



EDITO

Dear Friends and Colleagues:

At the end of May the Board of Trustees met for three very intensive days in Lisbon. It was exhausting and exhilarating. Our main task was to concretize the many issues of the restructuring of the IIBA into specific structures and policies. This we did with a strong sense of purpose and with a spirit of collaboration and respect and appreciation for each members' ideas and vision, and each members' representation of her or his constituency. By the end we had succeeded in articulating a vision that I believe takes account of much of the feedback you, the members, have provided us. Space does not permit me here to go into detail, some of which I have already communicated. But our next step will be to develop a strategic plan for the IIBA and that will show all the elements we worked on: vision, mission, goals, programs and budget changes, as a basis for us to move forward as an organization.

Another issue that preoccupied us at the Board meeting, and at the IIBA Faculty meeting (we met jointly for half a day), was the relationship between the IIBA and the Alexander Lowen Foundation. As many of you know, there was great concern stimulated by some of the actions carried out in the name of the Foundation, and it was felt that we in the IIBA should take some steps to address these concerns. I am pleased to report that the need for any such steps was ended by changes in the Lowen Foundation which have allowed us to proceed to a collaborative mutually supportive relationship. Fred Lowen and I (and our families) spent some time at the beach (an ideal place for reducing tensions; and as every bioenergetic therapist knows, you can't hide much when you're only wearing a bathing suit), and the outcome was a resolve to work together. In the end we share a common wish to bring our work to people, with its potential for reducing suffering and enhancing constructive action. The Board will designate a committee to continue and develop this relationship between the two organizations.

The meeting in May represented the last official meeting of Barbara Bendel with the Board, and much was said in appreciation of her commitment and contribution to the IIBA. In July I met with Barbara and our new administrator, Pilar Llobregat, to facilitate the changeover in administration (see photo). When you have occasion to correspond with the IIBA (or before), please take a moment to introduce yourself to Pilar and welcome her. Pilar is situated in Barcelona, and was for many years a teacher of English, and has facility as well in Portuguese and French. She is still getting herself oriented to the IIBA, our culture as an organization and the administrative requirements of the job. I have every confidence that she will be a great addition to the IIBA.

Planning for the 2011 IIBA conference has been intensive, and the program and the site look outstanding. Please keep an eye out for more information coming to you over the next few months. The next Professional Development Workshop was held in Northern California in October 2010. A number of IIBA members went on to (and presented at) the USABP conference shortly thereafter. Elections to the IIBA Board of Trustees were held recently, thank you for making your views known. The IIBA website is undergoing renovation and improvement, please check it out.

All-in-all it has been a time of growth, development, challenge and solution. In the end, the function of the IIBA is to support its membership in the difficult and essential work of bioenergetic psychotherapy. Let us all work together to that end. It is my privilege to work with a dedicated, creative, hard-working group of people moving our maturation forward. It is my privilege to do my part in our communal work together.

With best wishes to you all,



Scott Baum,

Ph.D. ABPP, President IIBA Board of Trustees



PERSONAL NOTE

From Scott Baum

From
Scott Baum
With warm wishes

I did not want to send out only an objective report of this last Board meeting. I want to say something to you all about why I do all the work that is reflected in the report. Those of you who participate in the governance of organizations like ours know very well how much work is involved. - Why do it? The most important part of what we do for me is the knitting together of an international community of people committed to a bioenergetic approach to facing and dealing with the immense suffering I see and experience in the world every day. The chance to know and support the people who do this work, to share knowledge, and experience, and to work with people who can work as we do, deeply on a somatopsychic level, is what is most precious to me. To bring the benefits of that knowledge out into the world is for me our greatest mission.

I do believe that the organizational work we do is important. It is important to protect the integrity of Bioenergetic Analysis as a practice, and to assure that high standards of training are maintained. It is important to assure that others do not claim to represent our work in the world. It is important to assure that the IIBA serve its members. For me these are all important because satisfying these conditions means that we can pursue our greater mission of understanding human behavior and using that understanding to reduce suffering.

I am going to encourage other members of the Board to write personal reflections like these for future newsletters. I hope other members will find ways to communicate about our deeper more personal reasons for being involved with the local, regional, and international bioenergetic groups. I hope to hear from you.

REPORTS

Board of Trustees meeting



Scott Baum

The IIBA Board of Trustees met from February 3-7, 2011 in Lisbon. We welcomed re-elected and newly elected members of the Board. On behalf of the Board I am sending you this report on some of the highlights of the meeting.

At the top of our list is the status of the IIBA as a registered not-for-profit organization which can take in monies and sign contracts, and in general do the business of the association. When Barbara Bendel resigned as executive secretary of the IIBA in July, the administrative office of the IIBA was moved to Barcelona where our new, and very capable administrator, Pilar Llobregat resides. Unfortunately, while the personnel transition went very smoothly, the bureaucratic one did not. Without going into details, of which there are many, it has turned out to be very difficult to create a legal tax-exempt entity in Spain. We have been working very intensively for months now, seeking a solution that will work for the IIBA, and that will endure.

It might seem that this is just a bureaucratic hassle that must be gotten through; I certainly have felt the toll of it on my energy and availability to do other things. But it must be viewed, I believe, also as a step in the maturation of the organization. We are having to think about the long-term welfare of the IIBA, the importance of its mission to support members in our work as Bioenergetic therapists, and the value that brings to our world. We will keep you informed of our progress in creating this structure for all of us.

In keeping with our mission of supporting members, the Board went ahead to finalize the plan to rebate 15% of dues payments to Federations, Societies, and other entities in the IIBA. This way, local groups can use resources in creating those ways most suited to the situations in their areas. The IIBA will continue to develop resources and activities for all members, and I am very pleased to tell you that Dr. Patrizia Moselli has agreed to chair the Scientific Committee for the next IIBA conference to be held in Europe in 2013. Meanwhile the plans for the 2011 conference in San Diego are very exciting, and I hope all of you will be there to join in.

We have new very stylish and up-to-date website, and we are now working to refine it and assure that it serves the needs of our members well. The next issue of the IIBA Journal will be mailed out shortly. It was a carefully considered decision by the Board to continue publishing a physical book for the Journal, despite the cost. But in all other ways we are moving, as so many other professional organizations are, to do all our publications electronically. We know that there are a small number of our members still not receiving their information that way, and we do not wish to exclude them in any way, but the costs associated with printing and mailing are very high. So we are beginning to ask all our members to become available for electronic communication. In the near future we will discontinue all print and mail communication that is not essential. At the same time, the English version of the Bioenergetic Reader is very near publication and will be available as well at the IIBA conference coming up.

A major reason for the change in communication form is the careful effort the Board has made to cut our expenses, and to be very vigilant about spending. Right now the IIBA has a good financial cushion. However, we all know that not-for-profit professional organizations like ours live on a very narrow margin. And so we continue to monitor ourselves very closely. A full budget will accompany the official minutes of the meeting which will be posted online as soon as they are ready and approved.



Board of Trustees meeting (continued)

The most important work we are doing right now on the Board is bringing to life the commitment we have to each other, to the members of the IIBA, and to the work we all do. We are striving to mature ourselves into a group that listens to each other respectfully, that faces reality, that discusses things openly and freely, and that makes its decisions by consensus. While this remains a continuous effort, we have so far been quite successful, and we hope our work communicates itself to you in the excitement and inclusiveness we feel. This spirit has its concrete expression in the Strategic Plan we are developing. This plan has been worked over and added to and amended. Once it is complete, it will lead to proposed by-law changes that will solidify the work of so many, over many years to restructure the IIBA into a self-sustaining membership based organization with a long future ahead of it. It is regrettable that basic matters of organizational existence have kept us from devoting more energy to the elaboration of the Plan and its adoption, but this too is about facing reality and doing what needs to be done. In the near future I will send you a newly edited and revised version of the Plan for your input before the Board has one more day-long discussion of it when we are all together in San Diego.

Meanwhile, send us your thoughts, comments, suggestions, dissatisfactions, questions, good will, and love. And tell your friends who are not yet members, this is the place to be.

The 21st IIBA Conference



Diana Guest
Conference Chair

The 21st IIBA Conference is less than a year away, the committee has been working for almost 2 years and lots has been accomplished. The title of the conference is **Integrating Brain, Mind and Body: Clinical and Therapeutic Implications of Neuroscience**. The Scientific Committee is headed by Alex Munroe with Margit Koemeda, Virginia Hilton, Diana Guest and Miriam Mantau making up the team. The Logistics Committee is headed by Jan Parker and her committee has been hard at work on many of the details of the conference to make it a great success.

The objective of this conference is to bring together our international community with the intention of enhancing and more directly "feeling" the entity that is IIBA. Also we wish, through recent neurobiological findings, to emphasize **integration**. We also would like this conference to be an opportunity to bridge with the wider therapeutic community.

All the keynotes have been determined including Dan Siegel, MD from the US, Professor Joachim Bauer from Germany, Helen Resneck, and Louise Fr chet te. We have panels including Bob Hilton, Bob Lewis, Margit Koemeda, Bill White, Guy Tonella, Antonia Carlindo, and more. The afternoon workshops are already in place and are diverse both in topics and nationalities of presenters. We have some fun activities in store as well. We will begin the conference on Wednesday night with a cocktail party on a boat touring the bay.

The location is at the Bahia Hotel on a private beach in San Diego, CA. It is a short taxi ride from the airport and within walking distance to the beach, restaurants and more. Thanks to Jan Parker's hard work we were able to negotiate a great price for the rooms with a more than 50% discount on their usual rate.

We are excited to say that we are also applying for Continuing Education Units for those attending from the US. This committee is being headed by Judy Silvan. This is a huge undertaking and will be the first time this has been attempted.

So save the date and I hope to see you in San Diego October 26-30, 2011.





The 2010 Professional Development Workshop



Diana Guest

The 2010 PDW took place Oct. 15-20 at the beautiful Mount Madonna Retreat Center in Northern California lead by IBA faculty members Elaine Tuccillo and Diana Guest. We had quite an international group with attendees from Brazil, Israel, New Zealand, Canada and the US. The depth and richness of the presentations was notable. We had lively discussions on the topics of somatic transference, relational dynamics, and power. We began each day with bioenergetic exercises lead by an IBA faculty applicant and there was such diversity and creativity with grounding. Scott Baum also joined the group for the last half and led a dynamic discussion on Monday night.

Here is what some of the participants said about their PDW experience:

- "Even though I had been to a PDW before, I was surprised to discover that part of me was afraid to go: afraid I would be judged, evaluated and found lacking. It was exactly the opposite. I was supported in my growth as a person and as a bioenergetic therapist. I "worked" as a therapist in front of my peers (and betters) and received so much supportive and useful feedback, suggestions and exposure to new techniques that I am eager to get back to work tomorrow and put some of this new knowledge into practice."

- "As a Jungian Orientated Bioenergetic Therapist I was strongly drawn to the workshop topic. I decided to go with some fear and reservation about how the Bioenergetic part of the training would be for me.

I was pleasantly surprised at the graceful and loving acceptance and appreciation of different modes of body work being honored. The International atmosphere was powerfully nurturing and affirming on deep levels for me.

Thanks Forever Diana and Elaine for creating this powerful, healing and professional time and place for us all."

- "This PDW course cannot be too highly recommended. The facilitation by Elaine Tuccillo and Diana Guest was enabling, challenging, yet supportive in such a way that I was able to contribute and participate in a way that brought out the very best in me personally and professionally.

I can honestly say that this was the best course I have attended in over 30 years of continuing adult education."

- "Before coming to the PDW, I was very busy with preparing my presentation. I was very anxious. There was no cell in my body that could foresee or imagine what an amazing rich experience I was going to have. In the preparation to present, my deepest issues surfaced and were processed by my group leader, Elaine, with the help of the amazing group, in one of the deepest, touching ways that those issues were ever dealt with in a warm empathic firm smart integrated way.

I felt very seen, held and supported. The experience with the whole group and both Diana and Elaine, was so open, supportive and responsive.

This was one of the best experiences of training and supervision I have ever had. I wouldn't have enjoyed this difficult experience of presenting and teaching as much as I finally did, had there not been all those conditions."

- "A unique opportunity that should not be missed-powerful, supportive learning."

- "Diana and Elaine, who ran the PDW, provided a warm, stimulating and nurturing environment for learning, honing therapeutic skills and techniques, and experimenting with teaching and presenting theory. Together with all of the participants, Elaine and Diana wove a safe and strong container of receptivity, connection, support, dynamic exchange of ideas, and the opportunity to stretch ourselves as professionals and as people. The holding environment they created was, in my view, a palpable manifestation of the goals we strive towards as bioenergetic therapists, to offer our clients a space and a channel through which they can make contact with the deepest places inside themselves and grow from there. "





The Board of Trustees' Election

Pilar Llobregat

Dear IIBA members, the Board of Trustees and the Election Commission wish to thank all those who presented themselves as candidates in this election. The recount yielded the following results:

Europe	North America & New Zealand	South America
107 votes Patrizia Moselli	49 votes Barbara Middleton	56 votes Maê Nascimento
93 votes Fina Pla	48 votes Diana Guest	44 votes Marcia Barreto
90 votes Francisco Garcia Esteban	46 votes Garry Cockburn	31 votes Eulina Ribeiro
87 votes June McDonach		29 votes Tânia Buarque
76 votes Stefan Grenz		

The new BOT is then formed by:

Patrizia Moselli, Fina Pla, Francisco Garcia Esteban, June Mc Donach, Barbara Middleton, Diana Guest, Garry Cockburn, Maê Nascimento, Marcia Barreto and Eulina Ribeiro. From 03/02/2011 to 06/02/2011, the new BOT will meet in Lisbon.

I take this opportunity to inform you of IIBA's new email address: iiba.spain@bioenergeticanalysis.com.

Collège Français d'Analyse Bioénergétique



Guy Tonella

The CFAB is growing and giving us many satisfactions. Maryse Doess and Guy Tonella offered in 2009-2010 four bioenergetic analysis training workshops for a group of 11 Gestalt therapists and 7 of them decided to begin the whole 5 years training group. In April 2010, Guy gave a conference and then a round table with Maryse and Robert Faury in Toulouse, followed on the day after by a one day workshop of bioenergetic analysis discovery with Maryse.

During the training, we are including some theoretical work through our website (lecture of articles and forum), promoting interaction between trainers and students. Some short trainings in bioenergetic analysis for psychotherapists from other Schools are yet to be scheduled. We are also, from our website, receiving messages of interest from coaches being interested to have some experiences in bioenergetic analysis, so we are organizing special responses for them.

One amazing thing is that our website is visited by members of many countries including Japan, China, Russia, etc. Its menus are translated into 5 languages (English, German, Spanish, Portuguese, Italian), which, of course, helps the visitor. We are publishing many articles in different languages and have opened forums for our members and our students. Please, look on it! www.cfab.info

Southern California Institute for Bioenergetic Analysis



Gareth Bedrosian

Hello from the SCIBA. We have had an exciting year as a newly integrated institute. Our new website has been launched, <http://bioenergetics-sciba.org/index.html>. Please visit us and take a look at our new 'look'. Michael French from Ete Design has created a new logo and a refreshed presence for us and we're really pleased with what he's done.

Our San Diego based Curriculum Training Program is active as well as our One Year Training Group and we are hoping to start our Orange County/Los Angeles One Year Training Group in the fall. As far as advancements, Tarra Stariell has become a Local Trainer, Terri Martin has become an Assistant Trainer, Craig Gillett will be starting the trainer track in the fall and Ida Karoyan and Nicole Doctor have become CBT's. We also have a few other advanced trainees very close to becoming CBT's.

We have partnered with Living Ubuntu to offer low fee workshops so that Bioenergetics is more available to the communities of San Diego, Orange County and Los Angeles. The workshop presenters, thus far, have been Mac Eaton, Vincentia Schroeder and Tarra Stariell. They have offered fabulous presentations and been well received. Thanks to the hard work of Anshul Mittal and Barbara English of Living Ubuntu and Diane Devore and Terri Martin of SCIBA the workshops have been well marketed and presented.

In October 2011 the IIBA Conference will be in San Diego. We are so excited to host this event and the planning is well under way. The keynote addresses will be given by Daniel Seigel, MD, Professor Joachim Bauer, MD and Dr. Helen Resneck-Sannes.

Hope to see all of you at the IIBA Conference this coming October!

The SCIBA Training Program began the training-year in September. The first semester's trainers are Diana Guest and Mac Eaton with Craig Gillett assisting. A new round of the One Year Program began in October with Terri Martin being the leader of the didactic/experiential "class" that has a different CBT presenting at each month's meeting on a different character structure or relevant aspect of Bioenergetic Analysis. Note: SCIBA is the name of the recently merged institutes SDIBA and SCIBA.



The New Zealand Society for Bioenergetic Analysis

Barbara Davis
and
Garry Cockburn



The New Zealand Society for Bioenergetic Analysis completed the first year of its third IIBA training program in May.

We have 14 trainees. Our Co-ordinating Trainer, Barbara Davis from Austin, Texas was the first IIBA Trainer and came in June 2009 (photo) and was followed by Eleanor Greenlee (photo) from San Francisco who completed a five-day training for us in October last year. In May this year we had Guy Tonella from France visit and after doing a five day training for the trainees, he did a one-day workshop for the members of the New Zealand Society and some friends (photo). Our Local Trainer is Pye Bowden, and we have three local trainee-trainers, Garry Cockburn, Cynthia Davey and Molly Lynch.

We used Guy's presence in New Zealand to help us celebrate Cynthia Davey being awarded her CBT (photo).

Guy spent a few days travelling in New Zealand, visiting Queenstown and Milford Sound (see photo) in the South Island, before travelling back home to Toulouse in France. As New Zealand is almost exactly opposite southern France on the globe, Guy's long journey home was extended as Mt Eyjafjallajokull in Iceland closed Amsterdam airport just 20 minutes after he arrived back in Europe. That meant a long train journey home through the Netherlands, Belgium and France.

We so appreciate the dedication and commitment of all our International Trainers from the USA and Europe especially as we live a long, long way away at the bottom of the world.

If you can't visit us in New Zealand, please visit our website <www.bioenergetics.org.nz>



INVITATIONS

Summer Work/Play Shops



Bob Lewis

Bob Lewis, an IIBA Trainer since 1971, announces his annual series of **Summer Work/Play Shops** In Cutchogue, Long Island (NY) on July 14 – 18, August 4 – 8 and August 25 – 29 2011. Additional dates can be arranged in September and June for groups of at least 4 participants. On request, we can also offer smaller/more intensive seminars for 3 people maximum, Friday-Sunday.

Contact: docboblewis@gmail.com

Workshop location: The work/play-shops will be held at a magnificent seaside setting on the Peconic Bay, Long Island, 45 minutes from the world famous Hampton Ocean beaches, 1 1/2 hours from J.F.K. airport and 2 hours from Manhattan.

Format – Ambiance: In this safe and supportive environment people have found a healing place for their trauma. The workshops have been an intense, rich experience, not only for the participants, but also for my wife (hostess/chef), and myself.

The workshops are small (maximum 6 people), and I give each participant an individual session every day - in the group setting. Bearing witness to and sharing each other's struggle, adds a potent dimension to our work.

This year we are announcing three 5-day workshops, but this is potentially flexible. Typically, we work from 9:30 am till 1:30 pm, then we lunch, rest and play till 5:30; work resumes for another 2 hours, and finally we feast under a starry sky and let the evening envelop us. Registration is limited to 6 participants, so register early.

For more information : contact Bob at docboblewis@gmail.com or at this web site : www.bodymindcentral.com

NANZIBA Virtual Book Club



Michèle Dupuy-Godin ,

You have already received an invitation to participate to the North American and New Zealand Institutes of Bioenergetic Analysis (NANZIBA) virtual Book Club. For those of you who are interested, go to www.nanziba.com. Once entered, just click on "Book Club" to get to the blog – at the bottom of the page, click on **Comments**. Don't forget to write your name, your IIBA member status and your email, and if possible, your initial professional degree – in this way, you will be part of a research on tendencies.

You're welcome any time, any hour – eager to meet you there... –



the 21st IIBA International Conference San Diego



Diana Guest

We are pleased to announce the theme for the 21st IIBA International Conference San Diego, California U.S.A. October 26-29, 2011
Integrating Brain, Mind and Body: Clinical and Therapeutic Implications of Neuroscience.

We wish to emphasize **integration** through connecting recent neurobiological findings with clinical knowledge from practical Bioenergetic work. We want to explore how neurobiological findings relate to: muscular blocks, affect and emotion; human interactions and relationships, touch and attachment; changes in the therapeutic process.

The objective of the Conference is to bring together our international community with the intention of enhancing and more directly "feeling" the IIBA. To achieve this we will offer opportunities for dialogue, exchange of ideas, and small group experiences intertwined with major presentations that explore recent findings.

We also would like this conference be an opportunity to advance training in Bioenergetic Analysis and to bridge with the wider therapeutic community. We are pleased to say that we have 3 primary presenters so far:

Dr. Daniel Siegel M.D. psychotherapist, author, Clinical Professor of Psychiatry, UCLA School of Medicine. Dr. Siegel has published extensively for the professional audience and his book, *The Developing Mind: Toward a Neurobiology of Interpersonal Experience* (Guilford, 1999), introduces the idea of interpersonal neurobiology. Dr. Siegel is able to make complicated concepts exciting as well as easy to understand.

Prof. Dr. Joachim Bauer M.D. is Professor of Internal Medicine and Professor of Psychiatry at Albert-Ludwigs-Universität Freiburg, Germany. His medical proficiency covers the fields of internal medicine, psychiatry and psychosomatic medicine.

Dr. Helen Resneck-Sannes Ph.D. is a licensed psychologist, with training in various analytic, somatic, trauma based, and cognitive behavioral psychotherapies. She has taught in universities and colleges and trained other therapists throughout the United States, France, Spain, Italy, Canada, Brazil, and New Zealand. Her writing has been pioneering in their integration of transference, developmental, and somatic concepts in the theory and practice of psychotherapy. She is a member of the IIBA Faculty.

Our plan for all keynote addresses is to have translation into French, German, Italian, Portuguese and Spanish.

Continuing Education Credits

We are applying for Continuing Education (CE) credit approval from the major professional organizations. Being able to receive CEU (or CE) credits from the Conference is a benefit to many professionals in North America and Europe in being able to maintain a professional license. The CE granting bodies require all presentations to meet CE requirements, in order to give blanket CE credit coverage to our conference. If approved, the Conference will give around 20 hours of CE credit. The cost for attending the conference is being finalized and will be on the IIBA web site soon.

The Florida Society for Bioenergetic Analysis

Bioenergetics Personal & Professional Growth Workshops - Finding Your Aliveness on May 17-21, 2011

In Bioenergetic therapy we are always working towards helping the person find the aliveness in their body. Being able to feel and express one's feelings. The release of muscular tension and the holding of energy in the organism. We use this energy to help a person find a new way to be, which leads to increased joy and pleasure in living.

Our problems can originate from disturbances in our personal relationships, working with the group support offers an opportunity to explore deeper work and connection. Being away from everyday cares makes it possible to focus on your own feelings and needs. 5 day workshops offer an intense therapeutic experience often helping to clarify patterns of thinking and emotional response that are no longer constructive. New ways can be found to grow to one's full potential and be fully alive in the now.

Frank Hladky MD, is a native Oklahoman, a graduate of OU Medical School (1946) and a board certified psychiatrist. Director of the Tulsa Psychiatric Clinic from 1963 to 1978. Frank has been a Bioenergetic Therapist for over 35 years and has trained therapists in the United States, Canada, Europe and South America.

Diane Gobrogge, D.O.M., L.Ac., is a licensed Acupuncturist and Bioenergetic Practitioner. She has been practicing Traditional Chinese Medicine for 15 years in Wilmington N.C. Diane began studying Bioenergetics over 20 years ago with Dr's Alexander Lowen & Frank Hladky. She completed the 5 year professional Training Program with Dr. Frank Hladky & Anna Miller in 2002. Diane bridges the philosophy & the body based techniques of Chinese Medicine & Bioenergetics. In both individual personal work and group healing, participants explore the safe and transformative process of "Finding Your Aliveness".

The upcoming workshops dates are: May 17-21, 2011 from Tuesday (9:00 am) to Saturday (12:30 pm) at Frank's Ranch at this address: 21589 East 151st Street South Coweta, OK 74429. Contact us for lodging.

<http://www.bioenergetics-society.com/>



F. Hladky



INVITATIONS

(Continued)

23rd Annual Bioenergetic Summer Retreats



Bethany Doyle
Rosalind McVicar



Danita Hall

From June 24 to July 1 or July 3 to 10, come to the beautiful North Shore of Prince Edward Island, Canada.

You will experience:

Deep work, a beautiful place near sandy beaches, "Down to Earth" people, and an Amazing price that includes private room and meals, individual and group therapy. For more info:

<http://www.bioenergetictherapy.ca/>

Both therapists and clients find healing and renewal in our programs.



Mobilize Energy • Revitalize The Body • Connect Heart-Mind-Body

Bioenergetic Exercise Classes sponsored by the New York Society for Bioenergetic Analysis are held on Thursdays 7 - 8 pm. The fees are \$15 per class - Series of 10: \$100, location: Ripley-Grier Studios, 131 West 72 St, New York, NY.

To enroll please contact us: (212) 665-3908 or docsbpsych@aol.com (Please wear clothing in which you feel comfortable moving)

CONGRATULATIONS TO THE NEWEST KNOWN CBTS

From the Quebec Society :

Marie-Sybille Coppée
Marie-Anne Lamy
Danielle Houle



In the Southern California Institute :

Ida Karoyan
Nicole Doctor
Janet Pinneau
Michael Kimmel
Jackie Mills



In the New Zealand Society :

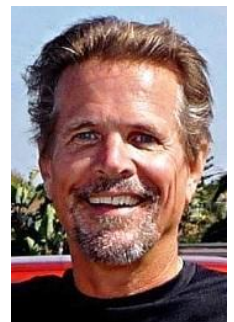
Cynthia Davey



EDITORIAL CONCLUSION

Hello! My name is Michael Brennan and I have been a member of the IIBA for nearly 30 years. I am the new Editor of the IIBA Newsletter. It is with performance anxiety and excitement that I venture forth into this new endeavor! This edition has been a long time in the making due to a variety of delays. It is our plan to issue this Newsletter at least twice per year. With your contributions, we can continue to make our Newsletter an enriching and enjoyable informative and connection-maintaining medium. I hope you enjoy this edition. A big thanks goes to H el ene G enier for putting this newsletter together and to all of you who have contributed submittals!

I look forward to meeting you at the IIBA Conference in October in my hometown, San Diego, CA, USA



Michael Brennan

Layout: H el ene G enier