

BOT MEETING

JUNE 24, 2022

MINUTES



In-Person Participants:

1.	Léia Maria De Mora Cardenuto	LC	2.	Janet Pinneau	JA
3.	Alexandre Franco Barreto	AF	4.	Ann L-K Coleman	AC
5.	Diana Guest	DG	6.	Jayme Panerai	JP
7.	Manuela Tremante	MT	8.	Paola Alessio	PA
9.	Yael Harel	YA			

Patrizia Moselli (PM) & Vita Heinrich-Clauer (VH) excused.

Nina Schubert (NS) (Scribe)



Friday, June 24, 2022

California: 08:00 am, Troy & New York: 11:00 am, Brazil: 12:00 am, Germany and Italy: 05:00 pm, Israel: 06:00 pm – Duration: 1:30 hours

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1 Opening of Meeting

1.1 Welcome and check-in round

All in virtual assistance, except PM (excused).

1.2 Setting the timetable, decision making and approval of agenda

- As in previous BoT meetings, the decision-making process follows the “Gradients of Agreement”.
- DG is appointed as Stacker and JP is appointed as Tracker.
- The meeting is held by LC.

2 Ethics

Rules & Procedures

A document about “rules & procedures” for handling ethical complaints has been found in files from former Ethic Committee members. After investigating a little bit, it is difficult to track its exact origin. It seems that

- a. the document was written in the times when Viviane Guze took care of Ethics in the IIBA (around 1988 and
- b. former Ethic Committee members (from the 90s) remember that document, but its track gets lost with the relocation of the IIBA from the USA to Switzerland.

The Ethic Consulting Group will investigate further and process it. The document (including appendixes) is very comprehensive and might be revived (after adapting it to the current IIBA structure and bodies) in the future.

Code of Ethics

YH (on behalf of the Ethic Consulting Group) wants to mention that the Code of Ethics (V01.03) should become more precise and accurate. It is in the to-do list of the Ethic Consulting Group.

Ethic Case 6

The BoT members called for this extraordinary meeting because of the latest events of Ethic Case 6:

The International Faculty held extraordinary meetings on May 1 and 29, 2022. A follow-up meeting is planned for July 24, 2022.

Anja Van der Schrieck-Junker (International Faculty member and Chair of the Ethic Consulting Group) and Barbara E. Davis (International Faculty member) agreed on working together in order to discuss ethical standards for the International Faculty.

The Ethic Consulting Group sent their final report of the Ethic Case 6 to the BoT. The Ethic Case 6 has been handled in a fair, unbiased, and impartial way. The Ethic Consulting Group determined, based on the evidence and testimony presented to them, what actually occurred; and then determined that the facts as they found them support a finding that the articles (Article II, point E, and article IV points D, E, G, H, I, J) of the Code of Ethics have been violated.

A discussion and vote resulted in revoking the R's membership of the IIBA. R will receive a letter indicating such. The BoT members ¹ & ² endorse or strongly agree on

1. R's membership is revoked immediately.

2. R is not authorized to teach in any IIBA program following the IIBA Curriculum.

3. The door remains open to connect with the Ethic Consulting Group if R wants to be involved in any reparation with the victims (which R has declined previously).

4. R can appeal to the BoT to have membership reinstated.

DG will get in contact with the International Faculty:

- DG informs about the general outcome of this extraordinary BoT meeting.
- DG forwards the final report from the Ethic Consulting Group to the International Faculty
- DG forwards the request from the Ethic Consulting Group that 2 International Faculty members need to join the Ethic Consulting Group to further develop a process with

¹ Update from June 27, 2022: On June 27 (06:43 am – CEST UTC +2), the IIBA Back-Office received an e-mail from R: "...I hope that you received my decision (written a few months before) to leave not only the International Faculty, but also the IIBA ...". That "decision" hasn't been received. After investigating, R sent a card to the previous address of the IIBA (Carrer Berguedà – 08029 Barcelona). (A postal redirection order was in place but finished in October 2021.)

² JP abstains from his vote. MT represents PM and LC represents VH in the voting.

the victims (for example: how to prepare to communicate with the victims, how to start to receive support of independent persons who are able to handle at least the first interviews with the victims in different languages, etc.)

- DG states in her report to the International Faculty members that R is not allowed to teach in any affiliated Bioenergetic Analysis training (training following the IIBA Curriculum) anymore. If for some reason R does so, the training session(s) cannot be counted toward certification requirements. It is especially important that the Coordinating Trainers take note of R's revocation.

While this ethic case n° 6 is getting to its end, there is still need of developing a process with the victims and of tracking back associated complaints mentioned during this process.

Prevention is the key to sustainable outcomes. Each and every one of us needs to walk the talk. Each and every one of us, without exceptions, is responsible and accountable towards our institute and especially trainees. Our individual behavior matters.

3 Research Committee

The selected research partner (Consórcio Acadêmico Brasileiro de Saúde Integrativa | CABSIN) sent their proposal (scope) about the “Evidence Map of Clinical Effectiveness of Bioenergetic Analysis” in the beginning of June (see Appendix A) and the Research Committee accepted the proposal. The collaboration will start when the Research Agreement is signed and 80 % (BRL 50.400 ~ 12.000 EUR) of the total amount / funds agreed on (BRL 63.000) are paid. The project duration is about 8 months. The final payment of 20 % (BRL 12.600) will be due after approving the deliverables as specified in the proposal (see Appendix A).

The BoT members endorse or strongly agree on

Approving the proposal from CABSIN and its conditions.

4 Humanitarian Committee

While the members of the Humanitarian Committee (JP, MT & PA) are in regular contact putting together a catalogue of possible actions, Libertas (Associação de Análise Bioenergética do Nordeste Brasileiro) is setting a good example how to combine Bioenergetic Analysis with humanitarian help / mental support:

Libertas helped the victims who lost everything in the recent flooding in Recife (Brazil).



Libertas also designed a t-shirt for their volunteers (name of the society, name of the humanitarian committee and the logo of the IIBA).

They want to promote the humanitarian committee, inspire others to join the volunteering actions and they want to hold volunteers accountable; wearing the t-shirt with the humanitarian logo places a responsibility on the volunteers.

The Humanitarian Committee is also planning an Instagram Live on September 21, 2022, (International Day of Peace).

5 Scholarships

YH (on behalf of the working group for preparing the IIBA scholarships) informs that Scott Baum is going to send their report to the BoT in the next weeks.

6 Elections 2022

Election Committee

As already stated, a new Election Committee has to be created. The Representatives to the BoT from Europe, Nanziba and Latin America³ have to find new members for the Election Committee. JA will follow up and support the new Election Committee in their first election period.

Candidates

- Candidates from Europe: PM, VH and YH are up to being re-elected (if wanted) in 12/2022. They can run for their 2nd term in the BoT.
- Candidates from Nanziba: JA & PA are up to being re-elected (if wanted) in 12/2022. They can run for their 2nd term in the BoT.
- Candidates from Latin America: LC is up to being re-elected (if wanted) in 12/2022. She can run for her 2nd term in the BoT. JP will finish his 2nd term in the BoT in 03/2023.
- Candidates from the International Faculty: DG will finish her 2nd term in the BoT in 03/023.

The BoT invites all CBTs (certified for 5 years) and the Members of the International Faculty of each region to consider the possibility of being candidates!

³ Update from July 4, 2022: The Representatives to the BoT from Latin America proposes Guilherme Bonfim Pacheco as member of the Election Committee.

7 PDW

It is getting complicated and/or even impossible to celebrate a PDW in 2022.

The PDW Committee is evaluating the option of combining a PDW (only track 3 | for those on her/his way to International Faculty member) with the SCBC Conference (conference which is organized by the Southern California Institute for Bioenergetic Analysis annually) in February 2023. JA will follow up with the PDW Committee and report back.

8 26th IIBA International Conference

The Organizing and Scientific Committee have started to look into the 26th IIBA International Conference, scheduled for August 2023:

- The Organizing Committee is looking for a venue around Vitória, Espírito Santo (Brazil).
- The Scientific Committee is thinking about external key-note speakers, like Sidarta Ribeiro, a famous neuroscientist in Brazil.

Unfortunately, EABP (European Association for Body Psychotherapy) announced on June 20, 2022, that they are going to celebrate the EABP Congress Sofia (Bulgaria) in September 2023. That overlapping of events might reduce drastically the participation from the European members.

The BoT will have to discuss what to do in the next BoT meeting (pending to be scheduled).

9 **Appendix A**

EVIDENCE MAP OF CLINICAL EFFECTIVENESS OF BIOENERGETIC ANALYSIS

BRAZILIAN ACADEMIC CONSORTIUM FOR
INTEGRATIVE HEALTH - CABSIN

Partnership

VIRTUAL HEALTH LIBRARY - VHL TCIM- BIREME/PAHOS/WHO

INTERNATIONAL INSTITUTE FOR BIOENERGETIC ANALYSIS - IIBA

Project Coordination:

General Coordination: (to be confirmed).

National coordination of Evidence Maps: Mariana Cabral Schweitzer, Carmen Verônica Abdalla, Caio Portella and Ricardo Ghelman

Brazilian bioenergetics researchers - Alexandre Franca Barreto (Universidade Federal do Vale do São Francisco; Libertas – IIBA); Maria Verônica Araújo De Santa Cruz Oliveira (Universidade Federal do Pernambuco; Libertas – IIBA); Clarissa Resende Batistela (SOBAB); Priscilla de Castro Campos Leitner (IPCAC-IASBP)

Collaborating IIBA members of:
to be defined by IIBA

Introduction and Justification

Bioenergetic Analysis can be understood as a theory of technique in the field of Health with applications in psychotherapy and in the field of prevention and health promotion, which includes body work, because it understands that mind and body are one.

Bioenergetic Analysis began to be developed in 1953 by Alexander Lowen in collaboration with Doctor John Pierrakos. His studies address fundamentally innovations in clinical practice through an understanding of the subject's personality in bodily and energetic terms, without relinquishing an analytical psychodynamic understanding (LOWEN, 2015).¹ Attentive to body language, Lowen builds a complex character typology involving body traits and existential dispositions that guide the understanding of the psychotherapist to guide his clinical conduct.

In the late 1950s, the International Institute for Bioenergetic Analysis (IIBA) was founded, an organization that contributed in spreading Lowen's work and in training people with an interest in the author's work. Since then, Bioenergetic Analysis has expanded throughout the world. Bioenergetic Analysis is present in the Americas, Europe, Asia and Oceania.

In Brazil, in the year 2018, Bioenergetic Analysis was included by the Ministry of Health, in the National Policy of Integrative and Complementary Practices (NPICP), for insertion of the practice in public health. This policy aims to expand the access of different modalities of care that are based on an integral vision of health and currently considers 29 different therapeutic resources for the population. Among them are also present Traditional Chinese Medicine, Herbal Medicine, Homeopathy and Anthroposophic Medicine, incorporated since the beginning of the NPICP 15 years ago.

The main outlet for the dissemination of technical scientific production in the area is through The Clinical Journal of the International Institute for Bioenergetic Analysis, which has been published annually since 1985.

It is worth noting that a significant part of this technical production on Bioenergetic Analysis is theoretical or narrative with a phenomenological approach. Case reports, clinical illustrations or case studies based on the practice of body psychotherapy are very frequent; however, many of these studies have little reflection on methodological depth.

There are few studies in the field that adopt clinical research protocols from an Evidence-Based Health perspective, such as randomized clinical trials.

Bioenergetic Analysis produces mostly "gray literature", which makes it difficult to access, reduces its reliability, and limits the extent of its use by both the broader

¹ LOWEN, A. O que é Análise Bioenergética. In: CLAUER, V.H. (Org.). *Múltiplos saberes em psicologia corporal*. Libertas: Recife, 2015.

society involving health professionals, governments, and the general population who increasingly seek information and knowledge about treatment methods for their health problems.

As an implementation strategy for evidence-informed Integrative and Complementary Health Practices (ICPs), allowing the incorporation and funding of actions by state and municipal managers, CABSIN has, since 2019, in partnership with the PAHO Center for Health Information in Latin America and the Caribbean (BIREME), been developing Evidence Maps of Clinical Effectiveness based on the highest level of evidence studies such as systematic reviews, meta-analyses and eventually primary clinical trials.

The Map of Evidence project aims to systematize the scientific productions in the field of Bioenergetic Analysis and allows developing a critical and in-depth look at the body of work in terms of publications and pointing out gaps that should be filled in the future through new research projects globally.

Methodology

The evidence maps will be produced based on the 3IE²² review methodology.

SYNTHESIS OF METHODOLOGICAL STEPS - EVIDENCE MAP:

Macroactivity 1 - Bibliographic search

- A. Identification and selection of the sources (databases and journals) that will be consulted;
- B. Pre-search to determine the volume and general characteristics of the production in the Bioenergetics area.
- C. Elaboration of (electronic) search expressions/keywords for Bioenergetic Analysis according to the selected databases;
- D. Manual search and/or indication of reviews in Bioenergetic Analysis not identified in the electronic search;
- E. Metadata of the bibliographic records retrieved in the bibliographic search (electronic and manual) exportation;
- F. Metadata of bibliographic records importation into a bibliographic reference manager (for example, Mendeley); and
- G. Documentation with the detailed description of all the bibliographic searches performed.

Note: The type of search to be included in the mapping will be decided according to the results of the pre-search. The pre-search will determine the size of the universe of materials to be mapped and the best available evidence for the map.

Macroactivity 2 - Evidence analysis

- H. Analysis of the evidence identified in the search to confirm the fulfillment of the review studies' inclusion criteria;
- I. Classification of the selected evidence by type of review; and
- J. Evaluation and classification of the studies by themes or health problems.

Macroactivity 3 - Categorization of Studies

- K. Definition of the categories that will be applied for the distribution of the selected review studies (for example: clinical application, outcomes, etc.);

²² WADDINGTON, Hugh et al. How to do a good systematic review of effects in international development: a tool kit. *Journal of development effectiveness*, v. 4, n. 3, p. 359-387, 2012.

- L. Analysis of the studies from the full texts to apply the defined categorization; and
- M. Review, adjustments and tabulation of the applied categorization.

Macroactivity 4 - Analysis of Infometrics

- N. Definition of the indicators that will be generated for the infometrics analysis;
- O. Execution the extraction, transformation and loading processes of the metadata of the selected studies;
- P. Development of the infometrics data visualization to support the analysis of the defined indicators; and
- Q. Integration of the infometric data visualizations into maps and/or Evidence Graphs.

Macro Activity 5 - Evidence Maps

- R. Identification of the main contents (what one "wants" to highlight) to compose the Maps and/or Graphs;
- S. Creation of the graphic design elements of the Maps and/or Charts; and
- T. Inclusion of the contents in the Maps and/or Charts with links to the bibliographic records from the corresponding databases; and
- U. Publication of the Maps and/or Graphs in the VHL MTCI Americas and other selected Portals.

Macro Activity 6 - Evidence Gaps and Redundancy

- V. Definition of analysis criteria for the review studies identified and selected for Bioenergetic Analysis;
- W. Quantitative analysis of the identified and selected review studies applying the defined criteria;
- X. Preparation of reports elucidating the evidence gaps and redundancy for the Bioenergetic Analysis;
- Y. Publication of the reports.

Databases and search strategies

Searches will be carried out through the indexed databases PubMed, LILACS - Latin American and Caribbean Literature on Health Sciences Information (via VHL), HSE - Health Systems Evidence, Epistemonikos and Embase. The search strategies used will be developed based on the combination of keywords structured from the PICOS

acronym, using MeSH terms in PubMed (and its Entry Terms) and DeCS in LILACS, adapting them to HSE, Epistemonikos, Embase and MOSAICO databases.

Budget

01 EVIDENCE MAPS			
	QUANTITY	VALUE	DETAILS
COORDINATION	3	15 .000,00	Hiring of 3 experienced researchers to coordinate the workflow of the production team for each evidence map. Preparation of the final report/Evidence Synthesis.
RESEARCHERS	5	35.000,00	Hiring of researchers for the production of evidence maps. The distribution should be according to the number of studies in the literature search. Preparation of the final report/Evidence Synthesis.
Editor	1	1.500,00	Layout Formatting
Translator	1	2.500,00	Translation
CABSIN	-	9.000,00	Taxes and administrative processes (15%)
TOTAL:	63.000,00		
PROCESSING	CABSIN in partnership with PARCERIA BIREME		

General Schedule

Delivery	Methodology	Month 1	Month 2	Month 3	Month 4	Month 5	Month 6	Month 7	Month 8
Signed Terms of Reference	Acceptance of terms of reference, deadlines and researchers' remuneration	X							
Macroactivity 1 - Bibliographic search		X	X						
Macroactivity 2 - Evidence analysis			X	X	X	X			
Macroactivity 3 - Categorization of Studies				X	X	X			
Macroactivity 4 - Analysis of Infometrics						X			
Macroactivity 5 - Evidence Maps							X		
Macroactivity 6 - Final report development. Evidence Gaps and Redundancy.							X	X	
Proofreading, Layout Formatting, and Translation of the final report								X	X

Expected start date: June 13
Expected finish date: February 13

