



**VIRTUAL SOCIETY DIRECTORS
& PRESIDENTS MEETING**

**4TH VIRTUAL SOCIETY
DIRECTORS & PRESIDENTS
MEETING
(MAY 6, 2022)**

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WELCOME

Léia Maria de Mora Cardenuto (President) opens the 4th virtual society directors and presidents meeting.

It is great to see some familiar faces and meet new people at our virtual gatherings! Thanks to everyone who was able to make it out to see us and we'll be seeing you again at the next one!

ANITA J. MADDEN



The IIBA sadly announces the death of our long-time member, colleague, Anita J. Madden (from the New York Society for Bioenergetic Analysis).

Especially 20 years ago, Anita was very important for the IIBA. In 2001, when the IIBA offices in New York collapsed, it was Anita who took what was left from the New Yorker IIBA office into her own hands and set up a new temporal secretarial office (while the BoT 2002 worked on a new IIBA structure).

The IIBA is much indebted to her for this generous act!

ELECTION COMMITTEE

Janet Pinneau (Vice-president of the IIBA and former Chair of the Election Committee) wants to ask for help to identify members who are willing to get appointed as member / chair of the new Election Committee.

*The Election Committee is a place where members can start to get involved
in our global community.*

*It is an opportunity to grow and to start to take your active turn at the wheel
and be accountable for the welfare of the IIBA.*

Please put yourself or others from your local societies forward as members / chair of the new Election Committee. For more information, please contact Janet Pinneau and/or our Back-Office:

- Janet Pinneau: janet.pinneau@att.net
- IIBA Back-Office: info@bioenergeticanalysis.com

The former Election Committee has finished its term. It is now time for creating a new Election Committee.

Attention: Next BoT elections will take place in the end of 2022. Hence, a new chair and members of the Election Committee (1 member from Europe, 1 member from Nanziba and 1 member from Latin America) will need to be in place prior to August 2022.

The Election Committee organizes and helps supervise election along the way:

- Schedule elections.
- Inform membership about the mandates which have to be filled in and around the nomination process of candidates who will be selected in the elections.
- Invite all eligible members to consider the possibility of being candidates in the elections.
- Review the information provided by the nominees to make sure the candidates meet the requirements of office.
- Make sure that there is a candidate for each available position.
- Invite eligible voters to participate in the voting.
- Send relevant biographical information, together with the list of nominees to the membership.
- Deliver the result of the election.

The Chair and the members of the Election Committee should commit to remain in office for 3 election cycles. The new Election Committee will receive support by Janet Pinneau and from the IIBA Back-Office in the upcoming election (2022).

HUMANITARIAN COMMITTEE



In the BoT meeting in March 2022, Jayme Panerai suggested to start the new Humanitarian Committee.

The purpose of the Humanitarian Committee is to support vulnerable people, refugees, homeless people, victims of violence and natural disasters to help them to embrace life and to show them the path to self-acceptance and connection between body and mind by offering brief sessions that create sense of belonging and grounding.

The goal of the Humanitarian Committee will focus on offering emotional support (not psychotherapy sessions).

The Humanitarian Committee will work on a concept of emotional support for refugees based during the next couple of months. The idea is to create a course working out this subject under the umbrella of Bioenergetic Analysis. This course will be available to all affiliated societies and/or active members and trainees of the IIBA.



Do you have any comments, experience or suggestions?

Please get in contact with our newly created Humanitarian Committee. The Humanitarian Committee is open to welcome more volunteers!

Contacts:

- Jayme Panerai: jaymelibertas@gmail.com (Chair)
- Manuela Tremante manuelatremante@tiscali.it (Member from Europe)
- Paola Alessio: paolallessio@gmail.com (Member from Nanziba)

NEWS FROM THE TEACHING COMMITTEE



The Teaching Committee is currently planning a series of 6 webinars (in Fall 2022). The first webinar is scheduled for September 27, 2022. **Safe the day!**

The 6 webinars will focus on Bioenergetic Basics: starting with an introduction talking about bioenergetic basics and followed by the most relevant character structures, which offers more room to integrate our approach of Bioenergetic Analysis to others, like relationality, attachment, neuroscience and trauma.

- Webinar 1 | Introduction | Bioenergetic basics by Guy Tonella
- Webinar 2 | Schizoid Character by Louise Fréchette
- Webinar 3 | Oral Character by Vincentia Schroeter
- Webinar 4 | Rigid Character by Liane Zink
- Webinar 5 | Psychopathic Character by Thomas Heinrich
- Webinar 6 | Masochistic Character by Rebeca Lea Berger

While simultaneous interpretation service is cost-intensive, the Teaching Committee will try its best to translate the webinars in different languages. The budget allocated still has to be adjusted and / or more economic ways of translations have to be contracted (like subtitles).

Please contact our Teaching Committee if you can help out with translations. Contacts:

- Patrizia Moselli: patriziamoselli1957@gmail.com (Chair)
- Jörg Clauer: joerg.clauer@osnanet.de (Member from Europe)
- Maria Rosaria Filoni: mariarosaria.filoni@fastwebnet.it (Member from Europe)
- Garry Cockburn: garrycockburn001@gmail.com (Member from Nanziba)
- Rick Spletter: spletter@heartmatters.net (Member from Nanziba)
- Miriam Mantau: mantaumiriam14@gmail.com (Member from Latin America)
- Eulina Ribeiro: lainacr41@gmail.com (Member from Latin America)

Did you know? Laurie Ure, Vincentia Schroeter and Robert Coffmann (members from Nanziba) will offer a training (primary focus of the course will be to teach people an introduction to bioenergetic concepts) through the Academy of Therapy Wisdom (<https://therapywisdom.com>).

The course through the Academy will include:

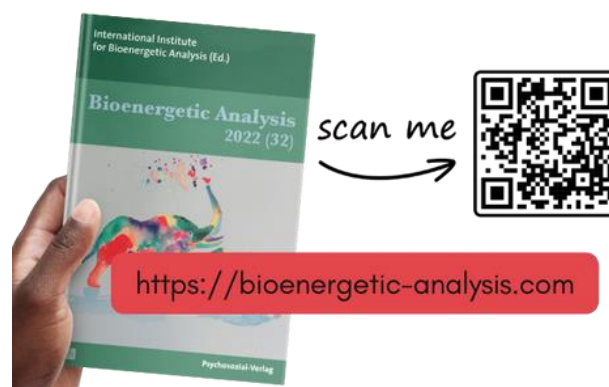
- 5 - 6 hours of high-quality video teaching modules.
- 5 live teaching sessions.
- 3 - 4 “bonus tracks” done by other presenters.

This project receives financial support from the IIBA. For more information, please read our [minutes of the BoT meeting from March 2022](#).

NEWS FROM THE EDITORIAL TEAM OF THE CLINICAL JOURNAL

Maria Rosaria Filoni, on behalf of the Editorial Team of the Clinical Journal, is really excited to announce that everybody can now enjoy our [e-library](#) free of charge anytime, anywhere, from any PC or online device.

Our e-library allows us to spread the knowledge of Bioenergetic Analysis throughout the world and all its articles can be integrated into professional and scientific databases (through “DOI”).



Submit your article for the next Clinical Journal: For submission, please email your article to the Chief Editor. For the next edition this is Maê Nascimento - maenascimento@terra.com.br (More information, please [click here ...](#))

Get involved as Reviewer! The Editorial Board is also looking for more reviewers who can help with evaluating articles sent in. If you want to get involved as an evaluator for our Clinical Journal, please get in contact with our Editorial Board:

- Maê Nascimento: maenascimento@terra.com.br (Chief Editor)
- Léia Maria de Mora Cardenuto: leiacardenuto52@gmail.com
- Garry Cockburn: garrycockburn001@gmail.com
- Maria Rosaria Filoni: mariarosaria.filoni@fastwebnet.it

The Editorial Team is currently studying the option to get listed / included in Scopus.

What is Scopus? Scopus is the largest abstract and citation database of peer-reviewed literature: scientific journals, books and conference proceedings. Delivering a comprehensive overview of the world's research output in the fields of science, technology, medicine, social sciences, and arts and humanities, Scopus features smart tools to track, analyse and visualize research.

Did you know? Flaab (the federation of bioenergetic societies of Latin America) in collaboration with Libertas Editora, has also started an e-library: <https://psicorporal.emnuvens.com.br/rlapc/>

NEWS FROM THE RESEARCH COMMITTEE

Alexandre Franco Barreto and Ann L-K Coleman give a short overview about the revamped Research Committee:

Alexandre Franco Barreto, Ann L-K Coleman, Livia Agresti, Sara Invitto and Rosaria Filoni (with support from Léia Maria de Mora Cardenuto, Vita Heinrich-Clauer and Margit Lutz-Koemeda) started a “new” Research Committee in July 2021.

The Research Committee will focus on as following (in 2022 & 2023):

- 1) Inventory & map of evidence: The CABSIN (Brazilian Academic Consortium for Integrative Health) an institution specialized in Evidence Map research will prepare and present the research proposal with a detailed execution schedule.
- 2) Theoretical survey on embedded memory of Bioenergetic Analysis: Sara Invitto (Inspire Lab / University of Salento) will prepare and present the research proposal with a detailed execution schedule.

- 3) Start of promoting production and scientific culture by incentive scheme: The Research Committee will formulate an open call for research proposals for the IIBA community interested in submitting proposals.

After getting started with the actions named above, the Research Committee wants to focus on: Multicenter Clinical Trial and creation of a database for future studies of Bioenergetic Analysis.

INSTITUTIONAL MEMBERSHIPS OF THE IIBA

We know that we have to open the door to listen, to learn from others but also to inform others about us.

This year, the IIBA has joined the USABP (United States Association for Body Psychotherapy).

We are in process of getting accredited as Training Institute by the EABP (European Association for Body Psychotherapy). We hope to receive a positive answer before July 2022.



About the USABP: The USABP is a professional organization dedicated to advancing somatic psychology (theory) and somatic/body psychotherapy (practice) in North America.

They represent major modalities of the field, including but not limited to Core Energetics, Bodydynamics, Rubenfeld Synergy, Gestalt, Hakomi, Somatic Experiencing, Integrative Somatics and Bioenergetic Analysis.

About the EABP: EABP is a European-wide accrediting association for body psychotherapy.

NEWS FROM THE PDW

During the recent pandemic, the IIBA has had to cancel the PDW 3 times. Now, that things are “easing” up and people are getting more interested in travelling again, it might possible to organize the PDW in October 2022.

The PDW Committee is meeting in the week of May 9. The PDW Committee will discuss the ideas and feedbacks received during this meeting:

- The PDW is very important in the path to become International Faculty Member. The PDW is also an amazing experience and is an important opportunity for continuous education, supervising, developing and redefining someone's skills. The PDW should take place as soon as possible.
- "Creative solutions" should be considered in pandemic times, like assessment in regional conferences / involvements as teacher in training groups might be an option to be considered when candidates to the International Faculty have to be evaluated.
- If international travelling is not an option, regional PDWs could be set up.
- Planning a PDW and travelling to the PDW ahead of time is tricky in pandemic times. A suitable Coronavirus refund policy is fundamental.

NEWS FROM THE ORGANIZING & SCIENTIFIC COMMITTEE

The Organizing and Scientific Committee from the virtual conference will also organize the in-person conference in August 2023: **26th IIBA International Conference**



More information: Coming soon! Stay tuned!

NEWS ABOUT THE MEMBERSHIP DUES (DUES 2023)

We just want to keep you updated about the decision of maintaining the Covid-19 discount (for active members) for 2023. The official call for membership dues will go out in July 2022. Our IIBA Back-Office will keep you, as society leaderships, and our Members at Large informed.

Nevertheless, please note that we have adjusted the dues for “Retired CBT”.

We received your feedback that the dues for retired members were too high taking into account that many therapists are self-employed during their whole life and in most cases the retirement pension is just basic.

Please spread the word to your local retired membership and try to engage with them again: The retired membership with the IIBA is just 25 EUR!

| # | Category | EUR | | | USD | | |
|---|-------------------------|-------------------|-----------------------|---------------|-------------------|-----------------------|---------------|
| | | Standard Dues EUR | Covid-19 Discount EUR | Dues 2023 EUR | Standard Dues USD | Covid-19 Discount USD | Dues 2023 USD |
| 1 | Trainee | 65 € | -26 € | 39 € | \$ 85 | \$ -34 | \$ 51 |
| 2 | CBT | 110 € | -44 € | 66 € | \$ 145 | \$ -58 | \$ 87 |
| 3 | Retired Member | 41 € | -16 € | 25 € | \$ 53 | \$ -21 | \$ 32 |
| 4 | Local Faculty Member | 150 € | -60 € | 90 € | \$ 195 | \$ -78 | \$ 117 |
| 5 | Intern. Faculty Member | 265 € | -106 € | 159 € | \$ 345 | \$ -138 | \$ 207 |
| 6 | Emeritus Faculty Member | 185 € | -74 € | 111 € | \$ 240 | \$ -96 | \$ 144 |
| 7 | Associate Member | 90 € | -36 € | 54 € | \$ 120 | \$ -48 | \$ 72 |

Reduced!

DON'T FORGET!



Please don't forget to apply for the IIBA Project Fund 2022. Our IIBA Back-Office sent further details about the Project Fund 2022 on April 6, 2022. For more information, please click [here](#) ...

Deadline for receiving the applications is May 31, 2022.

Did you know? Last year, the IIBA funded 17 projects! From translations of articles related to Bioenergetic Analysis to local scholarships and Bioenergetic Movement Groups in city parks open to the general public for free.

Read more about the projects and other relevant topics in our minutes of the [BoT meetings](#).

CONTACT US!

We try to ensure all our information is easy to understand, but we realise sometimes things can still be unclear. If you're having questions, please feel free to contact us.

Please note:

- We have a **new** e-mail address: info@bioenergeticanalysis.com. Download here our contact details by clicking here: [vCard](#).
- You can reach us by Whatsapp (scan the QR code or click here: [Whatsapp](#)).



THANK YOU!

“Our duty is to conserve what Alexander Lowen taught us, to teach it to others, but also to critically examine it and to develop it further.

For that task, we need you! We need you as “local IIBA hubs” engaging with people with widely varying biographies and talents.

There is room for everybody, for those with differing ideas and also various cultural roots as long as we all share and treasure the interest in our inheritance and the experience we drew from it, and as long as we are ready in the spirit of acceptance to move together.”

(Hugo Steinmann, 2002)

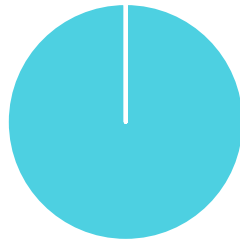
Your act of communication, even when critical, is supportive to us, because it represents the energy of commitment, of engagement, and of mutuality.

Thank you for your collaboration, thank you for being the IIBA!

RESULTS OF THE SURVEY

Was this meeting helpful?

10 valid answers received.

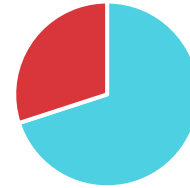


■ 🗳️ Yes!

I'm happy with the information

presented in today's virtual meeting.

10 valid answers received.



■ ✓❤️ Strongly agree. ■ ✓ Agree.

Would you like to give some suggestions/advice or other feedback on how these meetings could be improved in the future?

- “I appreciate the close attention to time, the softness and kindness to listen to the divergent opinions, and your welcoming (Leia but everyone) approach. Also I think it is very helpful to have BOT members identifying themselves, as they did. The BOT is clearly active and involved.”
- “Yes: I suggest we, the societies directors, have a time to express some questions and concerns. The information was only one way! this means we have to have a longer time for some exchanges”
- “Next time let´s give more time to the societies and their issues!”
- “I`m too new to say something to this point.”
- “Meet more often to talk to each other.”
- “No, I think that It was ok.”

What was your favorite moment of the event?

“I enjoyed the Satie at the opening. Getting zoom to use your computer audio isn't too hard and can enhance the sound quality. I liked very much hearing where people are from, and seeing some people I have never met before. Thank you for holding these online meetings. They make the BOT seem more real and meaningful.”

- “My favorite moment of the event was the beginning, when Léia guided us to this small exercise, to feel the connection between us. This I could feel good, and this made for me the difference. Thank you for that Léia. The way you led this meeting was although an Inspiration for me. Thanks.”
- “I have enjoyed listening the interventions from all the colleagues, and especially the moment at the beginning with Leia, when we have done a little exercise. Thank Leia!”

- “The beginning with music and body-movement and further the communication and contact via zoom, that makes a feeling of community.”
- “Welcoming moment with the music and funduje connection also I liked good passing and leadership of Leia.”
- “To see all people face to face in the beginning; Léia ´s integrative style.”
- “In the beginning - being together, with music and hand movements.”
- “Being part of the larger Bio community.”
- “All moments of the meeting.”
- “No one, all was good.”

ANNEX



