# BOT MEETING (ZOOM) AUGUST 31, 2019

# **MINUTES**





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Zoom Meeting

- 1. Diana Guest (DG)
- 2. Ana Lúcia Faria Faria (AF) only May 21, 2019
- 3. Anja van der Schrieck-Junker (AS)
- 4. Cristina Piauhy (CP)
- 5. Jayme Panerai (JP) *until 5:00 pm (Germany, Italy, Netherlands)*
- 6. Josette van Luytelaar (JL)
- 7. Maria-Rosaria Filoni (RF)
- 8. Michael Brennan (MB)
- 9. Paola Bacigalupo (PB)
- 10. Rick Spletter (RS)
- 11. Scott Baum (SB)
- 12. Nina Schubert (NS) (Scribe)



Saturday, August 31, 2019

San Diego: 7:00 am - Dallas: 9:00 am - New York: 10:00 am - Brazil: 11:00 am - Germany,

Italy, Netherlands: 4:00 pm





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# **1 Opening of Meeting**

#### 1.1 Welcome and check-in round

All in virtual attendance.

# 2 Clinical Journal

#### 2.1 Overview costs previous years

The costs are reviewed.

#### English Journal

Year	Language	Units		Cost/unit				
			Psychosozial-Verlag Other costs					
			Postage & Handling	Setting	Printing	Complete Journal	Translation	
2019	English	1155	5.194,20 €		4.308,15€			8,23 €
2018	English	1107	5.025,60 €		4.051,62 €			8,20 €
2017	English	1120	5.203,40 €		4.177,60 €			8,38 €
2016	English	1006	4.712,80 €		4.090,40 €			8,75€
2015	English	1000	4.507,70 €		4.066,00 €			8,57 €
Average			4.928,74 €		4.138,75€			8,43 €

#### **Translated Journal**

Year	Language	Units	Total Costs					
			Psychosozial-Verlag Other costs					
			Postage & Handling	Setting	Printing	Complete Journal	Translation	
2019	German	226	18,00 €	600 €		1.900€	850,00€	14,90 €
2018	Spanish	201	29,00 €	600 €		2.010 €	3.728,79€	31,68 €
2017	French	210	43,00 €	600 €		2.520 €	3.956,40 €	33,90 €
2016	Italian	273	546,00 €		955,50 €		1.100,00€	9,53 €
2015	Portuguese	500	166,40 €	600 €		5.000 €	3.904,00 €	19,34 €
Average							2.707,84€	21,87 €

\* Printed and sent Arti Grafiche Caramanica, Italy (not Psychosozial-Verlag).

# 2.2 Decision Translation of the Clinical Journal 2020

The BoT decides to continue with the translation of the Clinical Journal. The Journal 2020 will be translated to Portuguese. DG will inform the Editing Team.

# **3 IIBA Documents - Updates**

#### 3.1 Strategic Plan





Before this Zoom Meeting, a draft of the updated Strategic Plan was sent around to all BoT Members. SB will draft the final version of the Strategic Plan with some alternative views and additional concepts as discussed:

- The Mission of the IIBA ... as a theory and as a movement ...
  "Movement" might not be understood. Further details and / or explanations should make clearer this sentence.
- IIBA Goals ... To accomplish this goal, the IIBA will do the following ...
  - Goals (1 to 4) need to be updated / shortened (historical information might not be needed), somehow redounded in different points.
- Further ideas of improvements for the final version of the Strategic Plan:
  - Mind-body connection should stand out / raised.
  - Bioenergetic Analysis is an attitude of living in this world.
  - Ethics need to be included. (As the Ethic Committee is in working process, the ethic part should be mentioned in a very general manner).

#### 3.2 Bylaws

Before this Zoom Meeting, a draft of the updated Bylaws was sent around to all BoT Members.

Minor adjustments are discussed and changes (including typos) are put in the document immediately. The BoT accepts the new Bylaws.

NS will make a neat copy of them and Claude Thovex will put the new Bylaws on the website.

#### 3.3 Code of Ethics

The Ethic Committee consists of 1 representative from each geographical region of the IIBA:

- Europe: Anja Van Der Schrieck-Junker
- Nanziba: Scott Baum
- Latin America: Eulina Maria De Carvalho Ribeiro

The Ethic Committee is in working process and will inform the BoT on significant progress (in their first report for the BoT 2020).

# **4 IIBA International Conference**

#### 4.1 25th Conference - Closing Balance

Summing up:





	Budget	<b>Closing Balance</b>	Dif	<b>Dif.</b> %
much more participants signed up	222 pax.	302 pax.	+80 pax.	+36 %
and hence, we earned more money.	85.000 EUR	101.000 EUR	+16.000 EUR	+18 %

The Event Planner and the Hotel kept their words and they ....

	Budget	<b>Closing Balance</b>	Dif	Dif. %
reduced the rent of the meeting	10.500 EUR	5.750 EUR	-4.750 EUR	- 45 %
rooms (after finishing the				
conference)				

... and we made a couple of last-minute adjustments, like ...

	Budget	<b>Closing Balance</b>	Dif	Dif %
switching from Welcome Cocktail to Happy Hour	5.550 EUR	3.520 EUR	-	-37 %
reducing the expenses related to the Welcome Package	2.310 EUR	930 EUR	-1.380 EUR	-60 %
Minor adjustments (printing costs, posters, freight costs, etc.)			-1.800 EUR	
reducing the expenses related to the Welcome Package	2.310 EUR	930 EUR	-1.380 EUR	-60 %

And unfortunately, Darcia Narvaez had to cancel her participation due to health issues:

	Budget	<b>Closing Balance</b>	Dif	Dif %
Cancellation Darcia Narvaez	4.000 EUR	0 EUR	-4.000 EUR	- 100 %

On the basis of all these actions the IIBA has earned 16.300 EUR. The IIBA would have had a profit of "only" 4.000 EUR approx. if the costs as stated above had not been reduced.

The BoT thanks and congratulates the Scientific Committee, Logistic Committee and all persons involved in the organization of the 25<sup>th</sup> IIBA International Conference for the success in content, but also for the all efforts done in order to stay within financial constraints and in the end secure a profit which allows the IIBA to continue its work expansively.

#### 4.2 25th Conference - CO2 emissions offset

During the conference many people expressed their worries about "environmental issues": The worries were mainly about lowering the carbon footprints when travelling, recycling and the future of the rain forests and deforestation. As written in the summary of the feedbacks received, we also received a couple of proposals to attend topics about social and environmental sustainability at the next conference.

Given the above, it is reasonably safe to conclude that become more "green" is also an important issue for the IIBA.







Now, based on our earnings of the conference the proposal has been made that the IIBA attends to the carbon contribution from the 25th IIBA International Conference and offset them. A quite rough calculation shows that the 25th IIBA International Conference has produced 260 t of CO2-emissions (including accommodation, catering and mobility). For sure, it's best to avoid creating CO2 emissions in the first place. However, due to the fact that the most important thing for the climate is to reduce the amount of emissions worldwide, our emissions can also be offset. Offsetting achieves more than a clear conscience; by supporting climate protection project, we take effective action for the climate and make a valuable contribution to the environment.

General information CO2 emissions offset: Carbon offsets are financial contributions to projects that help reduce CO2 emissions in various industries, or encourage new sustainable energy projects. You might have seen that toward the end of your purchase of a flight, you could tick a box to pay an extra amount of money or so in exchange for a "clean conscience". Many conference registrations also include this "tick a box" in Europe.

- More information about carbon offset can be found here: <u>https://en.wikipedia.org/wiki/Carbon\_offset</u>
- Why climate change & climate protection? Why compensate and what is a footprint? More information here: <u>https://www.myclimate.org/information/faq/</u>
- Entities for climate protection projects: There are many. Myclimate seems very transparent and it seems that they spend their money "wisely". They disclose what they're funding, and how they calculate the emissions saved. They have a very broad range of projects going on. More information here: <a href="https://www.myclimate.org/fileadmin/user-upload/myclimate-">https://www.myclimate.org/fileadmin/user-upload/myclimate-</a>

<u>home/01 Information/01 About myclimate/10 Downloads/Documents/myclimate br</u> <u>ochure web.pdf</u>

The BoT decides that a donation of 2.000 EUR to the Foundation myclimate will be made. The BoT wants to state quite clearly that this is a onetime decision and the next Scientific Committee / Logistic Committee might come up with different proposals / ideas for a more "visible" financial support for environmental and nature conservation.

#### 4.3 26th Conference

AF informs about the members of the Logistic Committee:

- Liane Zink (Chair)
- Ana Lúcia Faria
- Eulina Maria De Carvalho Ribeiro
- Maê Nascimento
- Maria Lucia Costa Bellodi





- Mila Freitas
- Odila Weigand

They are looking for suitable venues in São Paulo (City) for the Conference Date: October 13 – 17, 2021

October 2021

Week	Su	Мо	Tu	We	Th	Fr	Sa
39						1	2
40	3	4	5	6	7	8	9
41	10	11	12	13	14	15	16
42	17	18	19	20	21	22	23
43	24	25	26	27	28	29	30
44	31						

The Logistic Committee was thinking about changing the title (but not the theme) a little bit as translation to Portuguese is tricky. AF will forward the proposals to the BoT for approval.

# 5 BoT Elections 2019

#### 5.1 Elections coming up later this year

As already discussed during the last BoT Meeting (05/2019), at the end of the current year, there will be an election to select new members for the BoT (for the next 3-year term of office: Feb 2020 - Jan 2023).

Positions available for elections:

- Europe: 3,
- North America and New Zealand: 1,
- Latin America: 1
- and International Faculty: 1.

Jannet Pinneau will chair again the Election Committee 2019. She is currently looking for representatives (for the Election Committee) from each geographical IIBA region.

## 5.2 Candidates / Openings

The BoT invites all Active Members who fulfil the qualifications for becoming a Trustee to consider the possibility of being candidates in the Election and to participate in the voting.

Becoming a candidate and (if elected ... a Trustee), the **Active Member** must have <u>at least five (5) years of</u> <u>experience as a Certified Bioenergetic Therapist (CBT).</u>

What is an **Active Member** (see more details in the Bylaws)?





- International Faculty: Any active or retired member of the IIBA Faculty who has paid dues as provided herein.
- Europe: Any Certified Bioenergetic Therapist (CBT), any student/trainee who has successfully completed at least 4 years of Bioenergetic Analysis Training or any retired CBT whose address with the IIBA is in Europe and who has paid dues as provided herein.
- North America and New Zealand: Any Certified Bioenergetic Therapist (CBT), any student/trainee who has successfully completed at least 4 years of Bioenergetic Analysis Training or any retired CBT whose address with the IIBA is in North America or New Zealand and who has paid dues as provided herein.
- Latin America: Any Certified Bioenergetic Analyst/Therapist (CBT), any student/trainee who has successfully completed at least 4 years of Bioenergetic Analysis Training or any retired CBT whose address with the IIBA is in Latin America and who has paid dues as provided herein.

# **6 Other topics**

## 6.1 Social Media: request from IAAB (Argentina)

The BoT would like to create an International Social Media Committee in order to handle social media and focus on storytelling that gets our message across (reach our audience). Their task would also be to elaborate a policy for "appropriate IIBA behaviour in Social Media". DG will follow up.

# 6.2 Request Project Fund 2019 Israeli Society for Bioenergetic Analysis

AS forwarded the e-mail from the Israeli Society for Bioenergetic Analysis to DG, RF, AF and SB for further discussion and decision. The BoT has to deny the IIBA Project Fund for those applications arriving \*a long time\* after the official deadline.

# 7 BoT Meeting 2020

The BoT Meeting 2020 will be held from March 18 to 21, 2020.





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# 8 Annex (certificate of donation)



