

BOT MEETING

MARCH 6-9, 2019

MINUTES





Sana Executive Hotel - Av. Conde Valbom 56, 1050-069 Lisboa, Portugal



1. Diana Guest (DG)
2. Ana Lúcia Faria Faria (AF)
3. Anja van der Schrieck-Junker (AS)
4. Cristina Piauhy (CP)
5. Jayme Panerai (JP)
6. Josette van Luytelaar (JL)
7. Maria-Rosaria Filoni (RF)
8. Michael Brennan (MB)
9. Paola Bacigalupo (PB)
10. Rick Spletter (RS)
11. Scott Baum (SB)

Also present: Nina Schubert (scribe)



Wednesday - March 6: 2:00 pm - 6:30 pm*

Thursday - March 7: 9:00 am - 6:30 pm*

Friday - March 8: 9:00 am - 6:30 pm*

Saturday - March 9: 9:00 am - 6:30 pm*

* Starting Time (09:00 am). Coffee break 11:00 am & 4:30 pm - lunch break 12:45 pm - 2:45 pm.

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1 Opening of Meeting

1.1 Welcome and check-in round

DG opens the meeting. Check-in round is held.

1.2 Setting the timetable, decision making and approval of agenda

Agenda, timing and system of decision making (gradients of agreement) are agreed on.

1.3 Allowances

As done for the last BoT meeting in 2018, each BoT member receives an Allowance to spend on taxis and lunches. The amount is 192 EUR for everybody, except for AS and RF. AS receives 214 EUR and RF receives 234 EUR due to higher taxi costs in their home towns. The allowances are handed over to the BoT members.

2 Previous Minutes and Review Decisions between Meetings Document

The previous minutes from the BoT meeting (March 7-10, 2018) and Zoom meeting (November 11, 2018) as also the summary of the “decisions between meetings document” are handed out.

3 Reports, updates & ideas

3.1 Faculty Committee

The Report from Danita Hall is read.

The Faculty is holding regular Zoom Meetings and right now they are organizing the International Faculty Meeting from May 18 to May 22, 2019.

RS informs that the Faculty Committee believes that their mission is pretty much based on keeping the International Faculty connected.

3.2 Teaching Committee

SB informs that the Teaching Committee is not operating as a real committee at this moment. Nevertheless, SB is handling the transition of full responsibility of the PDW to the International Faculty. Alex Munroe is now the Responsible for the PDWs. The Faculty is in process of

rationalising the PDW structure, function and relationship to the affiliated local societies and training groups. Alex Munroe hopes to be able to announce the location for the next PDW (in 2020) at the 25th IIBA International Conference.

SB will remind the Alex Munroe (as the new Responsible for the PDWs) to pay attention to the budget as it has to be approved by the BoT.

The Teaching Committee is reviewing the Training Curriculum. As everybody knows, there was a mayor revision 2 years ago. But there was and still is a strong need of more in-depth abstracts to make understand the core contents of each phase and chapters. SB sends the draft of the updated Curriculum to the BoT members. The updated Training Curriculum will be presented in next Faculty Meeting in May 2019.

3.3 Research Committee

The Research Committee is formed by Jan Parker, Livia Agresti, Paola Bacigalupo, Helen Resneck-Sannes and Patricia Moselli. The Research Report is read.

PB reads a request from Patricia Moselli: She asks for a financial support of 250 EUR for attending an upcoming Research Workshop in Italy (this year). The BoT decides to budget 250 EUR for Research Projects 2019. Nevertheless, the decision if the money gets granted to Patricia Moselli lies on the Research Committee. PB informs all involved parties on behalf of the BoT.

Jan Parker contacted with the North American databases. Right now, answers are pending, so no news regarding getting included bioenergetic articles in databases of Ebesco, PsyArticles and PsyLit. Latin America also wants to include the Journal Articles / Abstracts in Latin American databases. The BoT decides that this task should be handled by the Research Committee. They should investigate how to proceed and define the most interesting databases for getting included and becoming more visible in the field of psychotherapies.

3.4 Ethics Committee

See chapter 10.4

3.5 Election Committee

In 2018, the IIBA did not celebrate any election. Hence, the Nomination Committee has nothing to report regarding the 2018 election year. Janet Pinneau is willing to chair the 2019 Nomination Committee. The next elections are scheduled for the end of 2019.

3.6 Journal

The Report of the Journal 2019 from Léia Maria de M. Cardentuo is read.

The Editor Team received a good number of articles, but they came later than they expected. There will be six articles in this new edition, three of them about shame, each one bringing a different and interesting point of view. There will be also a paper about bioenergetics and gender - how the LGBTIQ* community is already struggling to be understood inside our field. There is an article on the theme of violence, rampage shooting, and some character structures prone to it, and how to deal with them. And lastly, there is an article about relational trauma as a 'mind transitional object' and a new technique to deal with it.

Letter from Leslie Ann Costello

The letter from Leslie Ann Costello is read. It is about digitalizing the Clinical Journals (offering e-books). As stated in the 3.9 website report, our Webmaster will upload articles from Clinical Journals (from 1984 to 2003) to our website in the forthcoming weeks. Due to the contract with our publisher, newer Clinical Journals can't be digitalized by the IIBA at this moment. They are for sales on the website of the Psychosozial-Verlag: <https://www.psychosozial-verlag.de>

The BoT discusses the limitations of re-publishing the Journal Articles based on the very strict contract signed with the Psychosozial-Verlag many years ago.

RF will make research about costs and viability of alternatives for future editions of the Clinical Journal. RF will report back in the BoT Meeting May 2019. NS will answer the letter on behalf of the BoT.

3.8 Awards

Awards 2018

The Report "Report regarding the IIBA Research Grant Result awarded May 2017" from Jan Parker is read. Unfortunately, they were not successful in obtaining response regarding their "Wellness Questionnaire and the Patient Health Questionnaire" sent out. In the summer of 2018, they suspended their efforts.

Jan Parker will try to engage members to create regional Research Committees and will hold a workshop about Research in Bioenergetic Analysis at the 25th IIBA International Conference. Her workshop will discuss various research methods which are accepted in the larger psychological community as valid. She will encourage participants to bring their ideas for research projects to discuss.

Awards 2019

The Report from RF is read. We received more proposals than for the IIBA Awards 2017:

Papers received:	Papers received by regions:
<ul style="list-style-type: none"> • 3 proposals for research 	<ul style="list-style-type: none"> • 8 proposals arrived from Latin America

<ul style="list-style-type: none"> • 4 proposals for clinical work • 5 proposals for social work 	<ul style="list-style-type: none"> • 4 proposals arrived from Europe • None from Nanziba
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The winners will be announced at the conference (not before). If the winner can't come to this conference, the conference fee for the next conference (2021) will be waived.

The winners will be able to talk about their papers in the Conference (during the Membership Meeting) and we will offer them the possibility to exhibit their papers during the whole 25th IIBA International Conference. The IIBA Awards Committee will contact all participants of the IIBA Awards 2019 for their approval, so our Webmaster can upload their papers to our website.

3.9 Website

The Report from Claude Thovex is read.

The BoT appreciates Claude Thovex' work and effort for creating the new website and his willingness to present the new website to our membership at the 25th IIBA International Conference. The BoT approves to make space for a short website tutorial during the Membership Meeting.

Clinical Journal upload to our website: Articles from the "old" Clinical Journals will be uploaded (from 1984 to 2003) in the forthcoming weeks.

3.10 Social Media

The Report from NS is read.

The BoT will try to find new volunteers for our Social Media Committee from Europe and Nanziba. The Social Media Committee should focus on storytelling (relevant content). The BoT confirms the IIBA Social Media behaviour for the time being (until a Social Media Committee makes an official IIBA Social Media Policy):

- All use of Social Media is open and transparent and taking care to protect main Stakeholders. We support honest, transparent, and knowledgeable dialogue.
- We post (= create) pictures, videos, news, events, quotes and poems from the IIBA, Founder(s), affiliated Local Societies, Individual Members and Regional Federations.
- We share (=link) all news, events, quotes, poems, pictures, videos, etc. from affiliated Local Societies, Individual Members (IIBA Dues paid of the current year) and regional federations.
- Rarely we share links from Foundations, Associations, Common News Platforms, Journals, Magazines aligned to our goal (alleviating human suffering).
- We put engagement first.

We don't use it as a broadcasting platform. We respond all questions, comments (even negative ones), posts. We use relevant hashtags:

#BioenergeticAnalysis #BioenergetischeAnalyse #Bioenergetica #AnalyseBioénergetique
#AnalisiBioenergetica #Bioenergetics #AlexanderLowen #BodyPsychotherapy, etc.

We give likes to all kind of posts linked to Bioenergetic Analysis and / or aligned to our goal (alleviating human suffering). Our communication is based on: gratitude, appreciation, generosity & kindness.

3.11 Newsletter

Ingrid Cryns from the Southern Ontario Society for Bioenergetic Analysis is our new Newsletter Editor since 2018. The BoT appreciates a lot her job done and is looking forward to receiving the next Newsletters in 2019.

DG will write a short note for the next Newsletter asking for volunteers to translate (in different languages) parts or the complete Newsletter.

The next Newsletter is scheduled for March 2019.

3.12 The International Day of Recognition of Bioenergetic Analysis

In general, this idea is very interesting and it seems that just naming a day might increase the presence of Bioenergetic Analysis in the world.

Nevertheless, there are doubts how it can be realized and how it can be handled locally due to cultural and country specific differences. All above the BoT and most properly many societies do not have the energy to make it happen. Many affiliated local societies focus more on introduction workshops, professional workshops and training groups.

The BoT approves as follows: The International Day of Recognition of Bioenergetic Analysis will be held on May 15; on the date of the founding of the first institute by Alexander Lowen and colleagues. (Institute for Bioenergetic Analysis (IBA) – May 15, 1956)

The BoT discusses a Live Streaming Event in Social Media on that day.

3.13 Book updates

RF reports: the book "Love, sex and relationships" is ongoing. 2 articles are already written.

The book "Shame" (papers, articles and presentations from the PDW 2018) is ongoing. Typesetting and layout is pending. The BoT decides to make an e-book for free (no hard copies).

Nevertheless, RF will request quotations in order to find out costs for publishing hard copies and / or having a couple of hard copies at the 25th IIBA International Conference.

3.14 Bioenergetic Analysis in the digital world (challenges)

RF reports “attacks” against Bioenergetic Analysis. For example, Wikipedia articles of Bioenergetic Analysis (in different languages) have been modified for worse. A couple of BoT members reports about the unsuccessful attempt to modify Wikipedia articles.

3.15 Campaign against non-conventional therapies (Medical Association of Spain)

Since the end of last year, the Medical Association of Spain (www.cgcom.es) has been making a campaign against “pseudo-therapies” with the intention to ban “pseudo-therapies” from universities and health centres. They state that “pseudo-therapies” negatively affect health by perpetuating illnesses, causing others, or even increasing the risk of death.

As the Dutch Government banned Bioenergetic Analysis Therapies 5 years ago, JL explains her unfortunate experience: JL states that all these movements were entirely developed on economic and political interests. More than 1.000 psychotherapists joined a platform fighting against the law, but without success.

The BoT very much regrets that kind of actions against Bioenergetic Analysis. The Spanish Institute might request help and guidance from Switzerland (recognition by the government achieved), Italy (Bioenergetic Therapist Training is recognized by the law: article 3 56/89) and Brazil (members realizing trainings and workshop with the support of public universities).

The BoT is unable to help on an active level but open for all specific requests of support.

3.16 CBT Certificates

NS informs about a couple of complaints received regarding content and design of the current CBT Certificates.

The current process is explained and the BoT agrees on maintaining this process. The BoT approves to add “Date of issue”. The rest has to be discussed and approved by the Faculty.

The BoT highly recommends to supply a “second certificate” on local level (not prepared by the IIBA). The local certificate might include all kind of country specific details.

4 Financial Topics

4.1 Closing Budget 2018

The Closing Balance 2018 is reviewed and approved.

4.2 Summary Project Fund 2018

The Report of the Annual Project Fund 2018 is reviewed. 15 affiliated local societies / regions applied for the IIBA Project Fund 2018: 4423,50 EUR & 2785 USD (pending payments: 1212,75 USD).

4.3 Approval for Budget 2019

The Budget 2019 is reviewed and approved. There is no other option than accepting a deficit of 28.000 EUR. The BoT accepts this deficit and is conscious that it will be taken out of our “legacy fund”.

Details:

- The BoT does not approve the renewal of the membership with the USABP anymore. IIBA will finish the membership in 2019 (savings: 650 EUR).
- We have to cut costs. Options are discussed for 2020:
 - The translated Journal is very cost intensive. It is not affordable based on our current income structure (dues payments).
 - The Project Fund is not feasible based on our current income structure (dues payments).
 - Eventually the IIBA should only publish e-books. The IIBA might get rid of the hard copies.
 - In-person BoT meeting 2020 might be shortened or might be replaced by Zoom meeting(s).

The BoT draws attention to the need of including profit margin in the biennial conferences.

The discussion about how to improve the IIBAs financial situation will be continued in the upcoming BoT Meeting May 2019.

4.4 Dues 2019

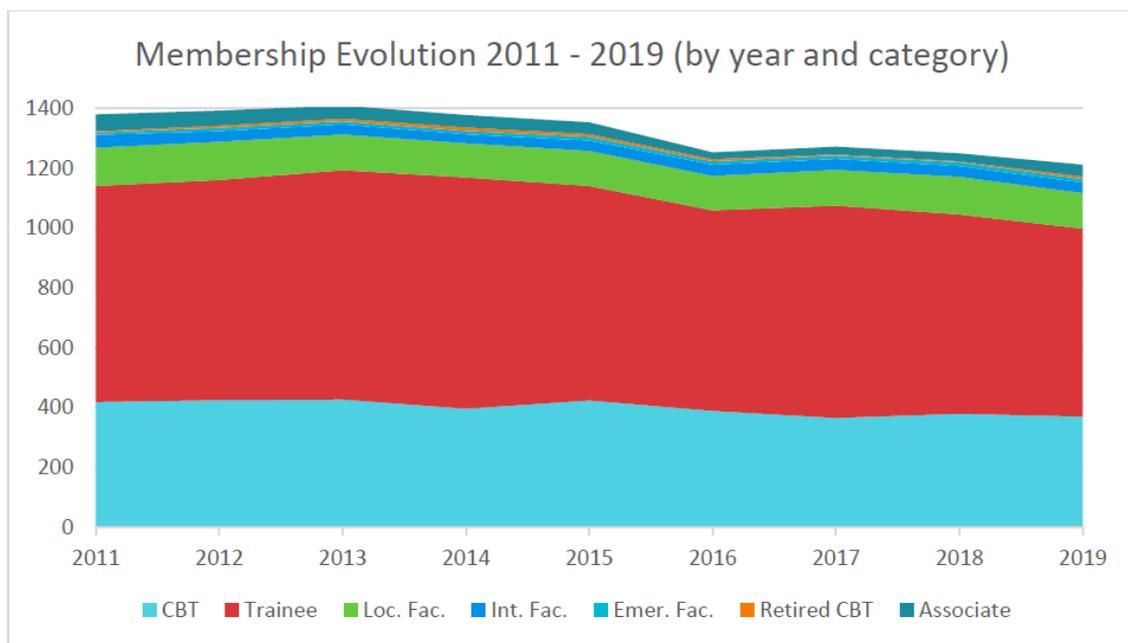
The membership dues from affiliated local societies and Members at Large / Individual Payments are reviewed and summarized. On February 25, 2019 the IIBA received Dues 2019 payments as follows:

- From affiliated local societies and training groups: 108.850,42 EUR
- From official Member at Large: 7.408 EUR
- From Members affiliated to local societies but paying individually: 4065 EUR

The IIBA registered 194 drop outs in 2018:

- Trainees: 128
- Associates: 3
- CBT: 50
- Local Faculty: 11
- Int. Faculty: 1
- Emeritus Faculty: 1

The IIBA has been losing members since 2011:



Reasons for dropping out are death, retirement, lack of recognition and connection, process to become CBT is too long, etc.

The BoT wants to discuss this topic: “how to get members to stay” with the members during the Membership Meeting.

4.5 Professional fiscal and tax advice update

SB explains that there are no options to make smart investments with the current funds. The BoT agrees on maintaining the Investment Fund.

4.6 Tax and Court Department Spain

DG will go to the Spanish Embassy on April 11, 2019. She will sign a specific Power of Attorney, so NS should be able to request the urgently needed virtual mailbox for communications with the Spanish Tax Agency.

5 25th IIBA International Conference 2019

The budget and YTD costs are reviewed. Even if we have reached (almost) the number of maximum participants, we are still losing money. The losses are the result of fixing a very low Early Bird registration fee.

NS reports about registrations as IIBA Trainees & IIBA Members from “non-active” Members. NS will contact with these people in order to ask them to pay their IIBA Dues 2019. If those people do not pay their IIBA Dues 2019 before attending the 25th IIBA International Conference, they will be approached personally by BoT members during the event.

NS will inform the affiliated local societies about IIBA Trainee registrations which are still unknown to the IIBA as they have just started a Training Programme recently. The affiliated local societies will have to confirm that IIBA Dues will be paid for them before October 31, 2019.

5.1 Scientific Committee

The current versions of the Training Days, Pre-Conference and Conference Program and Afternoon Workshops are handed over.

The Scientific Committee is organising another Pre-Conference Workshop (for Wednesday, May 22, 2019) led by Ana Lúcia Faria, Grace W. De Barros Correia and Jayme Panerai. The Scientific Committee will inform about more details soon.

RF explains the programme (plenary sessions, key-note speeches, panels, etc.).

5.2 Organizing Committee

No formal report from the Organizing Committee.

5.3 Miscellaneous

DG, RF, PB, NS will meet by zoom to continue with the organization of the 25th IIBA International Conference.

5.4 Membership Meeting

The BoT talks about the content of the Membership Meeting at the 25th IIBA International Conference. The Membership Meeting will be held on May 25, 2019 (Saturday) 03:00 pm – 04:30 pm (90 minutes of duration).

The BoT approves the direction of DG's Introduction Speech.

6 26th IIBA International Conference 2021

BoT brainstorms about possible locations:

- JP mentions the option of Lima Universidad César Vallejo (Peru).
- DG asked the Sociedad de Análisis Bioenergético de República Argentina.
- Other locations might be: Montevideo (Uruguay), Colombia, outside of São Paulo: Paraty (Brazil).

The BoT will brainstorm about themes in the BoT Meeting May 2019.

6.1 Change in the selection of the Scientific Committee

The request of changing the procedure of the selection of the Scientific Committee from Nanziba is read.

Nanziba requests a broader organization and also asks for opening the process of selecting the members of the Scientific Committee to all active IIBA members. The BoT welcomes this suggestion. Nevertheless, the BoT wants to keep the process at it is: the BOT continue to select the Chair of the Scientific Committee and it is her/his task to form the "Scientific Committee".

RS will report back on behalf of the BoT.

7 Membership

7.1 Members at Large (Local Faculty Members)

In the BoT Zoom Meeting on November 11, 2018 the BoT stated as follows: the IIBA does not grant the status of Local Faculty Member. In case that a Local Faculty Member leaves her/his affiliated local society, she/he can't carry her/his status with her/him. Hence, Members at Large can't be Local Faculty Members.

The BoT encourages all currently listed Local Faculty Members as Members at Large to get in contact with International Faculty Members in order to find new options / being recognized

and / or getting attached to another affiliated local society or Training Groups and hence, to get involved again in Training Programmes.

DG and SB will draft an official policy which will be uploaded to our website and communicated to our membership.

7.2 Dues Refund Policy

The proposal of an official Dues Refund Policy is handed over and reviewed. A couple of modifications of the text are listed.

The BoT approves the modified Dues Refund Policy. NS will communicate the Dues Refund Policy to the members affected and the policy will be uploaded to the website.

7.3 Results & inputs from the regional Member Experience Improvement Meetings

A survey was sent to the Directors / Presidents (in Europe and Latin America) in order to

- get the pulse what is happening,
- understand better the needs of the membership,
- start a closer dialogue,
- prepare / adapt the Strategic Plan,
- prepare the Membership Meeting (25th IIBA International Conference in May 2019).

Europe: PB explains the results: 24 societies have been contacted. 11 societies have answered:

Österreichische Gesellschaft für körperbezogene Psychotherapie - Bioenergetische Analyse (Austria), Société Belge d'Analyse Bioénergétique (Belgium), Belgium, Collège Français d'Analyse Bioénergétique, Société Française d'Analyse Bio-Energétique (France), Süddeutsche Gesellschaft für Bioenergetische Analyse (Germany), Società Italiana di Anàlisi Bioenergètica (Italy), Polskie Stowarzyszenie Analizy Bioenergetycznej (Poland), Moscow Training Group and former society of Perm (Russia) , Schweizerische Gesellschaft für Bioenergetische Analyse und Therapie (Switzerland), Instituto Madrileño de Análisis Bioenergético and Associació Catalana en l'Anàlisi Bioenergètica (Spain).

Basically, many affiliated local societies are struggling. In most European countries Bioenergetic Analysis is not recognized. Many societies cooperate with other psychotherapy institutions and the sessions are mostly private-paid.

Our affiliated local societies are facing challenges like: lack of literature of Bioenergetic Analysis and people volunteering, complications for receiving supervision, exchange of know-

how, interface problems inside of our organization, being recognized by the government and process of accreditation.

The relationship with the International Faculty is rated as regular. A couple of societies complain about missing contact and exchange of specific knowledge. The relationship with the BoT is rated very low.

Improvements proposed are among others: Training content; make Bioenergetic Analysis more acceptable for the rest of the world, conduct researches, provide more teaching documents, improve the presence of Bioenergetic Analysis in “everyday life” (media, conferences, etc.)

Latin America: CP reports about the results. 6 affiliated local societies have been contacted. 3 societies have answered.

The affiliated local societies face difficulties in keeping alive Training Programmes and payment for International Trainers due to the economic crisis / depression in their countries.

The relationship with the International Faculty is rated better than with the BoT. Nevertheless, there is a lot of space for improving both relationships.

Improvements proposed are among others: Communication (language, understand culture differences, make sure that the information reaches everybody), adjustments in the annual dues structure, etc.

The survey was not sent to affiliated local societies in Nanziba. It was sent to the Board of Nanziba. Answers are pending. RS will take care of collecting answers and will report to the BoT.

The BoT understands that the IIBA has to improve the communication effectiveness, pay special attention to recognize efforts and strengthen the ties with the Directors / Presidents of the affiliated local societies on a very regular base. The BoT will discuss and look for solutions together with the affiliated local societies in the Society Directors / Presidents Meeting and Membership Meeting at our 25th IIBA International Conference.

7.4 Dues 2020 (ideas, proposals, next steps)

The BoT had no time to discuss this topic. Somehow it will be addressed to the Directors / Presidents and Members during the Directors / Presidents Meeting and Membership Meeting at the 25th IIBA International Conference.

7.5 Scholarships (for trainees and participations in conferences)

The BoT had no time to discuss this topic. Nevertheless, there is a common feeling that scholarships or any other kind of financial support has to be settled by the Scientific Committee in charge of the Conference.

8 Regional Structures and Local Societies

8.1 China (new) region for elections 2019

China is not fitted in an official region of the IIBA. The BoT decides to include China temporarily in the Nanziba region. This solution is temporary until at least 1 Chinese member fulfils the requirements to get on the voting list and the option of becoming a Board of Trustees Member is real.

8.2 Russian structure

SB summarizes the issue about the Russian situation during the second semester of 2018 and beginning of this year. The Moscow Training Group organization reached a “break down” of their structure. Angelina Sarmatova has taken over the coordination. The Coordinating Trainers and the Chair of Teaching Committee have received feedback that the Moscow Training Group is now on a very good path towards a professional organization.

The BOT wants to encourage the former Perm Society to find ways to set up a new Training Group. DG will address this issue to the IIBA Faculty Meeting in May 2019.

Letter from the Moscow Training Group

The letter is read by PB. SB (as the chair of the Teaching Committee) will answer.

8.3 Ethic Case 1 and 2

The BoT summarize the facts and situation of both cases.

More in chapter 10.4 update & proposal of Code of Ethics.

8.4 Scandinavia (Norsk Institutt for Bioenergetikk NIBI)

The Application / Letter from the new Norsk Institutt for Bioenergetikk NIBI is read.

The BoT accepts the Norsk Institutt for Bioenergetikk NIBI as a new affiliated local society. DG will inform the president (Arild Hafstad) of the Norsk Institutt for Bioenergetikk NIBI.

8.5 Libertas: Bank Charges (IOF) for IIBA Dues Payment

The request for crediting bank charges (IOF) from the Brazilian affiliated local society Libertas is read. The bank charges are extremely high in Brazil (Libertas paid: 338 EUR of bank charged). The Director of Libertas (Grace Wanderley De Barros Correia) asks for refunding these bank charges. The BoT can't accept this request at this moment.

The BoT discusses the option to take over all bank fees. Nevertheless, that would mean losing up to 8 – 11 % of the income of dues payment. This is not feasible at this moment. The IIBA is not in a position to accept even lower incomes from Annual Dues. JP reports back on behalf of the BoT.

The BoT decides to collect the information about bank charges for bank wires of dues payment to the IIBA. NS will send an e-mail to the Treasurers in order to find out bank charges from the different affiliated local societies. The discussion will be continued in the BoT Meeting May 2019.

8.6 Israeli Society for Bioenergetic Analysis (Dues Discount)

The letter from Daniel Baum is read. SB (as the Coordinating Trainer) explains the singular financial situation of that person. The BoT agrees on as follows:

The affiliated local society (Israeli Society for Bioenergetic Analysis) might apply for the IIBA Project Fund 2019 (before March 31, 2019) in order to pay (partially) the dues for Daniel Baum. Daniel Baum must cover the rest of the debts of dues (“4-years retroactive rule”). SB will contact the Israeli Society.

9 Business & New Business

9.1 South Africa (Parkmore Institute - Barnaby B. Barratt)

SB has talked to Barnaby B. Barratt (www.parkmoreinstitute.org) about collaboration.

The Parkmore Institute is dedicated to offering education and training of the highest scholarly standards, promoting social, cultural and personal change (all on-line education / no demand for residency education in South Africa). They offer professional doctoral degrees (“practice-based PhD”) to individuals from all around the world who are already working in the field as experts in community action, socio-political or ecological transformation, and individual change processes.

The Parkmore Institute would like to collaborate with the IIBA. They would be grateful if the IIBA recognizes their institute. They ask to give them an outlet / a place to make them known inside of the IIBA organization. IIBA members would receive a discount in their application fee.

The BoT approves that the IIBA begin a relationship with the Parkmore Institute. SB informs the Parkmore Institute about our decision. SB will write a short statement for getting the Parkmore Institute included in our website. AS might combine her next holidays with a visit to the Parkmore Institute to discuss options of collaboration and meet them in person.

9.2 Alexander Lowen Foundation

Frederic Lowen requested to speak on the 25th IIBA International Conference.

At this moment we are not able to give him space to address the whole group in a plenary session. All speeches at conferences have to be approved by the Scientific Committee. RF, as the Chair of the Scientific Committee informs that the programme was set months ago. There is no option to include him at this stage. DG will inform Frederic Lowen.

9.3 Recognition & Legacy

DG suggests to honour members who have given huge contribution to the BoT over the years. A couple of BoT members want to think about a transparent procedure for “election”. Others prefer a “free decision of the heart”. Different awards are discussed, like “Service Award”, “Lifetime Achievement”, “Publication Award”, etc.

10 General

10.1 Recruitment of new BOT members

DG informs about the request received from Nanziba: They ask for “real voting conditions”. People want to have a choice when voting for their representatives. Unfortunately, in the past elections, a very low number volunteered for becoming a BoT Member.

The BoT Members as follows will end their terms in the end of 2019:

- Europe: AS, PB and RF.
- Nanziba: SB.
- Latin America: AF.

Hence, there will be 3 new BoT members from Europe, 1 new BoT member from Latin America and 1 BoT Member from Nanziba in the BoT 2020.

The BoT encourages all members (who fulfils the requirements for becoming a BoT Member) to present their candidatures. The BoT Members will also spread the word in person in their regions.

10.2 Update of Strategic Plan

SB and JP have worked on the Strategic Plan. SB reports: directional changes have happened in the past: the strategic plan should be based on how to develop, to support and determine an identity for members. The identity should be based / include:

- All members are important (equal values).
- The IIBA should support individual members and affiliated local societies in their process to become mature. That process should include 1. equality of value, 2. value of maturity (becoming professional member and societies) and 3. integration of members across cultural and geographical lines. These 3 elements should be considered as essential in the new Strategic Plan.
- Furthermore, a basic principle should be that we are 1. grounded in reality, 2 we want to encourage full and open discussion and 3. our believes in and how we conduct ourselves.

The BoT agrees on that the Strategic Plan is needed to facilitate the emergence of that new identity as we are shifting from “trivial” identity (how to survive) towards “heart felt / professional / global (all together) etc. identity”.

SB will draft a proposal of a new Strategic Plan; open for discussion and modifications. The discussion will be continued by e-mail and in the next BoT Meeting May 2019.

10.3 By-Laws

CP and MB have worked on modifications of the By-Laws in a workout group. CP and MB present their proposals.

Details reviewed and proposed / discussed modifications:

- The definition of “Bioenergetic Analysis is a specific form of body-psychotherapy” will be kept.
- “Study Group” will be changed through “Continuing education Group”.
- Adjustment of the sentences regarding the yearly confirmation by the President regarding affiliated local societies.
- Highlight “biennial” organization of conferences and PDWs.
- Make emphasis that IIBA also supports social work using principles of Bioenergetic Analysis.
- The ByLaws will not be changed, but it is discussed that China will be included in the Nanziba region until at least 1 Chinese member fulfils the requirements to get on the voting list and the option of becoming a Board of Trustees Member is realized.
- The term of being a Trustee of Past President will be adjusted: 1 year only.
- The balance of government (International Faculty Members and/versus CBTs) will be reviewed in the Joined BoT & International Faculty Meeting.
- Removal of Trustees: Decrease to 2 consecutive failures of attendance at BoT meetings.
- Highlight “dues paid” in classes of members and voting rights.
- The dues chapter is confusing. MB will review the wording.

CP and MB will draft new ByLaws for discussion in the BoT Meeting May 2019.

10.4 Update & proposal of Code of Ethics

AS, JL and RS have worked on the update & proposal of the Code of Ethics in a workout group. AS reports:

The IIBA wants open dialogue; talk, discuss and find solutions together with all involved parties in cases of “wrong” ethical behaviour.

Nevertheless, the IIBA hasn't any executive power to settle things right. Members of the IIBA can act as advisor or consultants but ethical issues have to be solved on a local level.

The IIBA has come to see that “the lessons learned” from both Ethic Cases (1 and 2) are very important to the organization. AS will run an Ethics Workshop at the 25th IIBA International Conference to raise consciousness about this issue.

AS, JL and RS will draft an official statement (it might include a general guideline). The discussion will be continued in the BoT Meeting May 2019.

10.5 EU General Data Protection Regulation (Appointing Data Protection Officer)

Josette Van Luytelaar agrees on taking on the task of Data Protection Officer.

11 Next Meetings

11.1 BoT Meeting Torres Vedras (May 20 - 22, 2019)

The BoT May 2019 will start with the dinner (BoT & Faculty) on Monday - May 20, 2019 and finishes on Wednesday - May 22, 2019.

The BoT approves reimbursement of travel costs 5/7. The IIBA will reimburse 2 hotel nights (single room) for the nights Monday (May 20, 2019) and Tuesday (May 21, 2019). The IIBA will also reimburse 2 lunches and 3 dinners (including the joined BoT & Faculty Meeting).

Everybody will take care of her/his registration. NS will reimburse the costs by bank wire or cash at the BoT in May 2019 but will not take over the booking.

11.2 Joined BoT & Faculty Meeting (May 21, 2019 Afternoon)

The BoT discusses agenda options.

In the meantime, the BoT wants to ask the Faculty to think about including Education of Ethics in the Training Curriculum and the BoT wants to inform the Faculty that the BoT thinks about working on a general description about “how does a healthy local society looks like” (leadership, participation, process to become a mature and professional society, etc.). For

that reason, the BoT wants to ask the Faculty to inform / give input about guidelines / recommendation about the educational part (tasks & responsibilities for a Coordinator Trainer, etc.).

RS will inform the Faculty Committee on behalf of the BoT.

11.3 BoT Meeting 2020

The BoT Meeting 2020 will be held from March 18 to 21, 2020. NS will pre-book the same hotel as this year: Sana Executive Hotel. Nevertheless, NS will try to find another hotel: more centrally located and with a meeting room with natural light. NS will inform as soon as possible.

12 Addendum

12.1 Decisions made by the BoT between the meetings

Nº	Date	Title	Description	Comments																																																																																																																																				
1	28/03/2018	CI Update	The Website Committee is in favour of refreshing our IIBA logo a little bit and of asking for professional advice in order to improve our consistency of our society identity throughout all of our internal and external marketing (specially for our new website). A fresh logo and templates would reflect our move to "modern bioenergetics" and would give a more current and up-to-date image of our society. This is reassuring to its existing members and (hopefully) attractive to new one. The idea is not to completely change it (as many societies have a tie into the current logo).	Costs: 3.025 EUR																																																																																																																																				
2	29/04/2018	CI Decision	The BoT has decided on logo H with more gradience in the color of the background from the green to the greenish blue. They wanted lettering H also. They want to see two samples. One with the lettering in the same gradience of color as the logo and another with the lettering in rainbow or other colors. We will then go from there.																																																																																																																																					
3	11/05/2018	CI Decision	Logo: 5 abstentions (no answer, + confusion to high for deciding anything, + too pronounced in the color) 1 vote for "Deep purple 800 to Cyan 600" Winner: 5 votes for "Light blue 700 to Cyan 300" Font: 5 abstentions (no answer, + confusion to high for deciding anything) 1 vote for b) Plain color (darker color if gradient) Winner: 5 votes for a) Same gradient color	Final logo: 																																																																																																																																				
4	15/05/2018	PDW 2018 Budget Approval	Budget 2018 approved and agreed on registration fees as follows: - Track 1: 230 USD - Track 2: 260 USD - Track 3: 295 USD IIBA Subsidy - Faculty fees: 6000 USD IIBA Subsidy - Travel expenses: 4500 USD Budget based on 30 participants (no early bird discount) Forecasted balance: 80 USD	Ana Lúcia and Cristina comments: still too expensive for Brazilians, but OK. Final Closing Balance: 3429,91 USD																																																																																																																																				
5	30/07/2018	Conference Fees	Diana calculated the fees based on Scotts, Italians and Brazilians prices and came up with the prices below. The fees include the credit card fee. The bigger jump after the Early Bird price is to encourage more people to register asap. We need more than 250 people to attend to reach break even. We have a membership of approximately 1200 members. 21 % of our membership would need to attend. No contingencies.	The BoT is willing to sign on for that risk and also to work to spread the word and get people registered.																																																																																																																																				
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6	31/07/2018	Conference Costs Waived	The BoT decides to waive the costs as follows for:	<table border="1"> <thead> <tr> <th>Nº</th> <th>Name</th> <th>Role</th> <th>Category</th> <th>Request</th> <th>Date Member</th> <th>E1 - Europe</th> <th>E2 - Africa</th> <th>Accessories</th> <th>Notes</th> <th>Date Member</th> </tr> </thead> <tbody> <tr><td>1</td><td>Shana Gould</td><td>Oral</td><td>1 Fee</td><td></td><td></td><td>12 Angel Cryan</td><td>Nonmember</td><td>Editor</td><td>1 Fee</td><td></td></tr> <tr><td>2</td><td>Paula Lúcia Faria Lara</td><td>Oral</td><td>1 Fee</td><td></td><td></td><td>13 Lina Maria De M. Cardozo</td><td>Student Member</td><td></td><td>1 Fee</td><td></td></tr> <tr><td>3</td><td>Anja van der Schriek-Junker</td><td>Oral</td><td>1 Fee</td><td></td><td></td><td>14 Alessandro Latorre</td><td>Student Member & SJ</td><td></td><td>1 Fee</td><td>1 Gala Dinner</td></tr> <tr><td>4</td><td>Cristina Pascho</td><td>Oral</td><td>1 Fee</td><td></td><td></td><td>15 Paulo Bassani</td><td>Layoff & PhD applicant</td><td></td><td>1 Fee</td><td>4 Nights</td></tr> <tr><td>5</td><td>Janette Paveski</td><td>Oral</td><td>1 Fee</td><td></td><td></td><td>16 Pava Estrella</td><td>Student & Trainee</td><td></td><td>1 Fee</td><td></td></tr> <tr><td>6</td><td>Annette von Luytelaar</td><td>Oral</td><td>1 Fee</td><td></td><td></td><td>17 Guy Struelens</td><td>Allegiance Member</td><td></td><td>1 Fee</td><td></td></tr> <tr><td>7</td><td>Stefanie Bensch</td><td>Oral</td><td>1 Fee</td><td></td><td></td><td>18 Rebecca Lisa Berger</td><td>Faculty Training Days</td><td></td><td>1 Fee</td><td></td></tr> <tr><td>8</td><td>Michael Brannan</td><td>Oral</td><td>1 Fee</td><td></td><td></td><td>19 Steffen Honek</td><td>Faculty Training Days</td><td></td><td>1 Fee</td><td></td></tr> <tr><td>9</td><td>Paula Bergmann</td><td>Oral</td><td>1 Fee</td><td></td><td></td><td>20 Carol Hochstetler</td><td>PhD candidate & Student Member</td><td></td><td>1 Night</td><td></td></tr> <tr><td>10</td><td>Paula Pascho</td><td>Oral</td><td>1 Fee</td><td></td><td></td><td>21 Jara F. Sauer</td><td>International Member & Layoff</td><td></td><td>1 Night</td><td></td></tr> <tr><td>11</td><td>Scott Beem</td><td>Oral</td><td>1 Fee</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table>	Nº	Name	Role	Category	Request	Date Member	E1 - Europe	E2 - Africa	Accessories	Notes	Date Member	1	Shana Gould	Oral	1 Fee			12 Angel Cryan	Nonmember	Editor	1 Fee		2	Paula Lúcia Faria Lara	Oral	1 Fee			13 Lina Maria De M. Cardozo	Student Member		1 Fee		3	Anja van der Schriek-Junker	Oral	1 Fee			14 Alessandro Latorre	Student Member & SJ		1 Fee	1 Gala Dinner	4	Cristina Pascho	Oral	1 Fee			15 Paulo Bassani	Layoff & PhD applicant		1 Fee	4 Nights	5	Janette Paveski	Oral	1 Fee			16 Pava Estrella	Student & Trainee		1 Fee		6	Annette von Luytelaar	Oral	1 Fee			17 Guy Struelens	Allegiance Member		1 Fee		7	Stefanie Bensch	Oral	1 Fee			18 Rebecca Lisa Berger	Faculty Training Days		1 Fee		8	Michael Brannan	Oral	1 Fee			19 Steffen Honek	Faculty Training Days		1 Fee		9	Paula Bergmann	Oral	1 Fee			20 Carol Hochstetler	PhD candidate & Student Member		1 Night		10	Paula Pascho	Oral	1 Fee			21 Jara F. Sauer	International Member & Layoff		1 Night		11	Scott Beem	Oral	1 Fee							
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7	13/08/2018	Exception for Registration (Non-Member)	Anja van der Schriek-Junker's husband can register for the price of a member.	Exception finally granted to Brigita Kaleckaitė from Lithuania. She registered as IIBA Trainee.																																																																																																																																				
8	29/08/2018	Virtual Mailbox - notarial certification	The IIBA is forced to activate the virtual mailbox of the Tax and Court Department in Spain. It is decided that Diana Guest will go to the Embassy of Spain in Los Angeles in order to provide Nina Schubert with the needed "Power of Attorney".	Diana Guest has an appointment in the Spanish Embassy on April, 11, 2019 (09:30).																																																																																																																																				
9	05/09/2018	Alexander Lowen Memorial	It is important to recognize the 10th anniversary of Lowen's death. The BoT decides on uploading the videos from the Lowen Memorial to Youtube. The expenditure for the license cost for converting the DVD to MP4.	Most of the videos are uploaded to our youtube channel. Cost of the license: 57,90 EUR																																																																																																																																				
10	28/09/2018	New society in Germany	Mechild Kraan has outlined the desire to formally affiliate with the IIBA in the formation of KIBEA: Köln Institut für Bioenergetische Analyse. Konrad Oelmann is the head of the institute. The BoT recognizes KIBEA as a new affiliated local society.	Dues Payment 2019 was done in the name of KIBEA.																																																																																																																																				
11	04/10/2018	Dues 2019 - IAAB	Only Local Faculty Member will pay their dues 2019. All other members will remain the status of "active members" for 2019.	Dues Payment 2019 from 4 of 5 Local Faculty Members received.																																																																																																																																				
12	04/10/2018	Dues 2019 - SABERJ	Paying dues 2019 in 2 instalments + reduction of the IIBA Project Fund 2019: October: 1st payment January: 2nd payment	Paid on 07/11/2018: 1st payment & 01/02/2019: 2nd payment. Status 14/02/2019: Project Fund Summary 2018 not received. Project Fund Application 2019 not received.																																																																																																																																				
13	04/10/2018 12/12/2018	Dues 2019 - SOBAB (Brazil)	Paying dues 2019 in 2 instalments + reduction of the IIBA Project Fund 2019: October: 1st payment (25 %) March 2019: 2nd payment (75 %) 12/12/2018: Dues payment 2019 will be received in the BoT Meeting March 2019.																																																																																																																																					
14	18/01/2019	Journal 2019 - Translation DE	The BoT approves a total of 1000 EUR for the Journal Translation (German).																																																																																																																																					

12.2 Approved Budget 2019

BUDGET 2019 Date: 06/02/19

	Budget - EUR	EUR	USD	EUR (USD Ex. Rate)	1 USD = 0,8176 EUR (04/02/19)
A. Money coming in					
Membership Dues	110.017,36 EUR	75.500 EUR	41.300 USD	34.517 EUR	
Dues 2020	108.512,00 EUR	75.000 EUR	40.000 USD	33.512 EUR	
Dues 2019	1.505,36 EUR	500 EUR	1.300 USD	1.005 EUR	
Conference 2019	87.514,13 EUR	87.514 EUR	0 USD	0 EUR	
Registrations	25.726,73 EUR	25.727 EUR	0 USD	0 EUR	0,0000 EUR
Gala Dinner	3.553,00 EUR	3.553 EUR	0 USD	0 EUR	
Board	21.233,00 EUR	21.233 EUR	0 USD	0 EUR	
Accommodation	17.001,40 EUR	17.001 EUR	0 USD	0 EUR	
Webshop	509,45 EUR	509 EUR	250 USD	209 EUR	
Total money coming in (A)	178.040,94 EUR	143.314 EUR	41.450 USD	34.727 EUR	
B. Money paid					
IBA Events	123.071,70 EUR	113.018 EUR	12.000 USD	10.054 EUR	
Conference 2019	86.173,10 EUR	86.173 EUR	0 USD	0 EUR	
IBA Awards 2019	2.520,00 EUR	2.520 EUR	0 USD	0 EUR	
BoT Meeting March 2019	10.884,80 EUR	14.000 EUR	7.000 USD	5.865 EUR	
BoT Meeting May 2019	11.189,00 EUR	7.000 EUR	5.000 USD	4.189 EUR	
Faculty Meeting May 2019	900,00 EUR	900 EUR	0 USD	0 EUR	
BoT & Faculty Meeting May 2019	2.425,00 EUR	2.425 EUR	0 USD	0 EUR	
IBA Projects	18.579,41 EUR	11.250 EUR	8.450 USD	0 EUR	
Project Fund 2019	18.278,80 EUR	11.250 EUR	8.000 USD	5.027 EUR	Project Fund 2020 will be cancelled.
Project Fund 2018	2.052,61 EUR	0 EUR	2.450 USD	2.053 EUR	
Research Fund	250,00 EUR	0 EUR	0 USD	0 EUR	
Project I	0,00 EUR	0 EUR	0 USD	0 EUR	
IBA Member Communications	17.100,00 EUR	17.100 EUR	0 USD	0 EUR	
Newsletter	0,00 EUR	0 EUR	0 USD	0 EUR	
Journal 2019 (English)	10.000,00 EUR	10.000 EUR	0 USD	0 EUR	
Journal 2019 (German)	6.300,00 EUR	6.300 EUR	0 USD	0 EUR	
Shipping Costs	800,00 EUR	800 EUR	0 USD	0 EUR	
IBA Administration	45.433,59 EUR	44.624 EUR	250 USD	209 EUR	
Administrator Fee	29.435,62 EUR	29.436 EUR	0 USD	0 EUR	
Personal Income Tax (PIT)	4.415,34 EUR	4.415 EUR	0 USD	0 EUR	
Public Entities	509,45 EUR	190 EUR	250 USD	209 EUR	
Other Public Authority Costs	90,00 EUR	90 EUR	0 USD	0 EUR	
Certified Accountant	2.333,07 EUR	2.333 EUR	0 USD	0 EUR	
Fiscal Support	0,00 EUR	2 EUR	0 USD	0 EUR	
Telephone, fax & internet	725,52 EUR	726 EUR	0 USD	0 EUR	
Internet	482,76 EUR	483 EUR	0 USD	0 EUR	
Telephone	242,76 EUR	243 EUR	0 USD	0 EUR	
Fax	0,00 EUR	0 EUR	0 USD	0 EUR	
Hardware	600,00 EUR	600 EUR	0 USD	0 EUR	
Software	400,00 EUR	400 EUR	0 USD	0 EUR	
Office material	500,00 EUR	500 EUR	0 USD	0 EUR	
Storage rent	1.174,59 EUR	1.175 EUR	0 USD	0 EUR	
Internet presence	4.950,00 EUR	4.950 EUR	0 USD	0 EUR	
Webmaster	1.080,00 EUR	1.080 EUR	0 USD	0 EUR	
Hosting	120,00 EUR	120 EUR	0 USD	0 EUR	
Website domain	50,00 EUR	50 EUR	0 USD	0 EUR	
Website improvements	1.200,00 EUR	1.200 EUR	0 USD	0 EUR	
Website translation	2.500,00 EUR	2.500 EUR	0 USD	0 EUR	
Other travel costs	500,00 EUR	500 EUR	0 USD	0 EUR	
Memberships	0,00 EUR	675 EUR	0 USD	0 EUR	
USABP	0,00 EUR	675 EUR	0 USD	0 EUR	Increased
Charges for financial services	2.908,04 EUR	1.400 EUR	1.800 USD	1.508 EUR	
Bank commissions	1.254,02 EUR	500 EUR	900 USD	754 EUR	
Credit Card commissions	0,00 EUR	0 EUR	0 USD	0 EUR	
PayPal commissions	1.654,02 EUR	900 EUR	900 USD	754 EUR	
Total money paid (B)	207.092,74 EUR	188.069 EUR	22.500 USD	18.857 EUR	
BUDGET 2019	-29.051,80 EUR	-44.755 EUR	18.950 USD	15.879 EUR	

