

# **BOT MEETING (ZOOM)**

## **MARCH 18, 19, 20 & 21 2020**

### **MINUTES**

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## Zoom Meeting



BoT Member	March 18, 2020	March 19, 2020	March 20, 2020	March 21, 2020
Cristina Piauhy (CP)	✓	✓	✓	✓
Diana Guest (DG)	✓	✓	✓	✓
Janet Pinneau (JA)	✓	✓	✓	✓
Josette van Luytelaar (JL)	✓	✓ (UTC +1) 05:00 pm	✓	✓
Jayme Panerai (JP)	✓	✓	✓	✓
Léia Maria de M. Cardenuto (LC)	✓	✓	✓	✓
Michael Brennan (MB)	✓	✓	✓	✓
Paola Alessio (PA)	✓	✓	✓	✓
Patrizia Moselli (PM)	✓	✓	✓	✓
Vita Heinrich-Clauer (VH)	✓	✓	✓	✓
Yael Harel (YH)	✓	✓	✓	✓

Nina Schubert (S) (Scribe)



Wednesday, March 18, 2020

California: 07:00 am, New York: 10:00 am, Brazil: 11:00 am, Netherland, Germany and Italy: 03:00 pm, Israel: 04:00 pm – duration: 2 hours



Thursday, March 19, 2020

California: 07:15 am, New York: 10:15 am, Brazil: 11:15 am, Netherland, Germany and Italy: 03:15 pm, Israel: 04:15 pm – duration 3 hours with a 15 minutes break



Friday, March 20, 2020

California: 07:00 am, New York: 10:00 am, Brazil: 11:00 am, Netherland, Germany and Italy: 03:00 pm, Israel: 04:00 pm – duration: 3 hours with 15 minutes break



Saturday, March 21, 2020

California: 07:00 am, New York: 10:00 am, Brazil: 11:00 am, Netherland, Germany and Italy: 03:00 pm, Israel: 04:00 pm – duration: 3 hours with 15 minutes break

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The scheduled in-person BoT meeting (March 18 – 21, 2020) was cancelled due to the pandemic outbreak of Covid-19. The BoT members meet virtually to go through the most important topics.

## 1 Opening of Meeting

### 1.1 Welcome and check-in round

All in virtual attendance.

### 1.2 Setting the timetable, decision making and approval of agenda

The BoT ...

- Decides to give priority to the following topics from the initial agenda: 2 Election of Officers, 3.3 Professional Development Workshop 2020, 3.5 Ethics Consulting Group, 3.6 Election Committee, 4 Financial Topics, 5 26<sup>th</sup> IIBA International Conference 2021, 6 Membership & dues, 7.1 By-Laws, 3.7 Clinical Journal, 8.2 Clinical Journal: Digital Version in the Future, 8.3 Regional structures and local societies and 9 Next Meetings.
- All other topics will be addressed on the next virtual BoT meeting on 04/04/2020.

As in previous BoT meetings, the decision-making process follows the “Gradients of Agreement”. All BoT members received a copy (by e-mail) of the guideline and detailed explanation of the “Gradients of Agreement”.

PA is appointed as Stacker, JP as Timer and MB as Tracker.

On March 19, 2020, after the election of the new Members of the Executive Committee, CP appoints DG to lead the virtual BoT meeting of March 2020. Reasons for appointing DG are 1) DG is familiar with the proposed agenda, 2) had worked the agenda out with NS, 3) knows all stories behind current topics and 4) it is also a way to show the continuous trust and gratitude to DG during her term as president of the BoT.

## 2 Election of Officers

On March 19, 2020, the BoT elects new members of the Executive Committee:

<b>New President:</b>	Maria Cristina Piauhy Silva Mendes*
<b>New Vice-President:</b>	Janet Pinneau**
<b>Secretary &amp; Treasurer:</b>	Vita Heinrich-Clauer***

- \* Elected by all BoT Members, except JL (absent) and PM (abstains from the vote). JL and PM fully accept appointment as president.
- \*\* Elected by all BoT Members, except JL (absent) and PM (abstains from the vote). JL and PM fully accepts appointment as vice-president.
- \*\*\* Elected by all BoT Member, except JL (absent). JL would have considered to run for Secretary & Treasurer, too. Due to personal issues, she was unable to join on time the zoom meeting on March 19, 2020. She fully accepts the appointment of VH.

Before electing, some thoughts and concerns have been brought up:

- The IIBA never has had a president from Latin America. It is time to have one.
- Due to that unilateral decision of dues reduction (in 2019 for dues 2020), made by Flaab, it might not be the most opportune moment for having a president from Latin America.
- The focus of electing the new Executive Committees should be more on leadership abilities rather than geographical in times of economic downturn.

The IIBA says goodbye to the previous Executive Committee: Diana Guest as president, Maria Rosaria Filoni as vice-president and Ana Lúcia Faria as Secretary & Treasurer. Appreciation and gratitude for all the hours dedicated to the health and workings of the IIBA were especially expressed to DG during the zoom meeting, on Thursday March 19, 2020. The BoT will recognize that change of the presidency in the next in-person BoT meeting.

### **Chair of the Teaching Committee**

As discussed during the joined BoT & International Faculty meeting in May 2019, the Chair of the Teaching Committee can be someone “outside” of the BoT. After reflecting on possible candidates “inside”, the BoT decides to postpone the election of the Chair of the Teaching Committee until the next virtual BoT meeting (on April 4, 2020). The last Chairs of the Teaching Committee were: Violaine De Clerck (Europe), Barbara Davis (Nanziba), Diana Guest (Nanziba), John Conger (Nanziba), Diana Guest (Nanziba) and Scott Baum (Nanziba). The BoT would like to give priority to a European candidate this time.

Next steps: DG will forward the report from the Chair of the Teaching Committee. That report gives certain idea about the duties and responsibilities of that position. The BoT members will send candidates\* to CP until April 3, 2020. When sending the candidates, a short statement of the reasons of nomination should be stated in that e-mail. CP will compose a list of all interesting candidates and forward it to the BoT members before the next virtual BoT meeting.

*\*Thee BoT member(s) will only forward those candidates to CP who confirm nomination.*

DG (as former president) and CP (new president) will work on a mailing to the membership. This e-mail will not just explain the changes in the Executive Committee but also will refer to the current situation of social distancing, how to deal with that, and how Therapists (in general) have to address this new scenario of working remotely and or how to keep on in-person sessions in states of emergency.

## 3 Reports & Discussions

### 3.1 Faculty Committee

The report has been sent to the BoT members. Due to limited time, the report hasn't been reviewed in this virtual meeting.

**Short summary of the report:** The Faculty Committee (Danita Hall (chair), Thomas Heinrich, Rebeca Berger, Garet Bedrosian, Rick Spletter) meets monthly via Zoom.

The Role and Function of the Faculty Committee continues as previously defined: 1. To be a hub for efficient and effective communication between faculty members. 2. To foster a sense of community amongst faculty. 3. To lend support to committees established by the faculty and for the tasks that faculty has taken on. 4. To represent and speak on behalf of the faculty to other IIBA communities. 5. To support our teaching function in the IIBA. 6. To plan all faculty meetings on the IIBA level.

### 3.2 Teaching Committee

The Chair of Teaching Committee has sent the report to DG, on March 21, 2020. DG reads the report.

Currently the main activities are related to giving support to the circulation and authorization of the "Training curriculum for affiliated societies", handle "Applications for recognition as a mature society" and to pass along recommendations to the BOT from various Faculty entities.

The members of the Teaching Committee are unclear and it is time to re-evaluate the purpose and function of this committee. This redefinition will be initiated by the new Chair of Teaching after taking office on April 4, 2020.

### 3.3 Professional Development Workshop 2020

The report has been sent to the BoT members.

As discussed, and decided in previous BoT meetings, the Professional Development Workshops (PDW) are now under the leadership of the International Faculty.

As former BoT Member, Scott Baum, handled the transition of full responsibility of the PDW to the International Faculty (2018/2019). Alex Munroe has become appointed as Responsible and as the Chair of the PDW Committee. The PDW Committee, Alex Munroe (Nanziba), Claudia Ucros (Europe) and Miriam Bergamini Mantau (Latin America), was created by the SC-PDW Committee and follows the policies and procedures of the internal policy of "Organizing a PDW Guidelines".

Concerns and pain points have been addressed by International Faculty Members before and during the last virtual Faculty Meeting on March 8, 2020.

Several BoT members explain their point of view regarding the process of the organization from the PDW 2020. VH proposes the PDW-Chair could use the Faculty Committee connection and avoid lack of transparency. All BoT members endorse or strongly agree (except VH who is absent at that moment):

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*The BoT understands that the transition of the responsibility of the PDW - from the BoT to the International Faculty - has been difficult. The BoT would like to make a recommendation that, in the future, the Faculty Committee is informed and provides input about the process of the PDW organization to allow more transparency.*

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DG, as Representative of the International Faculty, will inform the Faculty Committee, PDW Committee and the Selection and PDW Committee.

### 3.4 Research Committee

The report has been sent to the BoT members. Due to limited time, the report hasn't been reviewed in the virtual BoT meeting.

**Short summary of the report:** The Research Committee hasn't been active. There were different attempts to have committee meetings but because of the time differences it was not possible. Jan Parker recommends to create a Research Committee in each region so that there can be more collaboration within similar time zones.

- **Update about including bioenergetic articles in databases of Ebesco, Psy Articles and PsyLit:** Jan Parker informs in her report that it is not possible to include bioenergetic articles in these databases since the Journal is only published once per year.
- **Update about including bioenergetic articles in databases in Latin America:** No update was given during this virtual BoT meeting.

### 3.5 Ethics Consulting Group

The Ethical Consulting Group was founded last year. Its existence was made public at the membership meeting of the 25<sup>th</sup> IIBA International Conference. Three members were appointed: Eulina Ribeiro, Scott Baum and Anja Van der Schrieck-Junker.

There were several attempts to meet virtually. The Ethical Consulting Group as founded is not operative at this moment.



The BoT shares the opinion with Anja Van der Schrieck-Junker that an Ethical Consulting Group must exist in our organization and it is essential for helping to clarify ethic problems, offering transparency and a more professional way to deal with them.

DG wants to point out, that the role of the Ethical Consulting Group is not for judging or valuing any ethical cases. The Ethical Consulting Group acts as an “Advisory Committee”, promotes open dialogue about ethics and assists the local societies with any ethical issue.

JL informs the BoT about different workshops and speeches about Ethics given by Anja Van der Schrieck-Junker. The BoT wants to express its gratitude and appreciation as also all efforts Anja Van der Schrieck-Junker is putting in this topic.

YH states that the IIBA has not only to include Ethics in the “Training curriculum for affiliated societies”, but also has to see it as a responsibility of the organization. The IIBA should work on bringing more awareness about this topic to everybody.

PM and YH (from Europe), PA (from Nanziba) and LM (from Latin America) want to join the Ethics Consulting Group. NS will get them into contact.

### 3.6 Election Committee

JP explains the Report of the past Elections. The number of votes overall was very similar to the voting that occurred in December 2014 when there were 109 votes.

Europe	Nanziba	Latin America	Faculty
<b>2019: Total 158 + 2020 Special Election (44)</b>			
Patrizia Moselli: 51 Vita Heinrich-Clauer: 57 Yael Harel: 43	Paola Alessio: 23 Janet Pinneau: 16 (Special Elections)	Léia Maria de M. Cardenuto: 38 votes Jayme Panerai Alves: 25 votes + 3 votes (received by whatsapp) (Special Elections)	Diana Guest : 11
<b>2018: Total 64</b>			
Europe voters: 25	Nanziba voters: 23	Latin America voters: 16	Faculty voters: NA
<b>2016: Total 105</b>			
Europe voters: 56	Nanziba voters: 18	Latin America voters: 26	Faculty voters: 5

Despite receiving multiple complaints, the election numbers were higher than in the past 2 elections.

The IIBA will celebrate new BoT Elections in December 2020. Open positions:

Europe	Nanziba	Latin America	Intern. Faculty
1	1	1	NONE

After the completion of the election (December 2019), it was identified that 2 more BoT members were completing the 3rd years of their 1<sup>st</sup> term and should have been included in the election process to be re-elected. In order to avoid any similar oversight in the future, a site in MyIIBA has been created which identifies all BoT members, labels their location, the status of their term and the beginning and end dates. Site (under construction, NS will update asap): <https://bioenergetic-therapy.com/index.php/my-iiba/iiba-internal-affairs/iiba-functioning/37-iiba-web/iiba-inside/administration/254-board-of-trustees-bot>

Other concerns and repeated questions received from members, like:

- Why should we have voting when there is no one competing against the nominee?
- Shouldn't the candidate receive a minimum number of votes?
- How many votes have everybody received?

will be addressed more carefully in the upcoming election campaign (Elections December 2020). The Election Committee will work on a more transparent communication style. The Election Committee will also try to encourage the local societies to actively engage their members to participate fully in the elections (nomination and voting).

As all BoT members endorse or strongly agree on putting an emergency measure regarding the budget 2020 for this year, putting an emergency measure for the upcoming elections (December 2020) is discussed but no proposal has been formulated. JL (Europe), MB (Nanziba) and CP (Latin America) might stay on the BoT for another year and join the in-person BoT meeting in March 2021. PM does not see any reason why to consider emergency measures in case of the elections 2020. From the point of view from PM, there is no real reason to change the rules, also because it would deny the right to be nominated to other members. PM stresses out that most properly she would block this proposal. No final decision taken.

### 3.7 Clinical Journal

The report has been sent to the BoT members.

The Journal 2020 is about the keynote speeches and debates that were presented at the 25<sup>th</sup> IIBA International Conference. The Editorial Team has already received proposals of articles for the next Journal.

The BoT wants to invite the Editor and Editorial Team to explore and encourage members to write about their experiences lived while isolation and its recuperation phase. PM brings to the point the importance of touch and how people are struggling due to the lack of “touch” especially in these days of pandemic outbreak.

Our affiliated society, Libertas in Recife (Brazil), maintain its own publishing house. The BoT members endorse or strongly agree on

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*JP can send an official quotation for editing, printing and distributing the next annual Clinical Journal of the IIBA (to the IIBA Back-Office).*

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### 3.8 Book projects (Love, sex and relationships)

The report has been sent to the BoT members. Due to limited time, the report hasn't been reviewed in this virtual BoT meeting.

JP, in name of his publishing house, makes known his interest of acquiring the rights for publishing the e-book Vergonha (PDW 2018 Papers) as also for the next IIBA e-book (Love, sex and relationships by Rosaria Filoni).

### 3.9 Awards

The report has been sent to the BoT members. Due to limited time, the report hasn't been reviewed in this virtual BoT meeting.

### 3.10 Website

The report has been sent to the BoT members. Due to limited time, the report hasn't been reviewed in this virtual BoT meeting.

### 3.11 Social Media

The report has been sent to the BoT members. Due to limited time, the report hasn't been reviewed in this virtual BoT meeting.

### 3.12 Newsletter

The report has been sent to the BoT members. Due to limited time, the report hasn't been reviewed in this virtual BoT meeting.

### 3.13 Project Fund 2019

The report (summaries) has been sent to the BoT members. Due to limited time, the report hasn't been reviewed in this virtual BoT meeting.

## 4 Financial Topics

### 4.1 Closing balance 2019

NS explains the Closing Balance 2019.

Money coming in: the forecasted income of dues (see more details in the minutes of the virtual BoT Meeting on October 27, 2019) were exceeded, but decreased when comparing with the Closing Balance 2018.

Region	Forecasted Dues for 2020	Dues 2020	Dues 2019	Difference
Europe	62.000 €	58.635 €	65.460 €	- 6.825 €
Nanziba	20.000 €	23.901 €	22.943 €	958 €
Latin America	12.000 – 13.000 €	27.866 €	35.146 €	- 7.280 €
<b>TOTAL</b>	<b>94.000 – 95.000 €</b>	<b>110.402 €</b>	<b>123.549 €</b>	<b>- 13.147 €</b>

Incomes from the dues 2020, delayed dues payments, Conference 2019, PDW 2020 and webshop (mainly from the book table during the 25<sup>th</sup> IIBA International Conference) show revenue of 163 k EUR. On the cost part, the IIBA spent money of a total sum of 135 k EUR (for events, projects, membership communication, financial charges and Back-Office).

The difference between total revenue and total expenditure is 28 k EUR (=profit).

For more information, see ap

### 4.2 Budget 2020

The income of 2020 is pretty uncertain at this moment. The economic consequences due the pandemic outbreak of Covid-19 is unpredictable and at this very moment the BoT is unable to define a clear income of dues 2021 (which should be collected until October 31, 2020). As a global community, the IIBA does not want to lose members due to very possibly upcoming financial difficulties. The IIBA has to bridge the possible gab of income versus costs this year and also wants to take care of the affiliated local societies. All BoT members endorse or strongly agree on putting an emergency measure for this year:

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*living on a bare-bones budget in 2020 as follows:*

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On the income side, the BoT will ensure an income of dues (2021) of 52.000 EUR.

On the cost side, the BoT accepts the estimated costs as follows:

#	Category	EUR
1	Admin (incl. Taxes)	33.000 €

#	Category	EUR
2	BoT Meeting (cancelled, but costs incurred)	10.000 €
3	Project Fund	12.000 €
4	English Journal	12.000 €
5	Charges for financial services	2.600 €
6	Internet presence	2.500 €
7	Certified Accountant	2.400 €
8	Storage rent	1.200 €
9	Shipping Costs	1.100 €
10	Telephone & internet	750 €
11	Hardware	600 €
12	Tax Support	500 €
13	Office material	500 €
14	Software	450 €
15	Other travel costs	300 €
16	Other Public Authority Costs	200 €
17	Public Entities	150 €
18	Memberships	- €
<b>TOTAL</b>		<b>80.250 €</b>

In order to close the gap of operational income (52 k EUR min) and operational costs (80 k EUR approx.) in 2020, the profit (28 k EUR) from 2019 might be spent for covering operational costs.

## 4.3 Tax and Court Department Spain

- **Investment Fund**

Having an Investment Fund is somehow not seen as a clearly valid asset for a non-profit organization. All above, the current investment fund (CABK MONETARIO REND # 9630.00-4611193-03) makes no profit and actually generates costs. All BoT members endorse or strongly agree on

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*Canceling the investment fund and open a standard saving account.\**

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*\*NS will proceed with the cancellation after finishing the current shutdown in Spain.*

- **Update of "legal papers" (Organs of the Organization & Spanish By-Laws)**

NS will update the legal papers (organs of the organization and update of the By-Laws) after finishing the current shutdown in Spain. As NS wrote to the BoT Members on March 11, 2020: The BoT members do not assume any legal / financial responsibility with the role as a BoT Member. That is a simple and purely administrative process.

## 5 26th IIBA International Conference 2021

### 5.1 Scientific Committee

LC explains the reasons behind of the request of changing the theme from “The Body as Prison, The Body as Bridge: Personal, Social, Political Bodies” to “Betrayal of the Body - Bioenergetic Analysis in the century 21”. The BoT discusses this proposal:

The proposed theme misses current events. We are facing uncertain times. It also seems (somehow) a little bit too pessimistic and it might be good referring to psychotherapy. The word prison in the initial theme is considered as “eyecatcher” and can provide plenty of possibilities to be explored.

The BoT comes up with 3 new proposals:

#	Proposal
1	The body as prison, the body as bridge: from isolation to re-connection.
2	The body as prison, the body as bridge: recovering from pandemic isolation.
3	The body as prison, the body as bridge: exploring isolation and re-connection.

All BoT members endorse or strongly agree on proposal number 3:

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*The body as prison, the body as bridge: exploring isolation and re-connection.*

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### 5.2 Organizing Committee

The 26<sup>th</sup> IIBA International Conference will be held from October 13 to 17, 2021. The venue will be the hotel Maksoud Plaza Hotel, R. São Carlos do Pinhal, 424 – Bela Vista, São Paulo – SP, 01333-000, Brazil.

### 5.3 Budget

NS will work out a proposal of an initial budget (based on 300 participants) for the 26<sup>th</sup> IIBA International Conference during the next weeks. The Organizing Committee has already a clear picture of the costs for hotel, accommodation, audio and visual equipment, simultaneous translations, Gala Dinner and Welcome Cocktail.

The BoT will try to go through an initial budget during the next virtual BoT meeting (April 4, 2020).

## 5.4 Others

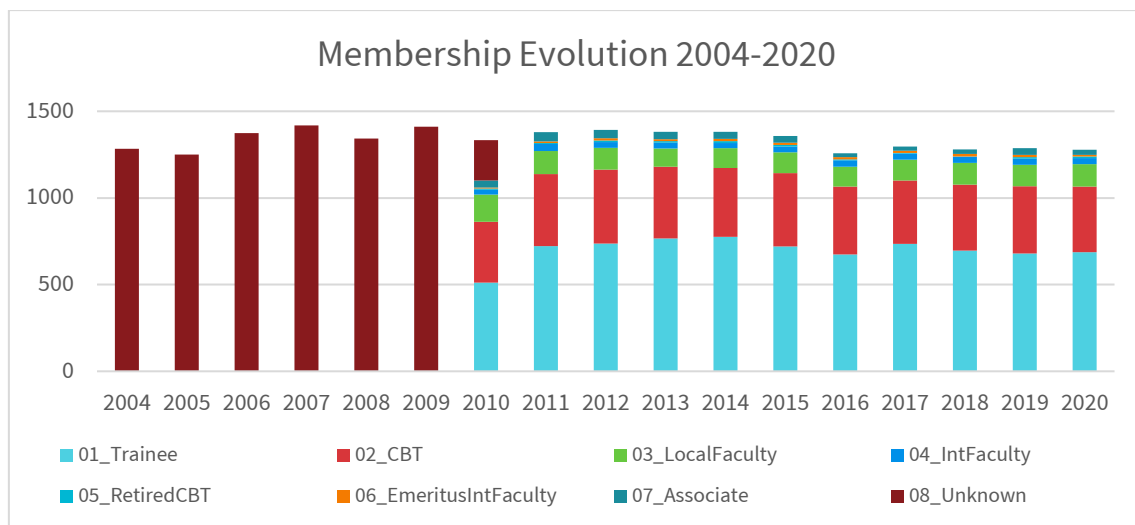
A couple of BoT members express their concerns regarding going forward in the organization during these uncertain times. The general conditions with the hotel and other suppliers have to be studied carefully. The BoT wants to ask the Organizing Committee to explore the option(s) of a cancellation insurance (force majeure events, modification / possibility to postpone one (1) year the 26<sup>th</sup> IIBA International Conference, etc.)

Other BoT members state the importance of staying positive.

## 6 Membership & dues

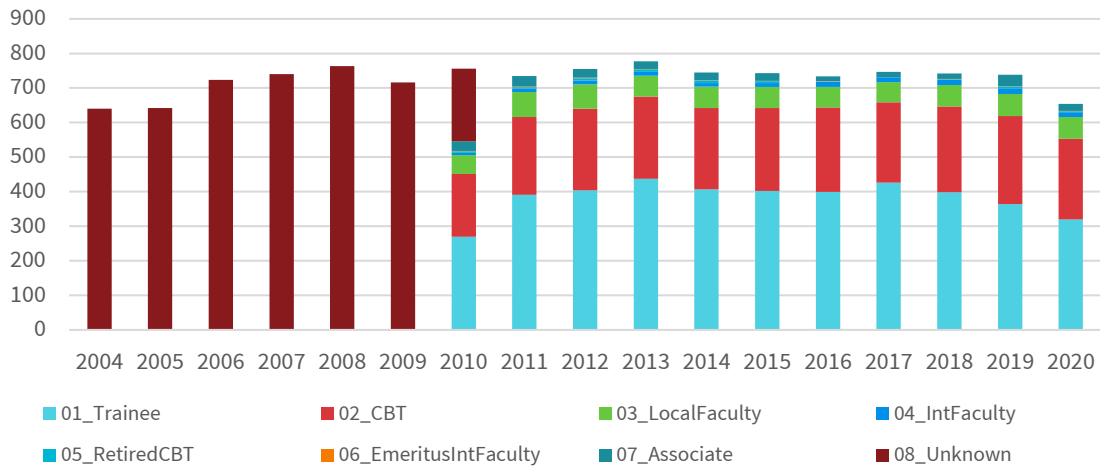
### 6.1 Membership evolution

The Membership has decreased from more than 1400 (in 2009) to 1278 members (in 2020; status: January 20, 2020); during the last years, more and more “competition” from other psychotherapy organizations has come up, the global financial crisis has hit us all, consumer behaviours are changing, the death of Alexander Lowen has had its impact in our organization, etc.

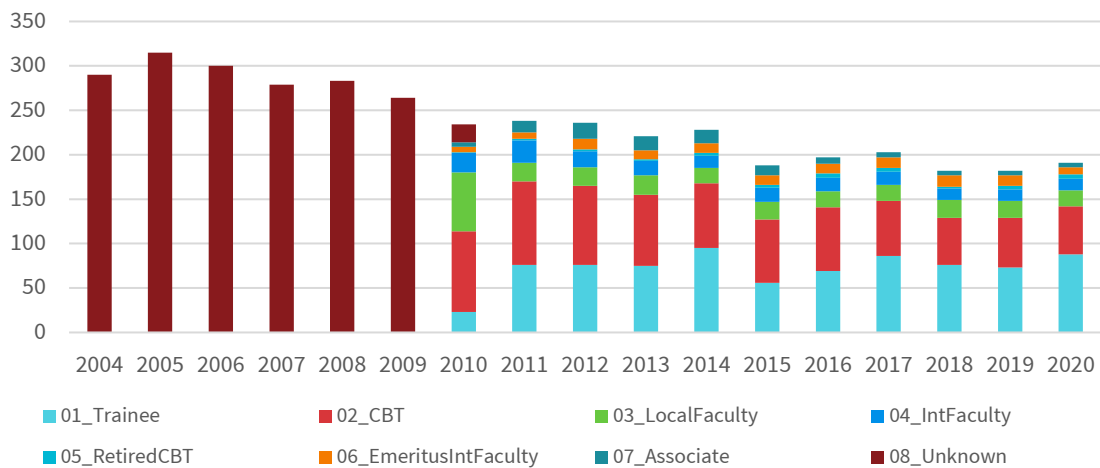


**By region:**

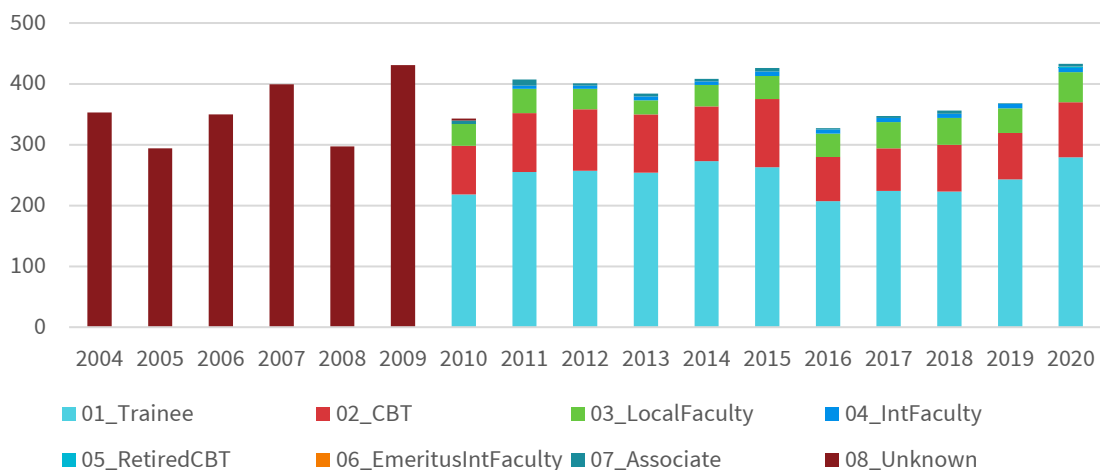
### Europe: Membership Evolution 2004-2020



### Nanziba: Membership Evolution 2004-2020



### Latin America: Membership Evolution 2004-2020





A further decline is expected in the total number of memberships 2021. Many of our members are already suffering from being placed on coronavirus lockdown, limiting movement and closing businesses.

## 6.2 Dues

### Current IIBA dues & conditions

Category	EUR	USD
<b>Trainee</b>	65 EUR	USD 85
<b>CBT</b>	110 EUR	USD 145
<b>Local Faculty Member</b>	150 EUR	USD 195
<b>Int. Faculty Member</b>	265 EUR	USD 345
<b>Associate Member</b>	90 EUR	USD 120
<b>Retired Member</b>	85 EUR	USD 110
<b>Emeritus Faculty Member</b>	185 EUR	USD 240

- Dues have to be sent in by October 31.
- Payment in EUR only for Europeans.
- Penalty of 10 % for late payments.

This dues structure was decided (in 2011) on the average value (approx.) of two individual psychotherapy sessions in a private practice. (In the past, there were little differences regions reported and further information can be found in the “IIBA Policy on Reduced Dues” from February 2012).

Since 2011, the BoT has responded to individual requests for its one-off exceptions: requests of payment in instalments, shift of payment period, reduction of the dues payment by 15 % (Project Fund), suspension of dues payments for Trainees and CBTs and reduction of dues payment by 50 %.

### Proposal for dues 2021 from Flaab

Last year, an emergency solution for dues payment 2020 for Flaab affiliated societies were accepted (for more information, see minutes from the virtual BoT Meeting on October 27, 2019). The Representatives to the BoT from Latin America have discussed (between them) the dues structure over and over again. It was and it is still not an easy topic. The proposal for the next period (dues 2021) is a 50 % reduction for trainees affiliated to Flaab. The Representatives from Latin America hope that CBTs and Local Faculty members will be able to pay 100% of their dues.

This proposal is not discussed in detail. Reasons behind are: big uncertainty caused by the epidemic outbreak in many countries, the financial situation of almost everybody is and will be affected seriously this year.

### Next steps

The BoT reviews the current values of individual psychotherapy sessions:

BoT Member	Average and or further comments
PM	Experienced CBT might charge to 90 EUR. Depending on level of training and experience, 30 – 70 EUR/session.
VH	100 EUR/session* *Licensed psychologists payed by health insurance. Psychologists in training charge 30-50 EUR. CBTs charge 60-80 EUR and advanced CBTs & Trainers: 90-100 EUR.
JL	80 EUR/session
DG	USD 65-200 USD 65 (beginning therapist)
LM	45 EUR/session

It is becoming clear that this topic has to be studied in detail and addressed very carefully. The BoT does not feel comfortable to make any decision at this moment. As PM suggests, the BoT leaves this discussion for a better occasion: it gets postponed until summer 2020. Nevertheless, the BoT will ensure an income of dues 2021 of 52.000 EUR min. (see more details: 4.2 Budget 2020).

## 6.3 Others

### Benefits of being a member of the IIBA

BoT compiles the benefits of being a member of the IIBA from their point of view:

International lobbying	International voice	Very diverse inspiration by attending workshops and conferences
New wonderful opportunities always come up	Community of like-minded people	“We are family” feeling
Feeling part of something big / greater body	International fellowship and friendship	Greater sense of being grounded and connected
Being part of a movement and explore Bioenergetics as a global community	Feeling of inclusion and connection	Get referrals to private practise
Job opportunities	Network	Exiting professional career opportunities from Trainee to International Faculty Member
Affordable supervision	Learning new techniques	Creating new ideas together
Useful exchange of ideas and how to address concerns and problems	Nourishment in all senses	Source for specialist literature

### Potentials for improvement discussed

The questions (as follows) are explored partially by the BoT Members.

- What would we like to do as an international organization?
- What are our principles or what is important to us?
- What do we value and what are our values?
- For whom we are making this organization for?

While the affiliated local societies provide a kind of a “nest” for Trainees and CBTs, the IIBA needs to be the hub / the strong umbrella of Bioenergetic Analysis.

The IIBA ...

1. has to work on making it much clearer that the trainings offered by our affiliated local societies is not just a technique (like TRE, Bioenergetics, Liferforce, etc.) it is a modality with professional standards and
2. needs to state clearer that the focus of the affiliated local societies is not profit orientated but rather following our vision statement: developing the capacities of IIBA members as Bioenergetic Therapists fully with the aim of understanding the causes of, and the alleviation of human suffering.
3. needs to work out official statements about other (modern) psychotherapy techniques in order to avoid confusions
4. has to find ways how to protect the field of Bioenergetic Analysis and how to highlight the differences between Bioenergetics and Bioenergetic Analysis.
  - Former BoTs have explored the options to get the IIBA and its product trademarked: It all ended unsuccessfully and with a big sense of helplessness.
  - The Ethical Consulting Group might take on the task and figure out new ways of “how to protect us”. YH will address this topic in the Ethical Consulting Group.
  - LM mentions the “success story” of getting Biosynthesis (The International Foundation for Biosynthesis IFB) trademarked. The BoT might want to reach out for getting more information about the procedure to Liane Zink from Instituto de Biossíntese de São Paulo.

### **Other comments and suggestions for improvement**

- YH would like to explore how to strengthen communication with the government from the affiliated local societies, like having regional meetings.
- LM wants to put more weight on using modern communication channels in order to interact more efficiently with younger generations (trainees).

- DG feeling is that many times, the BoT discussions mostly focuses how to attract and engage with trainees while CBTs get overlooked.
- JP wants to expand continuing education options for CBTs in order to keep them engaged with the IIBA.

Further discussions and proposals for actions are pending.

## 6.4 Feedback received

The BoT welcomes constructive feedback as an opportunity for growth and wants to encourage the membership to continue to send in feedback, proposals and ideas how to make the IIBA membership work better.

- Most CBTs need to work with different approaches, modalities and techniques. Bioenergetics is just one of them. Hence, members do not just pay dues to the IIBA, but also to other organizations. That can be very costly.
- The dues for “Retired CBT” are very high taking into account that many therapists are self-employed during their whole life and in most cases the retirement pension is just basic.
- On local level, long-standing members get recognized by being appointed as Honorary Member. On IIBA level there is no such recognition.
- Scholarships / grants for financially troubled members is missing.
- The IIBA should focus more on conducting scientific studies that demonstrate that the therapeutic work this community do is effective and efficient, under the vision of the scientific method.

No further discussion held and actions have not been decided. These feedbacks will be further discussed next time (in virtual BoT and in-person meetings).

## 7 By-Laws

### Lessons learned from the Elections 2019

Regarding “Why voting when actually all candidates will form part of the BoT & What importance does have the number of votes received”: The Election Committee (represented by JP) does not recommend to change the By-Laws at this moment. The Election Committee will try to encourage the local societies to actively engage their members to participate fully in the elections. Hopefully more nominations will be received and more participation during the election period will be recorded.

### Start and end of terms

The current By-Laws do not define the exact date of start and end of the terms as BoT member. The BoT members endorse or strongly agree on as follows:

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*The term begins with the first date of the official (in-person) BoT meeting, usually held in Spring.*

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## 8 Others

### 8.1 Clinical Journal: Upload of (old) Clinical Journal Articles

The proposal from Maria Rosaria Filoni has been sent to the BoT members. Due to limited time, the proposal has not been reviewed in this virtual BoT meeting.

**Summary of the proposal:** The current publisher of the IIBA Clinical Journal has the right to sell copies of the Journal, while the authors return to possession of their article after a few months of the IIBA Clinical Journal.

Past articles (with previous authorization from the authors) should be uploaded to our website for download (restricted to members or open, to the general public). The BoT (with the Editorial Board of the IIBA Journal) should come up with a policy how to proceed in the future.

### 8.2 Clinical Journal: Digital Version in the Future

Many former BoT members (and current BoT members) don't like the idea of an E-Book version of the Journal. The hardcopy is great. The BoT is very convinced that we have to put all emphasis on the hardcopy and keep it as one of our most tangible membership benefits.

E-book version, rotating translation and bilingual publications (article published in the native language of the author as also in English) are discussed. VH explains a little bit from her experience. She publishes her articles in German and spend around 700 EUR + for getting it translated to English (own money).

No decision made.

### 8.3 Regional structures and local societies

#### Europe

**E-mail from NIBA:** NIBA sent an e-mail on January 10, 2020 informing about modifying their payment period.

It is a clear example that the IIBA has to communicate clearer and explain the way of functioning to the membership, especially to the leadership of the affiliated local societies.

Unilateral changes have adverse impacts. The BoT members endorse and agree strongly as follows:

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*1. VH will get in contact personally with NIBA and look for a common solution.*

*2. Once the dues structure and conditions for 2021 are set, CP, JP, VH and PM will formulate a letter (referring to the joint responsibility of both parties explaining the need of dues, why uniformity is important, why dues are sent in the way they are, why dues are actually not “advanced”, that dues payments set the IIBA up and that transparency is provided through our website (MyIIBA)).*

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**Ethic Case I:** The latest e-mail has been forwarded to the BoT members. As this case has been closed (common consensus in the end of 2016) NS will answer that e-mail referring to this consensus. (Further discussion is held in chapter 3.5 Ethics Consulting Group.)

### **Nanziba**

**China Training Group:** DG informs about troubles experienced by the China Training Group with the Chinese regime. The word “energetic” in advertisements of the activities and events from the local Training Group in China is problematic.

The China Training Group will advertise events and activities of Bioenergetic Analysis under the wording “somatic dynamic analysis”. That alternative wording is just used for marketing purposes and in order to avoid any conflict with the Chinese authorities.

The BoT endorse or strongly agree (except PM: mixed feelings or neutral) that the China Training Group use the different wording of “somatic dynamic analysis” in order to spread Bioenergetic Analysis in their country.

### **Latin America**

**E-mail from IAAB:** The e-mail from IAAB (date: Feb. 11, 2020) was forwarded to the BoT members.

Unfortunately, we don’t have any power to stop people (outside of our community) when using the logo of the IIBA. It is not trademarked or protected in any kind.

The BoT can only give the recommendation to IAAB as follows: Clear statement that non-affiliated trainees will not receive CBT certification when she/ he is contrary to the regulations and advertise in that respect to the larger public. CP will get in contact with IAAB.

The IIBA should also think about a campaign of promoting the network of affiliated local societies.

(Further discussion regarding trademark and stressing out the international standards of the IIBA) are held in 6.3 Others Potentials for improvement discussed.)

### Member at Large

NS reports on certain misunderstandings and drop-outs caused by not granting the category of “Local Faculty Member” in case of Members at Large. (For more information, see minutes of the virtual BoT Meeting on November 11, 2018).

The BoT members greatly regret this situation and will work on a clearer and more transparent communication.

## 8.4 What about "The International Day of Recognition of Bioenergetic Analysis" (May 15)?

Due to limited time, this topic is not discussed in this virtual meeting.

## 8.5 Bioenergetic Analysis in the scientific world and in the society

Due to limited time, this topic is not discussed in this virtual meeting.

## 8.6 Update: South Africa (Parkmore Institute - Barnaby B. Barratt)

Due to limited time, this topic is not discussed in this virtual meeting.

## 9 Next Meetings

The BoT members endorse or agree strongly:

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*Next virtual BoT meeting will be held on April 4, 2020: California: 07:00 am, New York: 10:00 am, Brazil: 11:00 am, Netherland, Germany and Italy: 04:00 pm, Israel: 05:00 pm – duration planned: 3 hours*

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## 9.1 Meetings 2020

It is unlikely to have an in-person meeting in 2020. Most BoT members are not comfortable to set up a new date for an in-person meeting for the end of summer. The BoT leaves this discussion for a better occasion.

## 9.2 BoT Meeting 2021

In order to take advantage of the “credit” with the booked hotel for the BoT Meeting 03/2020, the BoT Meeting 2021 is scheduled for March 10 – 13, 2021.