
IIBA AWARDS 2019
CLINICAL CATEGORY



Packages of the heart: the passage of the medium

The arrival at 40 is an invitation to look deeply into everything that has been built and lived through the years.

It is an odd moment rich in changes, transformations and resignifications. For many women it is a moment of reunion with their real essence, breaking of beliefs and paradigms.

In this situation also comes a mixture of emotions and sensations that make up the female soul.

The purpose of her article is to bring a differentiated look at the arrival at age 40 for women and how this movement, known as Metanoia or "Middle Passage", influence in various aspects of women's life as family, professional life, "being feminine", Relationships and way of seeing and positioning themselves in the world.

Along with this singular look throughout this article it can also be seen how the Bioenergetic Analysis contributes to the strengthening and grounding of the woman in this package of her individual process of reunion with her soul and real essence.



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