

# ouder selle in selle liscovery



### **Booklet for the first IIBA Virtual Gathering**

IIBA Society Directors & Presidents October 30, 2020

http://bioenergetic-therapy.com

# BOOKLET

WHAT'S INSIDE









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# **ABOUT US**

The Institute for Bioenergetic Analysis (IBA) was founded in 1956, in New York City, USA, by Alexander Lowen and two other students of Reich, John Pierrakos and William Walling.

In 1976, facing the international expansion of Bioenergetic Analysis and a growing demand in psychotherapist's trainings, Alexander Lowen turned the IBA into the International Institute for Bioenergetic Analysis (IIBA). Since 1996, we are a global professional non-profit organization dedicated to the support and encouragement of our members in their work as Bioenergetic Therapists.

Since 2011, the IIBA has been registered in the Register of Associations of the Government of Catalonia (Spain).



# **STRATEGY, VISION & MISSION**



Through that work Bioenergetic Analysis develops and grows.

# VISION

The support the IIBA provides its members enables them to develop their capacities as Bioenergetic Therapists fully with the aim of understanding the causes of, and the alleviation of human suffering.

The success of this mission depends on our ability to be grounded in reality, to encourage and nurture open discussion and communication, and to examine and evaluate our beliefs and their manifestation in how we conduct ourselves as people, as therapists, and as members of the organization.



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# MISSON

The mission of the IIBA is to plan and execute activities which support and encourage the development of its members as Bioenergetic Therapists, and the development and growth of Bioenergetic Analysis. More details ...



# WHERE WE ARE ....







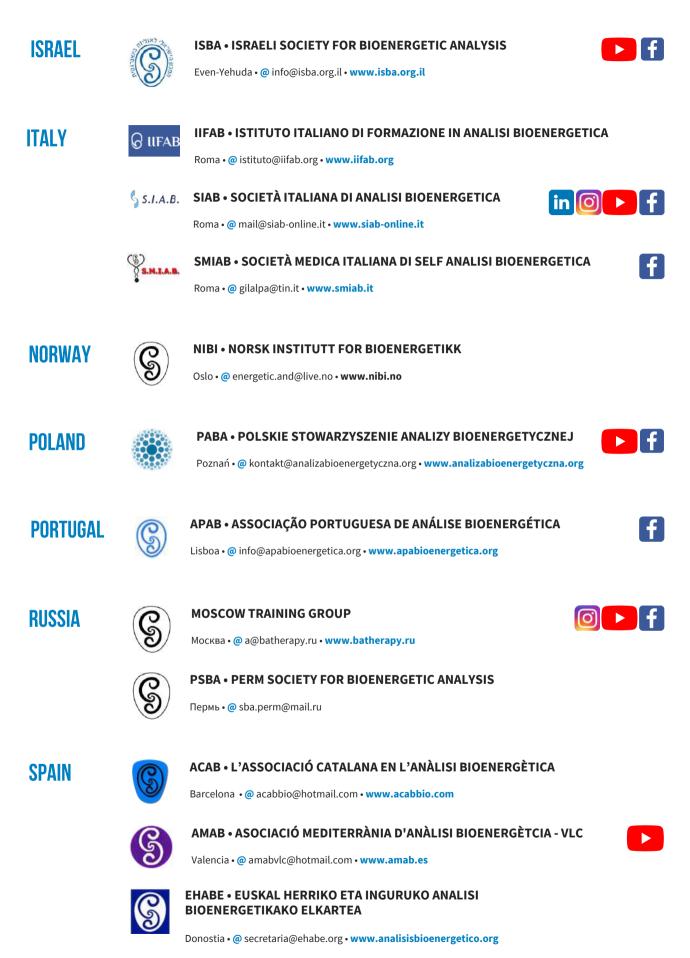
# EUROPE

### + 660 members // 24 affiliated societies // 1 federation

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### **EUROPEAN FEDERATION**







AABM • ASOCIACIÓN DE ANÁLISIS BIOENERGÉTICO DE MADRID



Madrid • @ secretary@aabm.com.es • www.aabm.com.es

SOMAB SOMAB • ASOCIACIÓN MADRILEÑA DE ANÁLISIS BIOENERGÉTICO

Madrid • @ info@somab.net



### SGBAT • SCHWEIZERISCHE GESELLSCHAFT FÜR BIOENERGETISCHE ANALYSE UND THERAPIE

Burgdorf • @ sekretariat@sgbat.ch • www.sgbat.ch







# NANZIBA

+ 210 members // 14 affiliated societies // 1 federation

### NORTH AMERICA & NEW ZEALAND FEDERATION

NANZIBA • NORTH AMERICA & NEW ZEALAND INSTITUTES FOR BIOENERGETIC ANALYSIS www.nanziba.com **ACSBA • ATLANTIC CANADA SOCIETY FOR BIOENERGETIC ANALYSIS** CANADA Charlottetown • @ jessie.debaie@ns.sympatico.ca • www.bioenergetictherapy.ca **CCSBA • CENTRAL CANADA SOCIETY FOR BIOENERGETIC ANALYSIS** Toronto • @ info@centralcanadabioenergetics.com • www.centralcanadabioenergetics.com SOQAB • SOCIÉTÉ QUÉBÉCOISE D'ANALYSE BIOENERGÉTIQUE Montréal • @ soqab@videotron.ca • www.soqab.ca **SOSBA • SOUTHERN ONTARIO SOCIETY FOR BIOENERGETIC ANALYSIS** Waterloo • @ amunroe@golden.net WCIBA • WESTERN CANADA INSTITUTE FOR BIOENERGETIC ANALYSIS Victoria • @ marionj.ellis@shaw.com NEW NZSBA • THE NEW ZEALAND SOCIETY FOR BIOENERGETIC ANALYSIS **ZEALAND** Wellington • @ garrycockburn001@gmail.com • www.bioenergetics.org.nz

**USA** 



**ASBA • AUSTIN SOCIETY FOR BIOENERGETIC ANALYSIS** 

Austin • @ bdavis512@me.com







**MSBA • MASSACHUSETTS SOCIETY FOR BIOENERGETIC ANALYSIS** Massachusetts • @ info@massbioenergetics.org • www.massbioenergetics.org





NYSBA • NEW YORK SOCIETY FOR BIOENERGETIC ANALYSIS

in 🞯 f

New York • @ docsbpsych@aol.com • www.bioenergetics-nyc.org

	S	A



SCIBA • SOUTHERN CALIFORNIA INSTITUTE FOR BIOENERGETIC ANALYSIS



San Diego • @ scibainfo@bioenergetics-sciba.com • www.sciba.org



CHINA TRAINING GROUP

北京 (Beijing) • @ 4697121@qq.com







# LATIN AMERICA

+ 450 members // 9 affiliated societies // 1 federation

### LATIN AMERICA FEDERATION

FLAAB • FEDERAÇÃO LATINO AMERICANA DE ANÁLISE BIOENERGÉTICA www.analisebioenergetica.com **o** f IAAB • INSTITUTO ARGENTINO DE ANÁLISIS BIOENERGÉTICO **ARGENTINA** Buenos Aires • @ info@bioenergetica.org.ar • www.bioenergetica.org.ar INSTITUTO BRAZIL LUMEN • INSTITUTO NEO-REICHIANO LUMEN RIBEIRÃO PRETO - $[\mathbf{O}]$ LUMEN Ribeirão Preto • @ ribeirao@institutolumen.com.br • www.institutolumen.com.br **IABSP • INSTITUTO DE ANÁLISE BIOENERGÉTICA DE SÃO** f PAULO São Paulo • @ iabsp@bioenergetica.com.br • www.bioenergetica.com.br IASE • INSTITUTO ÂNIMA DE SAÚDE E EDUCAÇÃO **o** f Goiânia • @ institutoanima@hotmail.com LIBERTAS • ASSOCIAÇÃO DE ANÁLISE **>** f V 0 **BIOENERGÉTICA DO NORDESTE** Recife, Salvador, Petrolina, Natal • @ libertas@libertas.com.br • www.libertas.com.br LIGARE • INSTITUTO DE PSICOTERAPIA CORPORAL E eighte **DESENVOLVIMENTO HUMANO** Americana • @ ligare@ligare.psc.br • www.ligare.psc.br SABERJ • SABERJ SOCIEDADE DE ANÁLISE BIOENERGÉTICA DO **o** f **RIO DE JANEIRO** Humaitá • @ saberj.rj@gmail.com • www.saberj.com.br **SOBAB • SOCIEDADE BRASILEIRA DE ANALISE BIOENERGETICA** São Paulo • @ sobab@uol.com.br • www.analisebioenergetica.com.br



VIBRARE • INSTITUTO DE ANÁLISE BIOENERGÉTICA DO CENTRO OESTE DO BRASIL

Brasília • @ institutovibrare@gmail.com • www.institutovibrare.com

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### COLOMBIA TRAINING GROUP



Bogotá D.C. • @ nicolas.hurtado@esklando.com • www.perspektivas.com













### BOOKLET IIBA

# BOT



The **BoT** is committed to growing a method of organizational self-governance.

- An organization in which members can maintain a healthy allegiance to a bioenergetic center that holds the interests of members around the world, and also participate in local autonomous organizations.
- This is what members have asked for, and the BoT has tried to model this way of relating to each other organizationally, with respect for the affiliated societies and federations, with an awareness of the interests of those members who have no local or regional affiliation, and with a guiding commitment to the interests and welfare of all the members.
- This part of the organizational mission is advanced by the IIBA acting to coordinate the activities of bioenergetic groups worldwide.
- This includes developing means of communication between affiliated societies, regional groups, and between members that enhance information and knowledge sharing, and thereby enhance members' competence.

# E C



The **EC** is to execute the policies of the IIBA.

The **EC** shall manage the current business of the organization in accordance with the Mission Statement and Goals of the organization as defined by the BoT.

These include, among other things, making decisions on:

- current business,
- appointing Chairs of Committees and Working Groups and appointing coordinators for specific tasks,
- keeping in contact with the IIBA International Faculty and overseeing teaching activities,
- presenting a yearly budget and yearly report on the financial situation of the IIBA to the membership; overseeing the organization of the International Conference,
- and officially representing the IIBA outside the organization.





### EC



Maria Cristina Piauhy Silva Mendes (President) Janet Pinneau (Vice President) Vita Heinrich-Clauer (Treasurer)



**BoT Representative - Int. Faculty** Diana Guest







**BoT Representatives - Europe** Vita Heinrich-Clauer Josette Van Luytelaar Yael Harel Patrizia Moselli





**BoT Representative - Nanziba** Michael Brennan Janet Pinneau Paola Alessio





**BoT Representatives - Latin America** Maria Cristina Piauhy Silva Mendes Léia Maria De Mora Cardenuto Jayme Panerai Alves

Finances

### BOOKLET IIBA

# BOT & EC *Did you know?* ... all documents related to the BoT and EC meetings can be found in <u>my TTBA</u>. <u>By Laws</u> <u>Strategic Plan</u>



Participate!

Meeting Minutes

### Leadership is a responsibility incumbent on us all.

We must each take our turn at the wheel and be accountable for the welfare of the IIBA and its care of members.

We have to shoulder the work of moving us forward.

In order to make the IIBA work, it requires we all put ourselves forward as candidates for leadership, and it requires that we all make a good faith effort to own and be responsible for the power and authority we each have as members of the group.

There are many ways that you can contribute to IIBA activities. Our volunteer opportunities compass a wide range of interests, skills and goals, so find the opportunity that's right for you.

Ready to volunteer?

Please send an e-mail to: iiba.spain@bioenergeticanalysis.com



### From Europe

- Anat Gihon
- Anja Van Der Schrieck-Junker
- Guy Tonella
- Heiner Steckel
- Jean-Marc Guillerme
- Jörg Clauer
- Konrad Oelmann
- Margit Koemeda-Lutz
- Maryse Doess
- Patrizia Moselli
- Thomas Heinrich
- Violaine De Clerck
- Vita Heinrich-Clauer
- Wera Fauser

# INTERNATIONAL FACULTY

One very significant way in which this mission is advanced is by the IIBA acting on behalf of all members to assure the high quality training offered by the affiliated societies.

This includes formal training leading to certification as a Bioenergetic Therapist, and ongoing, continuing education.

The overall vision of the IIBA is embodied in the highly competent ethical practice of modern Bioenergetic Analysis.

This part of the mission of the IIBA is carried forward especially by the **International Faculty**, a body of highly skilled teachers whose work includes the development of new theory and methods of practice.

- The quality and updating of the content of training programs will be endorsed by the IIBA through the basic Curriculum that shall be continuously revised by the International Faculty and approved by the BOT.
- The affiliated societies guarantee the implementation of this basic content; with the possible adding of specific content due to regional needs.

### From Nanziba

- Danita Hall
- Rick Spletter
- Garet Bedrosian
- Alex Munroe
- Barbara E. Davis
- Leonard A. Carlino
- Susan Kanor
- Louise Fréchette
- Scott Baum
- Helen Resneck-Sannes
- Angela Klopstech
- Robert Coffman
- Diana Guest
- Dialia Guest

### **From Latin America**

- Ana Lúcia Faria
- Grace Wanderley De Barros Correia
- Jayme Panerai Alves
- Eulina Maria De Carvalho Ribeiro
- Myrian De Campos
- Liane Zink
- Odila Weigand
- Rebeca Lea Berger





# FACULTY COMMITTEE

The Faculty Committee services as hub for an efficient and effective communication between International Faculty Members.

The Faculty Committee fosters a sense of community amongst International Faculty Members and they lends support to committees established by the International Faculty and for the tasks that the International Faculty has taken on.

They represents and speaks on behalf of the International Faculty to other IIBA committees.

And last but not least, the Faculty Committee supports the teaching function in the IIBA and plan all International Faculty meetings on the IIBA level.





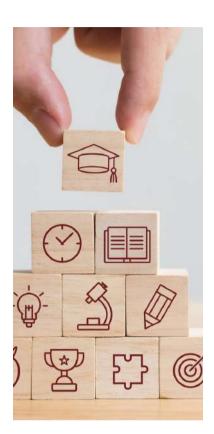






Danita Hall (Chair) **Rick Spletter** Garet Bedrosian Rebeca Lea Berger **Thomas Heinrich** 

# **CURRICULUM WORKING GROUP**



The Curriculum Working Group Is related to the Teaching Committee and the Faculty Committee.

Is in charge of initiating the Curriculum revision by presenting a first draft to the International Faculty and carrying out the integration of International Faculty input.

(After this phase, the group works within the Teaching Committee to present a version including the membership input to the BoT.)

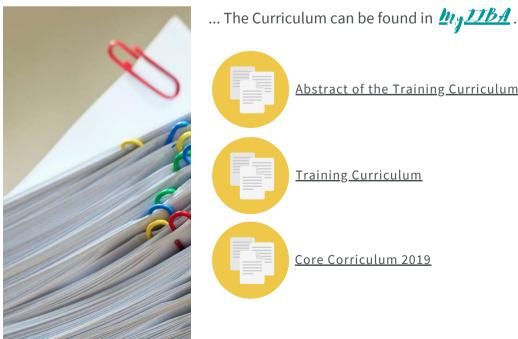


Jörg Clauer Violaine De Clerck Guy Tonella Odila Weigand













# **SELECTION & PDW COMMITTEE**

The **Selection & PDW Committee** Is responsible for the handling of International Faculty applications, process of evaluation, and nomination.

They make recommendations to the EC after completing a review of all materials received for an applicant.

(The final decision will be approved by the EC, on behalf of the BoT.)



Alex Munroe (Chair) Anat Gihon Odila Weigand





... documents from the **Selection & PDW Committee** can be found in  $\underline{M_{12} \underline{TBA}}$ .

Application to become an International Faculty



PDW Organizational Steps (under review)

# PDW COMMITTEE



The PDW Committee plans the biennial PDW workshop and decides on the venue, International Faculty Trainers, program and other logistics.

They follow the policies and procedures of "Organizing a PDW Guidelines".

They also suggest changes to the policies and procedures that enable the SC-PDW Committee to carry out the wishes of the Int. Faculty. (Discussed and approved or modified at an International Faculty meeting.)



Alex Munroe (Chair) Claudia Ucros Miriam Bergamini Mantau

Upcoming



# EMBRACING AGGRESSION: RESPONDING TO VIOLENCE, FEAR AND POLARIZATION

Webinar: November 6 - 8, 2020 In-person: May 21 - May 26, 2021 (Track 1 & 2 fully booked, only 1 spot left in Track 3.)





# **TEACHING COMMITTEE**

The **Teaching Committee (TC)** oversees issues related to teaching and training programs.

They are responsible to recommend policy and procedure to the BoT.

The **TC** also handles the application and nomination for Mature Society status.



Patrizia Moselli (Chair) Jörg Clauer Piero Rolando Rick Spletter Garry Cockburn Miriam Bergamini Mantau Eulina Maria De Carvalho Ribeiro





- 1. Collecting reports about online teaching of Bioenergetic Analysis from Trainers in our different regions.
- 2. Learning of the similarities and differences as applied in practice between our affiliated societies and training groups when becoming CBT, Supervisor and Local Faculty.

Let us know about your experience and give us a helping hand here!

Please send an e-mail to: iiba.spain@bioenergeticanalysis.com

# TEACHING COMMITTEE Did you know? Did you know? In documents from the Teaching Committee can be found in by IIBA. Image: Certification Guidelines Image: Certification Guidelines

<u>Teaching</u>

Committee

<u>(under review)</u>

<u>society & request for</u> <u>Local Faculty to teach</u> <u>50 % of a formal</u> <u>training program</u>

# **RESEARCH COMMITTEE**



The **Research Committee** creates a conductive environment for promotion of research activities.

They ensure smooth functioning and effective management of research activities in the IIBA.



Périsson Dantas Do Nascimento (Chair) Livia Agresti Nanziba member missing: Join us!

# ETHIC CONSULTING GROUP

ETHICS

The IIBA is committed to maintaining high ethical standards in all of its roles and functions.

The role of the  $\ensuremath{\textbf{Ethical Consulting Group}}$  is not for judging or

valuing any ethical cases. The **Ethical Consulting Group** acts as an "Advisory Committee", promotes open dialogue about ethics and assists the local societies with any ethical issue.



Anja Van der Schrieck-Junker (Chair) Yael Harel Paola Alessio Léia Maria de Mora Cardenuto

Did you know?



... the Code of Ethics can be found in  $M_{1}$ 



# **NEWSLETTER EDITOR**



WSlette

Write a short update about things that are happening in your practise and/or local society and get published!

You might also like to write a review / summary about a workshop or seminar you attended this year or a book you read?



Send your submittals to: iiba.spain@bioenergeticanalysis.com.

### **BOOKLET IIBA**

# EDITORIAL BOARD



The **Editorial Board** takes care of our Clinical Journal of the International Institute for Bioenergetic Analysis.









Léia Maria De Mora Cardenuto (Chief Editor) Garry Cockburn Maê Nascimento Maria Rosaria Filoni





For submission of your article(s) please email text, figures and tables to the Chief Editor.

E-mail to: leiacardenuto52@gmail.com







BIOENERGETICS

Upcoming

and gender, love, sex, relationship

An ebook of articles written from personal and professional experiences, as well as case studies and exercises focused on Bioenergetics and Gender, Love, Sex, Relationship.



# SOCIAL MEDIA COMMITTEE

During the BoT meeting on April 4, 2020, the BoT gave the goahead to creating a **Social Media Committee**. They handle the IIBA social media issues.

The **Social Media Committee** on global storytelling that gets the message of Bioenergetic Analysis across (reach our audience).

A first draft of Social Media Principles has been written and it is currently under review.



Dante Moretti (Chair) Alessandro Cataldi Gabriele Putelli Nanziba member missing: **Join us!** 

# **ELECTION COMMITTEE**



The **Election Committee** reviews the information provided by the nominees to make sure the candidates meet the requirements of office.

They sure that there is a candidate for each available position and sends relevant biographical information, together with the list of nominees.





Janet Pinneau (Chair) Christoph Helferich James Elniski Ana Lúcia Faria

# **CONFERENCE COMMITTEES**

... for the 26th IIBA International Conference.



# From Isolation to Connection

The Strength of Bioenergetic Analysis

Virtual October, 16-17, 2021

In-person October 12 – 16, 2022



## **BACK-OFFICE**

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### Admin: Nina Schubert

- Started to work (as freelancer and parttime) for the IIBA in November 2017.
- Office located in Barcelona (Spain).
- Tasks: keep accounts, financial reporting, organize revisions, budget, preparation of events registration, elections back-office, organization of mailings, membership & therapist directory update, helping out with social media related issues, organization of BoT meetings, communication with members and other stakeholders, dues collection, journal distribution and shipment, helping out with Newsletter related issues, ...

### Webmaster: Claude Thovex

- Office located in Toulouse, Midi-Pyrenees (France).
- Tasks: designing, building, managing and monitoring the IIBA website.
- The website is hosted by OVH.
- The IIBA website is registered at OVH España.

# **BIOENERGETICS**

# is an adventure in self-discovery





🗿 @BIOENERGETICANALYSIS 🚺 @BIOENERGETICANALYSIS 🗈 /IIBABIOENERGETICANALYSIS

The International Institute for Bioenergetic Analysis (IIBA) is a non-profit organization dedicated to the spread of Bioenergetic Analysis in the world and to the support and encouragement of its members in their work as Bioenergetic Therapists. The IIBA was founded by Alexander Lowen, M.D.

International Institute for Bioenergetic Analysis Assoc. (IIBA) Registered in the Register of Associations of the Government of Catalonia (Spain): 44520 Spanish Vat-Number: G65432429

http://bioenergetic-therapy.com // @ iiba.spain@bioenergeticanalysis.com // +34 936 007 448