

**Minutes of the BOT meeting
March 7 – 9, 2016
Hotel Principe Lisboa. Lisboa
Present:**

Garry Cockburn, Michael Brennan, James Elniski, Ana Lúcia Faria, Rosaria Filoni, Diana Guest, Patrizia Moselli, Cristina Piauhy, Eulina Ribeiro, Claudia Ucros, Josette Van Luytelaar.

Also present: Pilar Llobregat, (Administrator)

Beginning Monday, March 7th, 9:30 a.m.

1. Opening of meeting and check in

The president welcomes the members, the schedule is decided (see below), a facilitator and a time-keeper are chosen and the members proceed to check in.

Schedule.

9.30-12.45 Coffee Break 11.00

15.15- 18.30 Coffee Break 17.00

7.30 meet for dinner

2. Committee reports

2.1 Journal (annex 1)

The report receives a positive evaluation and thanks are given to Rosaria Filoni for taking care of the translation into Italian.

It is considered that the Journal must have a more powerful presence on the website, getting a tab just for it, which will give access to everything: titles, content information and possibility to buy.

2.2 Reader (annex 2)

This report must be uploaded to the website under the tab “Documents”, for it sets the rules for the publication of the Reader in different languages.

Portuguese Reader. There is a problem concerning price. It has to be cheaper in Brazil than the other Readers, so – considering that it will be sold by FLAAB in Brazil- there is no need to put it on sale on the website. The two members of the Portuguese society that will come to meet us tomorrow will be given free copies and be asked to advertise it among their colleagues at the price of €30 (€15 per volume).

Spanish Reader. It is going to be published in Argentina, because prices there are more convenient than in Spain, but there is an agreement that it be translated into international Spanish. It has to be revised by Spanish therapists.

French Reader. A problem arose because one article was missing, due to a printing mistake. Few days after the publication solutions were found with the publisher:

- For those who buy a current paper version: the missing article is provided by the publisher as a paper “offprint”;
- For those who buy an electronic version: this version was corrected before it went on sale
- The entire book has been corrected for the reprint.

.2.3 Website report (annex 3)

The opinion that the present website needs a revamping to make it simpler and more user friendly is shared by some of the members. The BA texts should be translated into all languages.

A proposal is made that a group/Committee be organized to inspect the website, tell Claude what we need, how we want it and work in collaboration with him.

Concerning FaceBio the general opinion is that a tutorial is needed to learn how to use it, the PDF sent did not make it easy, and that it be adapted to mobile devices, since they are more used nowadays than computers.

2.4 Teaching Committee and PDW. (annex 4)

The report is read.

A discussion about the new training group in Germany, led by Konrad Oelmann, ensues. The general opinion is that his work be fostered and given support by the TC, and the Northern and Southern German societies. Maybe suggesting that he creates a new society as the training program develops.

Diana explained about the criteria and process of appointments to the Teaching Committee, the status of current members and when they are due to be replaced. New appointments are coordinated by the Chair of the Teaching Committee with the President of the IIBA. (Refer document: “Roles & Responsibilities of IIBA Teaching Committee”, Sept 2015).

2.5 Research Committee (annex 5)

- Nanziba has to ask for a volunteer for the Research Committee, so that all regions are represented.

Claudia, who has been the coordinator of this Committee, announces her decision to resign from this position and from the BOT too, because of an excess of work.

Proposal presented:

“The research Committee is able to Budget €1.200 per year (400 per region, which may be used flexibly in all regions if there is no event in one) for attending regional research study days of Bodytherapy institutions.”

The proposal is approved unanimously This allowance will be included in the budget.

- IIBA awards.

Proposal:

“Only three awards will be given in the Toronto Conference, consisting of a waiver of the conference fee and a grant of €500 to be used to cover for conference expenses, one award per theme: clinical, research and social The number of awards will eventually be extended to one per region for each category, depending on the experience of the award process and this will be announced in Toronto”

The proposal is approved unanimously

- Italian Research project (annex 6) Patrizia presents a program they have had in Italy to supervise therapists that can be applied in other countries

Proposal:

“The BOT, representing IIBA, accepts to collaborate with this project and extend it to other regions”

This proposal is approved unanimously.

2.6 Communication Committee

Michael Brennan, as editor of the Newsletter gives information about the state of affairs.

There is an agreement to create new sections and encourage societies to use the NL to relate to the rest of the IIBA world. A tag will be added to articles “for more information go to the website”, so that people get used to using the web.

Michael will take a more active role, reaching people directly and prompting them to produce an article about something they may be involved in.

2.7 Promoting initiatives/Social applications (annex 7)

Cristina presents a project developed by FLAAB “Constructing Social Bioenergetic Analysis in Latin America”.

The project is highly evaluated and a suggestion made that this experience be somehow incorporated to the Italian research project. It will also be forwarded to the research committee for it to be uploaded to the website.

2.8 Review of Recife Conference (annex 8)

Lúcia presents the Executive Committee report and a financial report.

Eulina, as chair of the Scientific Committee presents the results of the attendees' evaluation and suggests that, to increase participation in this survey, the evaluation sheets be handed out at the beginning of the conference.

A vote of thanks goes to all the people involved in Brazil. A written proof of appreciation of the work done will be sent to FLAAB on behalf of the BOT.

Recommendation to the next BOT:

“After the 2017 conference, once the cycle is closed, every region will receive a percentage of the conference profit for purposes of promoting Bioenergetics in their region, with the idea that for each new cycle the agreements of collaboration be dealt in an even way across the three regions. “

This recommendation is approved unanimously.

2.9 Annual Project Fund (annex 9)

It is necessary that societies who apply send in their end of year report, which not all have done. To enforce this, rule a measure will be taken that no society will get the new year fund until the report for last year has been sent in. This warning will be included in the application form.

To encourage societies to apply, an announcement of this fund will be included in the Call for Dues.

It is also considered important that applicants get a return on what they have done.

Garry undertakes to follow up with this.

A section will be opened on the website member's area informing of what people are doing with that money, and the same will happen in the Newsletter.

Garry proposes to reconsider the decision taken in Recife about not giving Faculty their percentage, but respecting the one taken in 2011. Consider Faculty, a region and give them their 15%.

A discussion ensues about how Faculty decide about the use of this fund. If societies

are not controlled in their ways to choose a project, why should Faculty be? Maybe the BOT can advise how they reach a decision to develop a project.

We need as a BOT to have a strategy to deal with that. Maybe set a direction for all projects?

2.10 Faculty Committee Report (annex 10)

The report is read.

Patrizia states that the decision not to have a meeting this October should have been taken not by the Committee, but by all members of the Faculty.

3. Finances

3.1 Financial report

Closing balance for 2015 unanimously accepted. (annex 11)

Revised budget for 2016 (annex 12). Approved with the following amendments/additions:

- Cost of the Italian Journal rises to €3.100
- An increase of 5% in the administrator's salary, to be applied since January 1st. is agreed on so the total annual goes up to €25.704.
- An amount of €1.200 is budgeted to cover expenses of research study trips.
- An amount of €1.000 is budgeted to cover the costs of website improvement.

Budget 2017 (annex13) Approved with the following additions:

- An amount of €1.200 is budgeted to cover expenses of research study trips.
- An amount of €1.000 is budgeted to cover the costs of website improvement
- An amount of € 1.500 is budgeted to cover IIBA awards to be given at the Toronto Conference.

3.2 IIBA annual fees (see annex 9)

All societies paid their dues except the Moscow society. Some FLAAB societies have still to pay 50% of their dues during this month.

Brazil asks for a reduction of fees because of the devaluation of the Brazilian real. A discussion ensues about the convenience of doing it and several opinions are voiced:

- that this be only for a year and be revised
- that everyone's fees be reduced for a year

In the end an agreement is reached: to leave the. current year as it is; for 2017 give the possibility -this once- of applying the 15% in a project to reduce the dues of the society.

This should be announced by means of a letter to all the treasurers

When the Call for Dues is sent societies should be asked to send their members in listed categories of the by-laws.

3.3 Investment Fund

Proposal approved unanimously:

“The investment of €150.000 pending of approval when more information is provided”

3.4 Strategic investments

Not dealt with due to lack of time

4. Review of Strategic Plan

Not dealt with due to lack of time

5. Regional structures and Local Societies

Nanziba. Jim explains how they used their project money.

Latin America. They changed their website. They publish a Journal on-line twice a year.

They have a Work Group in the Brazilian Psychology Union. In the Psychology Congress to be held in June body work has a room of their own.

Europe. There are different associations and different ways in how the federation and the membership relate to them. It is difficult then to equate Nanziba and Europe in terms of paying the fee to belong to the national societies. In Europe, the regional federation for BA (EFBA-P) and non EFBA-P local societies (like Italian societies) are associated to EABP (which correspond to the USABP and linked to IABP) and pay fees. Each Local society is also Member of a National society for psychotherapy.

SIAB communicates that they have become a member of the European Association.

6. By-laws and Ethics Committee

Though there is agreement that by-laws have to be changed to be in accordance with the present situation, they are not addressed now.

Proposal approved unanimously:

“Garry will chair an ethics committee to deal with the code and procedure”

Claudia, Patrizia and Rosaria will support him in the particular case being dealt with at the moment.

7. Toronto Conference

It will be held from May 25th to May 28th, 2017. Pre-Conference on May 24th

There will be two training days May 23-24 and there will be two training tracks. One for pre-clinical phase and one for clinical phase.

From May 21st to May 23rd Faculty and BOT meetings will be held.

Members of Scientific Committee: Scott Baum, chair; Léia Cardenuto; Alex Munroe; Fina Pla; Liane Zink.

Members of Organizing Committee: Jim Elniski; Louise Fréchette; Jennifer MacLachlan; Carmen Marti; Alex Munroe; Mitzi O'Keefe; Réjean Simard; support Scott Baum.

The motion presented to hold the Conference in Chelsea Hotel is approved by unanimity.

8. Elections and BOT continuity

At the end of 2016, seven (7) of the ten (10) BOT regional positions will become vacant.

The Faculty Rep may need to be elected by the Faculty.

Claudia and Rosaria (Europe) are eligible to be re-elected to the BOT, but Claudia decides not to run for a second mandate.

Lúcia (Latin America) will be eligible to be re-elected to the BOT.

Jim (NANZIBA) will be eligible to be re-elected to the BOT.

Patrizia (Europe), Eulina (Latin America) and Garry (NANZIBA) will finish their 2nd term as members of the BOT and will not be eligible for re-election.

Josette, Cristina and Michael were elected in 2014, and their 3-year term will not expire until the end of 2017, and then they will be eligible to be re-elected to the BOT.

Recommendation:

That Francisco Garcia Esteban be approached to be the chair of an election committee which will conduct the next BOT elections to elect:

Europe: 3 positions. 2 Faculty/1 CBT

Latin America: 2 positions 1 Faculty/1 CBT

NANZIBA: 2 positions 1 Faculty/1 CBT

Faculty representative 1 position

An election committee for each region has to be appointed. Patrizia offers volunteer for the European committee.

9. General business. New Bioenergetic book

Rosaria proposes to create a new book that will be a thematic collection (attachment, sexuality...) of existing articles from the Journal. It should have about 200 pages, agile to produce and to sell. New collaborations would be admitted, and Faculty invited. A committee is needed. She offers herself to coordinate the work of the new IIBA collective book.

This proposal is approved unanimously

Other suggestions:

E-books would be interesting to be produced.

Articles should also be available on the site and some for free

Webinars and the like should be taken care of.

10. Next BOT meeting

There is a discussion whether to have another meeting of this board or not.

Proposal:

To have another meeting in the fall, 2-6 November in Chicago.

Proposal approved by 3 ones, 4 twos and 3 abstentions

End of meeting Lisbon, Wednesday March 09, 2016, at 18:30.

Scribe: Pilar Llobregat.