIBA website in the section "Publications".

Sincerely, Vincenia Schroeter, Chief Editor



Barbara Bendel

Don't forget to inform the IIBA office (<http://www.bioenergetic-therapy.com/>) when you change your postal and/or email addresses.

### About the San Diego Institute for Bioenergetic Analysis (SDIBA)

We are excited to announce that the SDIBA and SCIBA are in the final stages of integration and becoming one institute serving the Southern California region. We are maintaining the SCIBA identity while adopting the SDIBA by-laws, executive committee and board of directors. Next time you hear from us we will be SCIBA or Southern California Institute for Bioenergetic Analysis. We have hired the marketing firm of Park and Robinson led by Michael French to guide us in developing an institute that serves its members as well as informing the community at large about the benefits of Bioenergetic therapy.

#### Training Program:

Relational Somatic Psychotherapy workshop series under the guidance of Terri Martin has completed another year of training. Three graduates of that program are now starting our Certification Program. We began our 2008-2009 training year welcoming 3 new trainees.

The Certification Program uses a Two-Room Schoolhouse model and we just began the Fall Semester with Twelve Trainees. Our one-room schoolhouse model has allowed us to accept smaller numbers year and maintain an ongoing training program.

SDIBA's certification program graduated 2 trainees, who are working diligently to collect their supervision hours toward certification.



Garet Bedrosian

### CONGRATULATIONS TO THE NEWEST KNOWN CBTS

Marie-Luise Schmitz from Germany

Paula Sa from Associação Portuguesa de Análise Bioenergetica

Emma Rhoads from the New York Society for Bioenergetic Analysis



#### Deep congratulations to a new IIBA faculty member

Diana Guest from the new Southern California Institute for Bioenergetic Analysis



### In Memoriam

### Testimony



David Finlay

We wish to share our deep sadness and pain for the loss of David Finlay, a considerable presence in our organization and community. David died on April 6, 2008.

David was an important friend, teacher, mentor, sometimes adversary to many of us. His passion for healing and for our community had deep impact. He was a powerful energetic force who made himself known clearly and forcefully. At times, he would be crusty but always on issue. David had the ability to come out with his whole self, and his willingness to share his pains and his despairs about difficulties he felt some of his behaviours brought to others. From out of both his strength and pain could come a deep vulnerable and yet powerful tenderness that moved people hearts. When someone of stature dies, the Maori people have a saying "a grant totara has fallen". The totara is quite a special tree in that its red wood is very straight and true, both soft and strong. David has left a big space. We are grateful for his devotion to Bioenergetics and saddened that he is gone. (drawn out of colleague's words)





## In Memoriam

(Continued)

David Lynn Mullins

David Lynn Mullins, 68 years of age, died on June 12, 2008.

Born in Kansas City, on March 21, 1940, David graduated from the Naval Academy in 1962. As a young Ensign, he entered the highly competitive Nuclear Power Program and became a Qualified Nuclear Submarine Officer. Commander Mullins served on many American submarines. While stationed at Pearl Harbor, he received a M.B.A. from the University of Hawaii. After retiring from the Navy, David earned a M.A. in Counseling Psychology and became a certified Bioenergetic Therapist and Gestalt Therapist. For 13 years, he staffed the Life, Death and Transition Workshops for Elisabeth Kubler Ross, M.D., in the United States, Canada, England, Ireland and Northern Ireland, Australia, New Zealand, and Zimbabwe.

He is survived by his wife, Nancy Winters Mullins of San Diego and Kansas City, his daughter, Deborah Lynn Mullins; and his son, Michael Scott Mullins.



Joy Murphy

Joy Murphy, a member of CCSBA, (Central Canada Society for Bioenergetic Analysis) based in Toronto, was a Bioenergetic therapist for over thirty years. On June 1, 2008, she suddenly and unexpectedly passed away.

Many of you have known her as a dedicated therapist and lively participant of many IIBA conferences. She will be remembered for her keen intellect, her emotional connection with people, her interest and commitment to Bioenergetic work and her pleasure dancing at conferences at the end of the day. She is sorely missed by her Canadian community as well as by her international colleagues and friends. Joy will be remembered with love.

From Marilyn Morinis



Eva Reich

### Eva Reich

Therapists all over the world have adopted and developed Wilhelm Reich approach. We, as Bioenergetic Analysts, are among them. Through his daughter Eva, let's honour his legacy.

Dr. Eva Reich, daughter of Dr. Wilhelm Reich, died on August 11, 2008 in the arms of her daughter Renata. She was 84.

A native of Vienna, in 1938 at the age of 14, Eva moved to the U.S. and participated in many of her father's experiments. A graduate of the Women's Medical College of Pennsylvania, Eva Reich and her husband, artist William Moise, moved to Hancock in 1952, where she set up a rural practice. After her divorce in 1974, Eva Reich traveled to 30 countries to lecture about her father's work and her own. Focusing on infant emotional health, she developed a treatment for upset babies that involved a gentle touch she called butterfly baby massage. Her lectures are vividly summed up in the book "Life energy by gentle bioenergetics"



by Eszter Zormans

## EDITORIAL CONCLUSION

Dear colleagues :

This autumn 2008 IIBA Newsletter is an homage to life – through the completion of the restructuring of the IIBA governance; through our different geographic cultures; in the Society's invitations coming either from western, southern and eastern U.S.A., from Brazil, from Italy or from Germany; life in the proceedings from eastern Canada and from the coloured Congress in Recife; life in the fusion of societies and in the souvenirs of dear ones gone from earth.

I wish this Newsletter Edition to be a very special one. That in its humble way it adds to the homage to Alexander Lowen through the simultaneous publication of articles concerning the Reader and the USABP Journal on Lowen. A sort of debt of honour in the name of life that Lowen has encouraged in every one of us through Bioenergetic Analysis. This man is a continuous inspiration for me and for most of us. I am myself indebted to Al Lowen for his energy, his creation and his presence. Thank you so much to Jacqueline Carleton and Jim Elniski for the USABP Journal. Thank you immensely to Vita Heinrich-Clauer for the Reader. I sincerely hope for a harmonious dialogue among our cultural differences on this subject.

Why such a special Newsletter Edition? Because, due to personal additional responsibilities, this edition is in fact my last one for the moment. I have been honoured to share bits of us to all of you from the International IIBA community. I will miss the exchanges, our communications, our complicity. I will miss you.



Michèle Dupuy-Godin, SoQAB,  
Retiring IIBA Newsletter editor

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